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**BHARATA MATA
COLLEGE
THRIKKAKARA**

Affiliated to MG University, Re-accredited by NAAC with 'A+' Grade, ISO 9001-2015 Certified

ANNUAL REPORT 2022-2023

BHARATA MATA SCHOOL OF SOCIAL WORK

Department at a Glance

Bharata Mata College is a nationally accredited 'A+' grade arts and science co-educational institution of higher learning in the aided sector under Bharata Mata Educational Trust owned and managed by Archdiocese of Ernakulam-Angamaly.

The BMSSW was established in the year 2004 with vibrant faculty and two batch of committed and oriented pursuers. From the nascent stage onward, the school spread its roots into explicit discipline, development of personality in professional, social and individual life. The school imparts academic charisma through well-organized curriculum, striving for higher global educational practices through well qualified and experienced faculty. The department holds 26th position in all India best Social Work Colleges according to India Today ranking. The MSW program is an amalgamation of theory, practice and research with a commitment towards society by catering to the needy, especially to the neighbourhood communities.

The horizon of activities ranges from micro level interventions to macro level policy changes. The department aim to promote an inclusive environment with equal opportunities to mould our students into responsible citizens. The faculties are the strong pillars of the program, who are experts in the field with rich research experience. Social work today is an expanding and challenging profession and we social workers strive to enhance the social functioning of individuals, families, groups, organizations and communities; to support the development of human capacities; to empower at-risk groups; and to promote social and economic justice.

We reach out to communities and work with them to meet their goals. The Bharata Mata College has stretched its wings by establishing a registered Non-Governmental Organization namely "Be-FORE" (Bharata Mata Extension for Organic, Research and Environment). The new extension centre was registered on August 9th 2017 under the Travancore Cochin Literary, Scientific and Charitable Societies Act, 12th of 1955. Through BeFORE, we take the opportunity for upgrading our social commitment towards the society and also enrich our interest in networking and involving with the various stakeholders for the upliftment of the society.



Department vision

To become a centre of learning and excellence through value based and experiential learning opportunities, that helps in the holistic development of individuals.

Department mission

To create and facilitate inclusive environment and culturally diverse practices that promotes equity, equality and social justice that mould individuals into responsible citizens.

Courses offered

Programme	Name / specialisation
PG	Master of Social Work Specialisations: Community Development Family and Child Welfare Medical and Psychiatric Social Work
Certificate/ Add on	Participatory Rural Appraisal (PRA) Street Theatre Statistical Package for Social Science (SPSS) Development Communication Art Therapy ToT HR workshop Life Skill Training

Department Highlights

Research Guides - 1
Ph.D Awarded - 1
Thesis Submitted - 1
Funded Research - 6
Paper Publications - 1
Books Authored - 1
Paper Presentations- 21
Publications - 2
MoUs – 10

Faculty Profile

Dr. Sheena Rajan Philip

HOD , Assistant Professor

Qualification: MSW,M.Phil,PhD

Joining Year: 2014

Mr. Tony M. Tom

Assistant Prof. & Project Coordinator

Qualification: MSW

Joining Year: 2017

Dr. Elsa Mary Jacob

Assistant Professor

Qualification: MSW,M.Phil,PhD

Joining Year: 2019

Mr. Sooraj M.V

Assistant Professor

Qualification: MSW,M.Phil

Joining Year: 2022



Faculty Profile

Dr. Reshma KS

Assistant Professor

Qualification: MSW Mphil PhD

Joining Year: 2022



Student Profile Batch Wise

Batch	Male	Female
Batch 2021-2023	6	25
Batch 2022-2024	10	20

Result Analysis of Students of Batch 2020-2022

Program	Batch	Semester	No of Students registered	No of Students Passed	Percentage
MSW	2020-2022	I	31	29	93%
MSW	2020-2022	II	31	23	74%
MSW	2020-2022	III	31	29	93%
MSW	2020-2022	IV	31	28	90%

Department Contribution to Examinations

Name of the Faculty	Role Taken
Dr. Sheena Rajan Philip	Chief Examiner Additional Examiner Question Paper Setter BOS Member External Examiner and Evaluator (PhD, Bharathiyar University) International PhD Guide (Lincoln University, Malaysia) Editorial Board Member of International Journal of Development & Social Concern, Kenya
Dr. Elsa Mary Jacob	Chief examiner, and External Examiner of viva-voce, Kerala PSC question paper setter, Calicut University question paper setter, Editorial Board Member of International Journal of Development & Social Concern, Kenya Paper Valution MSW MG University
Mr Sooraj M V	External examiner for St Alberts college MSW Question bank verifier for B voc psychiatric Social Work and MSW St alberts Paper valuation BVoc and MSW St Alberts MG University MSW paper Valuation
Dr Reshama K S	Paper Valution MSW MG university

Institutional responsibilities held by the faculty

Name of the Faculty	Responsibilities Held
Dr. Sheena Rajan Philip	Head of the Department, Social Work Course Mentor, Regular Classes and Mentoring of students Field Work Supervision Initiate, coordinate, facilitate Rural sensitization camps Dissertation Guidance, Department projects IGNOU Study Centre CoOrdinator, SIA Chairman
Dr. Elsa Mary Jacob	Course Mentor Regular Classes and Mentoring of students Field Work Supervision Rural sensitization camp, Dissertation Guidance Research Coordinator of the department Coordinator of department programs IQAC Coordinator (of the department for College) NAAC Coordinator (of the department for College) Faculty in-charge of Alumni Engagement Department documentation
Mr. Tony M. Tom	Coordinator BeFORE Coordinator Radio BMC, Course Mentor Regular Classes and Mentoring of students Field Work Supervision, Disseration Guidance NAAC Criteria, Department Academic session
Mr Sooraj M V	Class in Charge batch 2022-2024 Placement officier Fieldwork Officier, Bharathion Coordinator
Dr Reshma K S	Staff Secratery Program in Charge, Documentation in Charge Assistent Coordiator Placement Cell Assistant coordinator Bharathion

MoU's Signed and Activities

Sl no	Institution Name	Date of Signing	Activities
1	Blue Point Org Thiruvanthapuram	09/05/2022	As part of the MoU signed between Blue point org and BMSSW a 3 day Life skill Tot workshop has been conducted for the MSW trainees batch 2020-2022.
2	National Institute of Advanced Legal Studies	08/06/2022	Faculties of the department conducted an Life skill education to the Students of NUALS on 11th 12th and 13th of July.
3	Welfare Service Ernakulam (Sahrudaya)	29/06/2022	Cup of life campaign was organised in the College menstrual cups were distributed among Female students
4	Salesian College, Sonada ans Siliguru West Bengal	13/07/2022	Faculties of BMSSW Dr Sheena Rajan Philip and Dr Elsa Mary Jacob has visited the instituin as resource persons for their national confrence and Academic workshops
5	Dattopant Thengadi National Board of Workers Education and Development , New Delhi on behalf of Cochin Regional Directorate	26/08/2022	A 10 days workshop was on HR was organised in the Deaprtments MSW trainees as well as professional firms were attended the workshop
6	RM Agronature Pvt Ltd Aluva	19/08/2022	Observartion visit for batch 2022-2024, Rural camp for the same batch was also held at Marayoor in collabration with Agronature
7	St Joseph B.Ed College,Ernakulam	13/09/2022	Faculties of BMSSW Mr Tony M Tom and Dr Sheena Rajan Philip conducted a Faculty Development Programme for faculties of the College
8	Phss- Medical And Complex Care In Community, Phss & Phss Foundation	30/03/2023	
9	Centre for Gerontological Studies	25/01/2023	An orientation class was given for both batches.
10	Thrikkakara Municipality		A collective effort from the part of BMC college, students engaged in implementation of the QR code of waste management in Thrikkakara Municipality



Agronature CEO Ranjith Rajendran and Bharat Mata College Manager Father Abraham Oliapuram hand over a memorandum of understanding to be part of the academic extension outreach activities organized by Agronature subsidiary Social Factor. Agronature Research Director Dr. May Jacob, Dr. Elsa Marie Jacob (Asst. Prof Social Work Department), Social Factor Coordinator Arvind Krishnan were present.

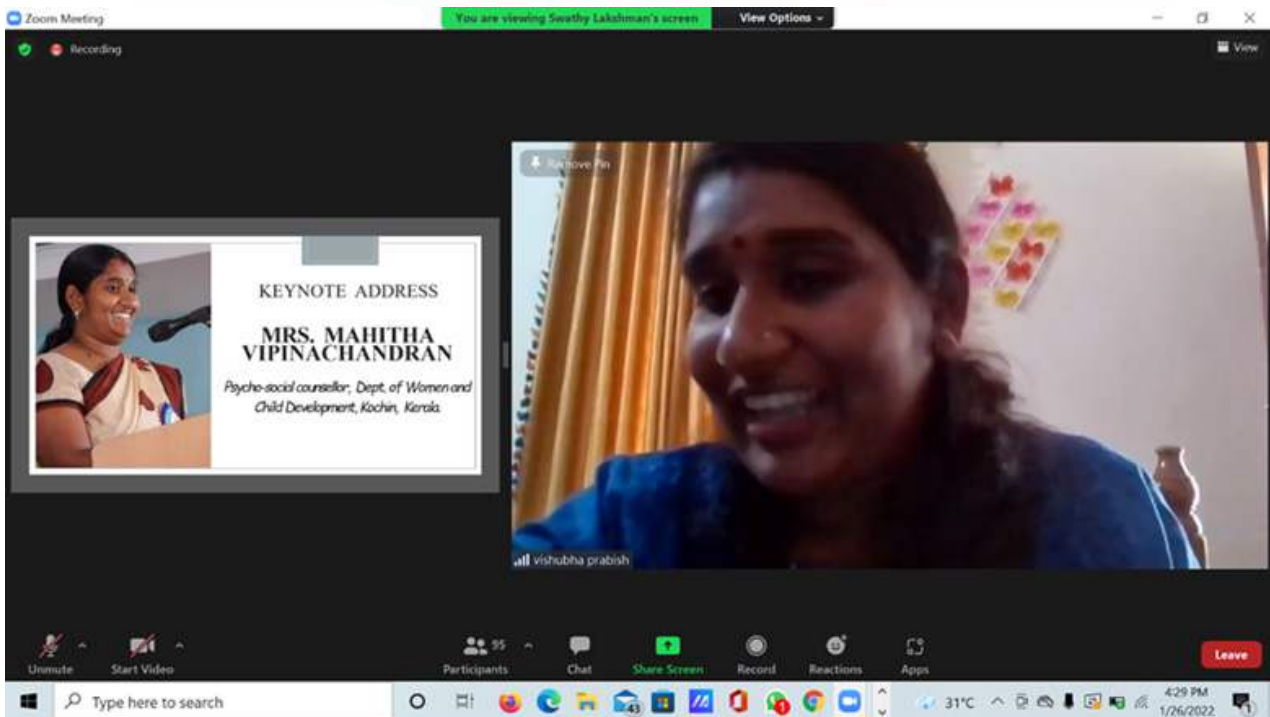


Department Association

On January 26, 2022, at 4 p.m. on the Zoom platform, Bharata Mata School of Social Work hosted the “Retrace back to the steppings” Alumni Meet. The session’s moderator was Ms. Neelima S. The programme coordinators were Mr. Rishi Das and Ms. Renim Salam.

As everyone was greeted by Neelima S, a film showcasing the accomplishments of the department was shown to kick off the programme. Dr. Elsa Mary Jacob gave a welcoming address after a moment of silence. Dr. Sheena Rajan Philip gave the inaugural address. She paraphrased Pandit Nehru as saying, “Student life is golden life.”

The college’s development depended on its students. She expressed her joy at learning that many of the department’s students from this institution were hired for excellent jobs and that roughly 80% of them were also employed as social workers. Ms. Mahitha Vipinachandran delivered the keynote speech. She is a psychosocial counsellor at GVHSS Kalamassery at the moment. The INIZO Alumni Association’s logo was then unveiled by Mr. Vimal M. Kumar and Dr. Sheena Rajan Philip.



Mr. Vimal Kumar provided help after the introduction of the Logo. He graduated from the college. He ended by adding that the day was made joyous by the participation of many people. Ms. Sapna K. S then stood up to speak about her experiences. She graduated in the class of 2011–2013. She said that she feels at home at college. It was like a family to her. She continued by saying that the MSW course has enhanced her outlook and demeanour. Then Ms. Asha Babu from the 2005–2007 class stood forward to speak about her recollections. She said that the training she received from the organisation made it easy for her to handle any kind of demanding work.

After then, Mr. Tony M. Tom stepped up to introduce BEFORE. He began working there in 2017 as an

assistant professor. BeFORE (Bharata Mata Extension For Organic Research and Environmental) was the brainchild of Rev. Fr. Jacob G. Palackappilly, the previous manager. The organization's goal is to carry out development projects in the fields of education, the environment, health, sanitation, and water, as well as to plan initiatives and provide training sessions for the welfare of underrepresented groups. BeFORE engages in a variety of internal and external government initiatives. Ms. Renim Salam offered the vote of gratitude. The meeting ended at 5:00 p.m.



Alumni Engagement Programme 1

Date: 25/02/2022

Time: 3:00pm.

Venue: Google meet

On February 25, 2022, at 3:00pm, the MSW department hosted the inaugural meeting of the first/third semester of the Alumni Engagement Programme on behalf of Bharata Mata College, Thrikkakkara, using an online platform (Google Meet). Ms. Anna P. V., Taniya P. Joy, and Ms. Angel Rose opened the workshop with an introduction to the Alumni Engagement Programme. Ms. Katherine presented the main speaker after Ms. Anitha Mary welcomed everyone to the meeting. The session's main speaker was MR. Santhilal K, a social development specialist for the municipality of Mavellikara who presented his knowledge and expertise in the area of social work. Since the tsunami of 2004 also damaged his community, he became inspired by social workers' efforts, which sparked his interest in the field. He clarified that the social work profession is unstable, unlike other occupations. They usually work on a contract basis; there is no job security in this industry. The session was opened for a question and answer period after the keynote speaker's speech. Finally, Ms. Svethakrishna gave her vote of gratitude. By 3:40 pm, the meeting was over.



Alumni Engagement programme 2

Date:28/05/2022

Time:11:00 am

Venue:Google Meet

Welcome speech : Ann Mary Babichan

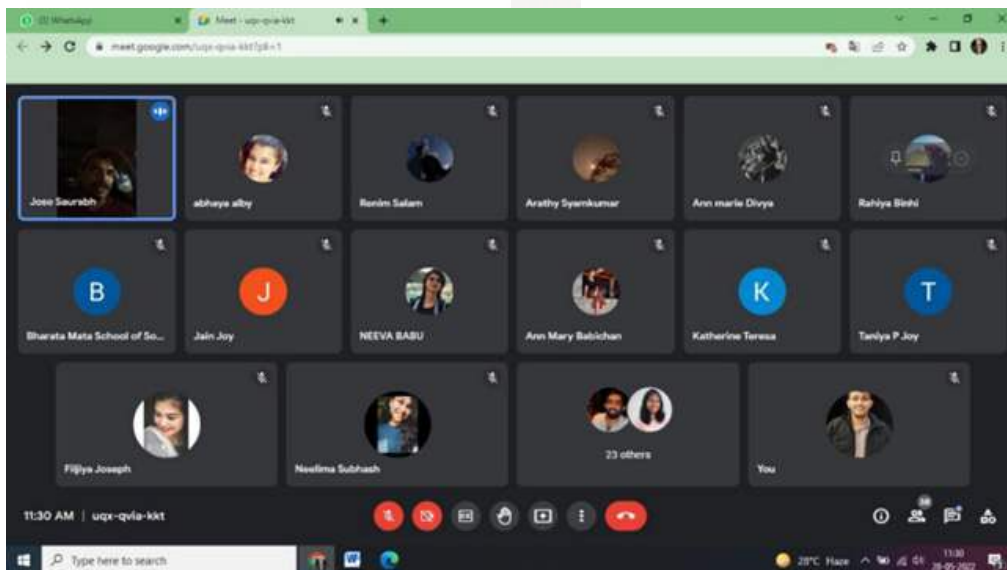
Introduction of resource person : A.S Gayathry

Session by resource person : Jose Saurab

Q & A session

Vote of thanks : Neelima S

The Life Experience programme was held on the Google Meet platform on May 28, 2022, at 11:00 a.m. by the Bharata Mata School of Social Work. The session's moderator was Ms. Gayathry AS. Programme organisers were Ms. Taniya P Joy and Ms. Anna P V. Everyone was greeted by A.S. Gayathry, and Ann Mary Babichan then gave a speech to kick off the session. Following the welcome remarks, the session was opened by inviting Mr. Jose Saurab, a housing outreach worker at the Bissell Centre in Edmonton, to share his life experiences. He gave the trainees a lot of instructive and practical advice. He spoke about his time on school and the current initiatives he is working on. He also spoke about his childhood experiences of his own country before thanking the audience for listening. Ms. Neelima S raised queries about the course during the open-forum portion of the event. The trainees learned about the field of social work via his lecture. Ms. Neelima S gave the vote of gratitude, and the meeting was over by 12 o'clock.



Orientation Programs, Introductory session for MSW Batch 2022-2024

The session was organised to provide an introduction to the new MSW batch 2022-2024 about professional Social Work.

OBJECTIVES

- To provide general understanding about MSW course and BMSSW.
- To provide an introduction about professional social work.
- To develop team spirit among the trainees.

DAY 1. (12/09/2022)

The meeting began by praying for God's blessing. Following the opening remarks by Rev. Fr. Dr. Abraham Oliyapurath, the institution manager spoke. Fr. Dr. Abraham conducted the first session. After the trainees' self-introduction session, he separated them into five groups, gave them a task, and then asked them to reflect on it. He also helped them understand how that activity may be used in society. Later, he introduced us to the four selves. Kenna Sunny spoke on behalf of the trainees and thanked Dr. Abraham for the excellent session he led. The session 2 was led by the BMSSW's head of department, Dr. Sheena Rajan Philip. She discussed assisting individuals in assisting themselves and provided a short overview of the Bharata Mata School of Social Work.

Session 3 was conducted by Sooraj M.V faculty of BMSSW. He had led the trainees in an ice-breaker activity.

The 4th session was led in the afternoon by Akhilesh Ramesh, a WASH Institute employee. The resource person discussed social work vs. charity and how to conduct it professionally. Anjana gave a vote of gratitude to the speaker at the conclusion of the meeting.

DAY 2. (13/09/2022)

At precisely 9.00 am, the second day of the programme began. Dr. Semichan Joseph welcomed Dr. Anish K. R., the resource person, to the class. In his presentation, he discussed social work for a living. He emphasised the value of social work and the many ways it may be used. He employed the strategy of sharing tales to make the lesson both instructive and captivating. Ameerali K. Y. and Fathima Afrin K. S., two representatives from the trainees, complimented Dr. Anish K. R. for the excellent session he led at the conclusion of the meeting. The meeting went on till 11:00 AM.

Dr. Elsa Mary Jacob led the second session. The subject of her presentation was

“Evidence-based practise in social work.”Ma’am encouraged us to become researchers by describing the value of research in social work.The meeting took place from 11.15 to 12.15. Professor Tony M. Tom, a member of the BMSSW faculty, led the third session.He spoke about social work that is grounded on the community.His message was that we must fully comprehend a person’s or a community’s issue before drawing any conclusions. Additionally, he conducted the whole class in a participatory manner. This meeting took place from 1:30 to 2:30.

Dr. Semichan Joseph led a brief but excellent fourth session. He delivered the message that “sometimes it’s good to fail but make sure you learn something from it” by engaging in an activity.He also offered a few of his own insights.

The fifth session, which took place from 3.15 to 4 PM, was the last one of the day.Greety, the librarian, took it and it was about BMC Library.She discussed the resources accessible at the college library.Online resources like N-list, Delnet, Jgate, the World Library, etc. were also suggested.She also provided instruction on how to utilise them.

DAY 3.(16/9/2022)

Mahitha Ma’am, a VHSE school counsellor, attended an orientation class on “Approaches to Field Work” on Friday, September 16, 2022. The meeting started at 10:10 am. The department head, Dr. Sheena Rajan Philip, presented the student resources. The presentation was both very engaging and educational. She began by emphasising the value of field-work and the need to define our position as social workers in society. She highlights the elements that a student should consider when participating in fieldwork and observation trips throughout the session.

We must recognise the client’s symptoms as social workers. We should avoid using prior knowledge and self-knowledge in this subject.She explained a few medical concepts to us as the session went on and stressed the value of social work. A counsellor’s main responsibility while entering the area of psychiatry is mind control. She stressed the need of examining and analysing each and every person that enters the room. She also provided us with a thorough review of each of the three settings: family and child welfare, medical and psychiatry, and community development. By noon, her two-hour interactive session had come to a conclusion, and Tom had given the vote of thanks.

CONCLUSION

Considering that each student came from a different experience, the session was very educational and eye-opening for everyone. Everyone learned how to become a professional social worker via this and learned about the many options available to them. The significance of fieldwork because it is crucial and serves as the foundation for applying the theoretical material learned in class. Everyone's viewpoint was altered throughout this session, which also assisted in altering the trainees' views. The second and last day of the orientation course included a total of five sessions, and they were all excellent in every aspect. We will undoubtedly benefit from this orientation in the days to come. Through these workshops, the majority of ambiguities surrounding the MSW course were clarified.

Ride with Pride- interaction with transgender

On 14th June 2022, an interactive session with the suraksha project for transgenders under BEFORE was conducted at Seminar hall.

Objective

To create opportunity to interact with the transgenders to know them

All was given a warm welcome by Ms. Neelima. The Suraksha project manager, Mrs. Sheena, introduced the team members, Ms. Vasuki and Ms. Uthara, and gave an overview of the project. Under NACO (National AIDS combat Organisation), which works to combat AIDS, is the Suraksha programme. The transgender community, which is regarded as one of the high-risk populations for HIV/AIDS, is where the BEFORE Suraksha initiative operates. Around 450 transgender persons were identified through the initiative in the Thrissur area, and peer educators from the local community were chosen to educate them, distribute contraceptives, and plan welfare services for them. The two project field staff members, Ms. Uthara and Ms. Vasuki, discussed their experiences working on the project, their difficulties as transwomen, their family issues, their difficulties in school and in their careers, as well as the costs associated with their transition surgery. A question and answer period followed. The instructors and trainees explained the trainees' problems and inquiries. Dr. Elsa Mary Jacob offered the vote of gratitude to conclude the meeting.

Outcome

The workshop provided a chance to talk with the transgender people. It helped to comprehend the issues they really confront, what they anticipate from society, their demands and difficulties, and the HIV/AIDS control strategy that has been put in place.



Placement Orientation

INTRODUCTION

On July 14, 2022, at 2 pm, in the MBA Seminar Hall, the Bharata Mata School of Social Work hosted the first session of the Placement Orientation series for the second-year social work trainees. Mr. Saravana Kumar S, the Training and Placement Officer of Bharata Mata College, Thrikkakara, led the session. The session's primary goal was to teach second-year MSW students how to create a résumé.

OBJECTIVES OF THE SESSION

- To guide the trainees on how to prepare an effective resume.
- To educate the trainees about the Dos and Don'ts while preparing a Resume.
- To train the students on how to make a resume professionally attractive and pleasing.

ACTIVITIES

The MBA Seminar Hall hosted the first session of the Placement Orientation series on July 14, 2022, at 2:00 pm. Dr. Semichan Joseph provided an opening statement before the session began. Ann Maria Joge, a second-year MSW student, gave the opening remarks. The

class was taken over by Mr. Saravana Kumar, who began by introducing himself and the primary goal of his session, which is to help the trainees create an effective CV with a focus on new candidates. He defined the format's necessary elements based on the applications of freshmen. Additionally, he said that the purpose should not be generic but rather tailored to the company for which one is seeking. He continued by discussing the soft abilities that need to be included on the CV. He said that for a first-time applicant, the qualifications should come first because they are the most crucial, and for an experienced applicant, the experiences come first because they are more important because they have more recruitment experience. "Personal Details" is the next component, which is optional. He mentioned several significant Dos and Don'ts while creating a resume as he concluded the session. The Q & A session then began on the platform. The students had a lot of questions. Mr. Saravana Kumar concluded the course by answering the trainees' questions and thanking them all for their participation and attention.

OUTCOMES OF THE SESSION

For their future hiring, the second-year trainees learnt how to create a résumé. The training event gave the participants an overview of the Dos and Don'ts while creating a resume and showed them how to make their resumes more compelling and successful.



International Perspectives in Professional Social Work - a Sweden Experience

INTRODUCTION

With reference to practise differences between Sweden and India, the social work department at Bharata Mata College held a workshop on international perspectives in professional social work. The Dias was filled with chief guests from Sweden, including Riya Mary, an alumna of Bharata Mata School of Social Work, Denise Yilmaz, a social work trainee from Hogskolan University, and Natalia Vergara, a professional social worker employed by Blue Point Organisation. On November 1st, from 2:30 pm to 5:00 pm, A V Hall hosted the event. The lesson was conducted in an engaging and educational manner.

OBJECTIVES

- To get an understanding on Swedish perspectives of social work.
- To know more about the outlook of Professional social work in an International setting.
- To become aware of the migration process.

AGENDA

The goal of the workshop, International Perspectives in Professional Social Work: A Sweden Experience, was to foster among the social work trainees an understanding of social work from a global viewpoint. They were able to think more broadly about the methods used in professional social work as a result. The training programme also attempts to educate the trainees about social work in different nations, which would aid them in their careers should they move to another country.

ACTIVITIES

By 2:30 pm, the meeting had started. Al Ameen gave a welcoming speech during the event to express the institution's hospitality to the guests who were invited. Natalia and Denise Yilmaz worked together to create a presentation about Sweden, its quirks, and the social work perspective it adheres to. Sweden has a low population density of 25.5 people per square kilometre. The nation, as described by the delegates, has a well defined Welfare System that is Individual Centric; in contrast to the Indian Context, the family as a complete unit is not being regarded fundamental. Natalia has been employed by the division of the welfare system that, before the political landscape shifted, ensured that everyone could obtain social benefits. Sweden formerly had a significant Christian population before

becoming a secular country. In their country, there are many elements that are in stark contrast to Indian ideals. The LGBTQIA+ community has been accepted, and religious institutions often employ women as priests.

According to Natalia, children in Sweden are given the proper freedom, care, and exposure to experience, learn, and discover their own paths through making errors in order to learn from them and avoid repeating them. To prioritise privacy and family time, the work-life balance is closely observed. They follow a society where marriage is optional, having children outside of marriage or divorce is not frowned upon, and many partners are extremely frequent. When compared to the Indian scenario and cultural system, “Individual Freedom is the King” is unmatched. The parenting style is permissive while being cautious. The kid will be treated as an adult once he or she turns 18 since it is normal for children to leave their parents’ homes and start their own lives. A Q&A session was held to address the audience’s questions while Denise Yilmaz and Natalia Vergara explained how social work is practised in Sweden. The following areas were the subject of questions from the social work students.-
Challenges faced during the internship

- The job opportunities and migration possibilities in Sweden
- Identified differences in Social Work Practice followed in Sweden and Kerala contexts.
- Likes and dislikes about the Indian Culture with reference to internship in Bluepoint and living scenario in Kerala.

The inquiries were satisfactorily answered thanks to the friendliness of the locals. Their academic practise places a premium on knowledge. When they started working with Bluepoint, they were offered an alternative viewpoint to the one they had been using, which was to “work with your knowledge.” After their meeting, Riya Mary and James, two department alumni who are now employed by the Department of Women and Child Development as professional social workers in the KAVAL project, The Bluepoint Org shared their experiences through two different cases they have attended with and explained the process, the challenges and the victories they have faced till in their profession. They also gave a detailed information on the KAVAL Project. As an end to the session, Anupriya delivered the vote of thanks to all presented and the meeting ended by 5 pm.

OUTCOME

- Social Work Trainees get to know more about the outlook of Professional Social Work in an International Setting.
- Trainees understood about the Swedish perspectives and scopes on social work profession.
- Trainees came to know more the KAVAL Project and the major problems children are facing in the present society.



Orientation session about the organisation- The Kites Foundation

INTRODUCTION

Founded in 2019, Kites Foundation is a non-governmental organisation. A group of young people is trying to change our nation via youth-led development and teamwork. The foundation announces the Kalam Awards 2021 to honour and value the contributions made by young people and communities who have volunteered and positively impacted our society. The Organization's goals include exploring the possibilities of youth networking both within and outside of the country, incubating and recognising transformational individual ideas, and discovering and addressing community-based issues with desired solutions. Implemented projects include Punarjani, Munnar VIBGYOR Tourism, Umeed - hands of hope, and Sumedha - library and feeding room. Over 5000 volunteers are employed by the group.

Activities Done

03/11/2022, Thursday

By 2:30 pm sociable, the orientation session had already started. Ms. Deepa, the Kites Foundation's project coordinator, introduced the institution, a non-governmental organisation founded in 2019, at the beginning of the programme. By showing the PowerPoint slides, she described the many tasks and projects they had completed. After that, the students were split up into groups and instructed to discuss any pertinent difficulties they were having in their daily lives in order to come up with a solution. One of them from each group talked about the issues that were brought up and the solutions to them after the conversation. We received praise for outlining the many issues and potential remedies. The session finished at 4:00 when social work student George Milan gave the thank-you speech.

Outcome

- The Students were able to understand more about Kite Foundation and its activities.
- The GD helped the trainees to become aware about current problems happening around.



Seminar on Financial Literacy

INTRODUCTION

Seminar on Financial Literacy was held in Bharatha Mata School of Social Work by 'Arc Foundation', on 17/1/23, The session started at 9.45 AM at MSW seminar hall and it was taken by Aparna Aravind from The Arc foundation of India. Second year Social work trainee AnnMary Babychan welcomed the resource person and introduced her. Aparna Aravind started her words primary on her life experiences, shared her working experience in Tamil nadu. Aparna's interest was mainly for the welfare of children and their education, she provided information about the projects of 'Arc Foundations', focus on children and their education.

Through the session, the trainee learned the importance of self knowledge, self awareness and self realisation. The main highlight of the session was when she enlightened the audience with the indispensable consideration of having financial literacy and how she managed a crucial situation in her life so she chose to be the person who provides the opportunity to give it.

She also introduced other projects of the organization that is Dr. Kalam Library, Meraki



Indian School of arts and skills, Swach Coimbatore, Book Recyclothon, Vidyaadhaan, provide education Support, Prajna-Arc's School Awareness program, Yuva seva, joy of passing on new mother's milk, SAP (sustainable agriculture practice) etc. After these she shared the importance of insurance and she concluded on financial literacy by highlighting

the slogan "Being a women who can inspire anyone and everyone with smile!". The session ended at 10.50 and Annmary delivered the vote of thanks.

“Introducing Youth Work in the UK / MA Youth Work and Community Development Course”

The online webinar on the topic “Introducing Youth Work in the UK / MA Youth Work and Community Development Course” was conducted on 14 th October 2022 at 3pm in AV room of Bharata Mata College Thrikakara. The programme was organised by Leeds Beckett University School of Health. All the 1st year and 2nd year social work trainees attend the webinar with the faculties in Bharata Mata School of Social Work. The webinar was taken by the social workers Alan smith and Salisbury Petra and Alan Smith introduced himself to the audience. The session was based on the youth work in the community in UK.

In UK, Social Work is a statutory service which often is directed by legal process to support and guide young people and their families. A major theme in the UK is the safeguarding of individuals and support for the most vulnerable. Social Workers can often work alongside Youth and Community Workers, the share many common values, but their engagement is usually directed by a statutory or legal duty.

Then Alan Smith takes the session about youth and community work and also teaching. Youth and Community work takes place where young people are at and is led by young people and their needs. Youth Work helps young people learn about themselves, others and society, through informal educational activities which combine enjoyment, challenge and learning. Youth workers work primarily with young people aged between 13 and 19 but may in some cases extend this to younger age groups and those aged up to 25. Their work seeks to promote young people’s personal and social development and enable them to have a voice, influence and place in their communities and society as a whole.

Teachers are most often employed to work within Schools where they will deliver a specific curriculum which is decided by either the Governing Body or Government, the engagement of young people is mandated by law and failure to attend can result in court proceedings. Many schools employ staff including youth workers to support pupils through pastoral teams, mentors and behaviour management – but the prime function is a legal requirement for children to attend.

After the session, social work trainees get an opportunity to interact with the resource person. The social work trainees Abel and Santhosh asked some questions about the fee structure and why they provide sterilised needles for the youth ,head of the department

Dr. Sheena Rajan Pilip and Assistant Professor Dr. Elsa Mary Jacob also enquire about the course. Elsa ma'am delivery the vote of thanks. The webinar ended at 4.30 pm.



Health Day

April 7th is observed as World Health Day. On this day Students of BMSSW conducted a program on the topic *our planet our health*. Dr. Rejath Benny, Cardiology Junior resident and Medical officer, Corporate hospital ,Thrikkakara was foremost speaker of the session .

OBJECTIVES

- To observe the Theme of this year's health day
- To familiarize about the various lifestyle disease and prevention
- To understand the participation of man in environmental problems and thereby forming disease

AGENDA

- Ensure the participation of maximum students in the interaction part of the session

Activities done

From 30th March 2022 the students of BMSSW has planned to conduct day observations as part of academics . World Health Day on 7th April 2022 was the immediate day chosen. Aleena Mary M.J and Arathy.S.S, 1st year msw students were selected to coordinate the program. Arya Chandran L ,faculty of Bmmssw gave guidelines and guidance to the students about conducting the program . Whole class were asked to suggest their ideas about the day observation. Some students suggested to conduct a webinar on the day. Final decision was made with the permission of faculties to conduct a webinar. Coordinators contacted 4 Doctors for the program but 4 of them weren't available on the date .Dr. Rejath Benny, Cardiology Junior resident and Medical officer ,corporate Hospital Thrikkakara was called for presenting the webinar . Webinar was based on Our Planet Our Health (theme 2022).As the coordinators couldn't got permission to conduct the program on the date because conformation from the doctor was got at the last minute .so that the program was postponed to the 9th April 2022 Saturday. Rearranged scheduled was accepted by the faculties and the guest.It was decided to held the program on 9th April 2022 at 3 pm via Google meet . Santhosh karki was assigned to host the program and Grace Thomas and Ann Mary Babichan for emceeing the program.

Brochure regarding the program was created by Aleena and Santhosh and link for the program was attached to it. It was mailed to all the students and faculties prior to the date.

From 2.45 pm on the program day Students and coordinators were preparing for the

program. Host setup the laptop and arrangements were made for admitting the students and faculties without any delay. Emcees sat inside a closed classroom for handling the session without any disturbance. Students joined the Meet by 2.50 onwards. Dr. Rejath Benny, the presenter of the webinar joined at 3pm. Program was started immediately after the guest joined. Grace Thomas started the program by welcoming the Doctor, faculties and students. Then Doctor introduced himself and started his session. Whole session was regarding the Theme of this year health day. Noise pollution, water pollution, land pollution, air pollution etc. were discussed and followed by a Q&A session. Betty, Stania, Ragendu, Rinoy asked doubts in various matter. After finishing the 1 hour session he thanked the crew for inviting him to the program. The program came into its conclusion by 4pm.

OUTCOME

- Student trainees got the opportunity to interact with a doctor and clear their doubts on the topic
- Trainees got aware about the lifestyle diseases and prevention methods.



Legal Literacy Training

Labour Migrant Unit of Indian Social Institute, Bangalore is organizing four days online workshop on Legal Literacy (for the beginners) on 7th, 8th, 9th and 10th November 2022. This Legal Training will focus on the legal issues faced by migrant workers and how to resolve them. The training sessions were taken by the Resource Person Advocate Santhanam S J, who is practicing in Madurai District Court and has several years of experience in dealing with cases of domestic violence and women's rights. The timing of the training is from 5.00 pm to 7.00 pm on each day at zoom online platform.

OBJECTIVES

- It aims at teaching legal literacy
- It teaches about laws, rights, and migrant's issues
- How to file complaints and deal with legalities

Day 1

On 7th November 2022, Advocate Santhanam SJ had taken the online course on legal literacy focusing on laws and fundamental rights given by Indian Constitution for the citizens. The session started at 5 pm and the introductory part was done by Rosey and Selvin from ISI, Bangalore. Then, Advocate taught about what is law? - law directs or says one to do something and do not do something, and he explained about types of laws or kinds of law that is, Constitutional law, Criminal law, Civil law, Common law, and Statutory law.

The session concluded at 7 pm by responding to all queries by the resource person who is well experienced and knowledgeable in his field of laws and legal literacy. He itself clarifies about the punishments and legal norms for each case. The sessions like this will help the young generations to understand about the rights and duties that must followed by them to being a responsible citizen.

Day 2

Adv. GM Xavier was the major speaker who took session about the topics:

- Rights and laws to migrant workers
- The employer is detecting the provident money but not paying to the worker
- Case of bonded labour
- Payment of wages act

The session was started by 5pm . Introductory part was carried out by Rosey and Selvin, ISI Bangalore. Adv. Santhanam gave briefing about today's session and welcomed GM Xavier to start the session. mainly the session included Employee provident fund, bonded labour or debt labour, laws and rights regarding bonded labour, labour department, complaint on labour department for non payment of wages, different sections and articles in law for the rights of migrant workers.

The main objective of the session was to inculcate the students to bring knowledge about the legalities which they can be used in future social work life.

The session was very helpful for the participants as there were many students who wish to bring a healthier environment for the migrant workers who are now very excess in Kerala. And also it was an opportunity to get the class by Adv. Santhanam and GM Xavier who practicing in madhurai district Court having experiences of several years.

The session was concluded by Mr. Selvin, labour migration department . Participants also shared their gratitude to having such an informative classes for 2 hours.

Day 3

On November 8th, the third day of the session, Adv. Santhanam took class on the topics:

- Police complaint
- FIR
- Effects of FIR and
- Private complaint.

The session started by 5:00 pm. He took sessions on various topics to make the participants aware about the legal terms. The topics discussed were:

What is a police complaint and where should it be filed

Adv. Santhanam taught that a police complaint is initial reporting if any crime or offence. It is a narration of facts about the incidents in layman's words. The complaint should be filed in the nearest police station of the area of occurrence .

When a complaint is lodged?

It is generally a complaint lodged with the police by the victim of cognizable offence or by someone of his or her on behalf. Anyone can report the commission either orally or in writing to the police. Even a telephonic message can be considered as a complaint.

Day 4

On the 9th October, the 4th day of the session, Adv. Santhanm S.J. took class on Police, duties and responsibilities of the police, and according to indian Constitution how a police need to behave to civilians and what is police in the current scenario.

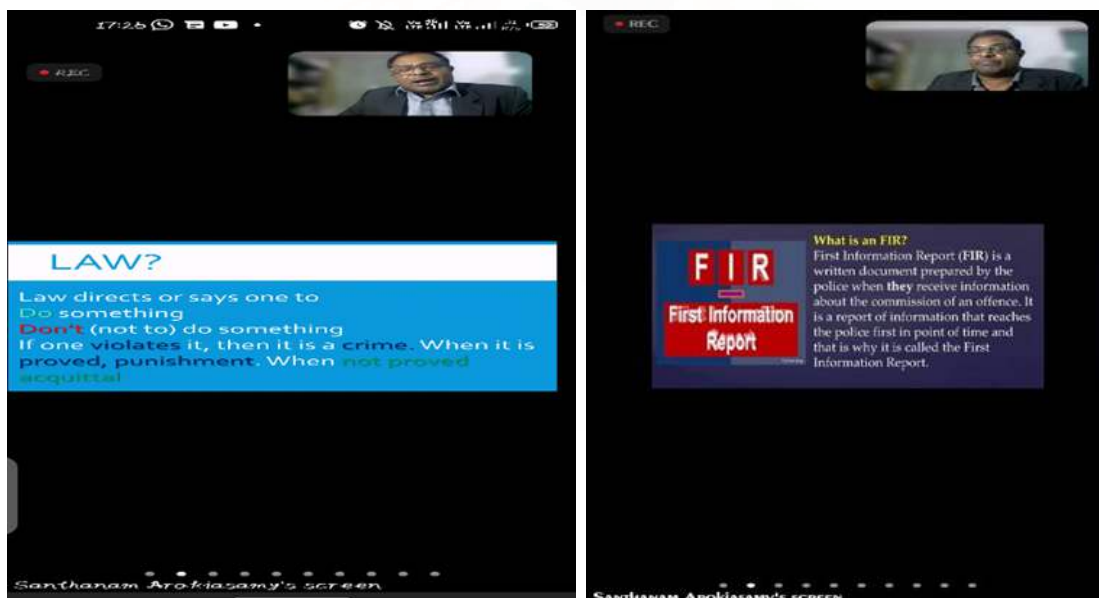
WHAT IS POLICE?

The Police are constituted body of persons empowered by a state, with the aim to enforce the law, to ensure the safety, health and possessions of citizens, and to prevent crime and civil disorder.

INDIAN CONSTITUTION AND POLICE

The powers and responsibilities of the union and states are demarcated in the constitution of India. Article 246 of the constitution distributes the legislative powers between the Parliament and the State Legislative Assemblies. It refers to three lists of subjects given in the Seventh Schedule of the Constitution.

Later on the platform was opened for discussion and the doubts were cleared and finally Mr. Selvin from ISI Bangalore had given a Thanks note based on the whole 4 days' session and concluded the event. The whole four days was very fruitful and came to know about different legalities and procedures as citizen of India and moreover a social worker.



Workshop on Application of Qualitative Research

Bharata Mata School of Social work, Thrikkakara conducted a two-day workshop on application of qualitative research on 3rd and 4th June 2022. The resource person was Br. Joseph Charuplakkal, assistant professor of social work department at Marian college, Kuttikanam.

DAY 1

The first day of the workshop started at 9.00 am with an introductory session by Dr Elsa Mary Jacob, assistant professor at Bharata Mata School of Social work, T. Dr Elsa introduced the trainees with Br Joseph Charuplakkal. A total of 30 social work trainees participated in the workshop. Then, from 9 am to 9.45 am, it was a session in which acquaintance was made between the resource person and the social work trainees. Br Joseph Charuplakkal introduced about himself. By 10 am, the resource person started the main part of the workshop by illustrating the major outcomes of the workshop. He mentioned that towards the end of the session, social work trainees will be able to, formulate research problem for qualitative study, design qualitative research, collect qualitative data, do thematic analysis, interpret/ discuss the results of the analysis and finally to write the qualitative study report. Then, the first step of the reserach was started which was to formulate a research topic. For that, each of the group were asked to sit in a circle and discuss regarding the topic, identify a problem and fix the research title for qualitative study.

Br Joseph also mentioned that at the end of the workshop, each group should submit the qualitative study report. Since the research data to be collected from the trainees itself, it was instructed to choose a topic with which each of the member on the group identify it as a common problem and should be able to contribute to the data. After the discussion, the groups shared their topic. Then, the session was open for discussion and possible corrections and suggestions were made by Br Joseph. He clarified the doubts and questions raised by the trainees in between in a way by which each of the trainee could understand the concepts as easiest as possible. Br Joseph mentioned that the topic we choose should be identified as a problem, and it should be developed from a research gap, and the topic should be apt for qualitative study. Resources Person then explained about the research design. Br. Joseph also mentioned that in Qualitative research the design is formulated to explore and understand, subjective experiences, insider/outsider view and our own experiences. After

that Br. Joseph explained about the types of Qualitative research designs in detail . After Br. Joseph asked all groups to discuss and to choose designs each group is going to choose for their study. Followed by the same the resource person also explained about sampling and Tools for Data collection and its different types. Each group selected their own methods and tools. After that the trainees were asked to collect data from the respondents. From 12:00pm – 1:30pm each team prepared questions for the same and later data collection conducted. Most of the team had done in-depth interview. By 3:00pm Resource Person explained how to do code on the basis of thematic analysis. Later each group was asked to do the coding according to the data they collected. All group started to work on that but couldn't complete. The day 1 workshop ended by 5:30pm.



DAY 2

On the 2nd day of the workshop on the application of qualitative research, started by 9:10 am, the trainees resumed their work of coding of the data collected. The trainees were working on the fourth outcome that is, doing the thematic analysis. The resource person guided the trainees and clarified the doubts in between. By 11, the trainees completed the coding part and they dispersed for a break.



By 11:40 am, the resource person asked the trainees to categorise the coding as part of



reaching the thematic analysis of the research topic. The trainees followed the instructions and listed the coding on the backside of the chart paper. Later on, the trainees were asked to present and explain the categorisations of the coding they have done. The research coordinator from BMSSW, Dr. Elsa Mary Jacob also joined the session. During the session Dr. Elsa also raised her doubts and they were clarified by the resource person. Later each group presented their chart after the presentation the trainees shared their

Mam expressed her delightfulness in the success of the workshop and that her students gain much from it. The session was dispersed after the thanks note by Mss Arsha AB, second year MSW of Bharta Mata school of social work at 5:34 PM.

Theatre Workshop

Introduction

Theatre workshop started on 23/06/2022 and ended on 25/06/2022 and was conducted in 3 days in Kanav, Wayanad under the guidance of Mr Baby . The first day was mainly focused on the individual and his/ her family. The second day it concentrated on social problems and trainees were divided into pairs. The third and last day the trainees worked in a group of 5 members. Each day was unique and different so that the trainees got different knowledge and experience. It was a second home for the trainees.

OBJECTIVES

- To have a unique experience in cultural formation and learning.
- To understand and practice acting.

AGENDA

22nd June 2022- Practise and showcase Individual performances.

23rd June 2022- Practise and showcase performances as a pair, also to understand about each other.

24th June 2022-Practise and showcase performances as a group.

ACTIVITY

The theatre workshop started with an introduction to Baby mash about the history of Kanav . Before discussing their education and training, trainees first described their home and family in an entertaining way. Through this activity trainees could understand other trainees more. The first day was entirely devoted to private sessions. Every student had the chance to behave in a certain circumstance. Baby Sir provided real-world scenarios to act out. On the second day, the trainees were asked to perform as a pair. As part of this, Mr. K. J Baby selected the pair. Whole day the activities were done as a pair. On third day, the whole class divided into five groups with six members. Then each group performed skits with same theme but with different styles. Each day there was evaluation meeting where each trainee could share their experience about the day

OUTCOME

The theatre workshop was a unique and different experience for the social work trainees. Mr K J Baby was a unique man with different talents and exceptional personality, being able to learn under him was a different experience. The trainees could discover their talents from these sessions. New perspectives and new way of approaching life was learned from this workshop.



10 Day Training Programme: 'Training of Trainers' Organized By, DTNBWED, Ministry of Labour & Employment, Government of India, Regional Directorate, Kochi

INTRODUCTION

The most crucial resource for whole national development and growth is labor. In order to effectively add to this process of economic growth and share in its benefits, higher labor standards must be pursued. The methods used to raise labor standards include hard law, which is a legislative effort, and soft law, which consists of voluntary codes and initiatives. Only through training and education can the capabilities be raised to a higher level; this is a process standard that enables the labor force to advance steadily toward higher standards. The large workforce today confronts the issue of worker education ac-

cess. The Training of Trainers training programme has been developed by DTNBWED (Dattopant Thengadi National Board of Worker Education & Development) to ensure that every employee has access to training and education. One of the long-term training programs offered by DTNBWED (Dattopant Thengadi National Board of Worker Education and Development) is the 10-day Training of Trainers [TOT] course. The course primary goal is to create internal teachers for businesses so that they can take over the duties of instructing their employees.

Workers must be trained and educated in order to gain the knowledge and practical skills necessary to execute a specific job. Training and educational initiatives support the development of favorable attitudes among employees toward their jobs, organizations, and society at large. Dattopant Thengadi National Board of Worker Education and Development (DTNBWED), Ministry of Labour and Employment, Government of India, Regional Directorate, Kochi in association with Bharata Mata School of Social Work, Thrikkakara organized a ten day Training of Trainers; programme. It was a ten days training programme from 18th July 2022 to 29th July 2022. The programme was conducted at the seminar hall of the Bharata Mata School of Social Work, Thrikkakara. The beneficiaries of the programme were employees from various reputed organizations including FACT, Milma, Hindalco, Cochin Shipyard etc. and social work trainees and faculties from Bharata Mata School of Social Work, Thrikkakara. A total of 46 participants including 16 professionals and 30 social work trainees actively participated in the training programme.



DAY 1

The day one of Training of training commenced at 10 30 A.M on the 18th of July 2022. A total of 26 Participants which includes 16 Professionals and 10 students were present for the first day of training program. The inauguration ceremony began around 10:45 A.M in the presence of dignitaries and chief guest. The training programme is intended for the trainers and the social work trainees who work among people both inside and outside an

organization. It is a 10 days programme where different speakers take classes and their experiences on various aspects in Human Resource. The primary aim of the program is to mould each and every participant as trainers in the organizations they work. The training was provided in a association with Dattopant Thengadi National Board for Workers and Education and Development. It is an autonomous body of The Government of India which provides training and development workshops to employees in a firm to bring about a positive impact on the working habits and productivity in the work place. The MC of the program social work trainee A.S.Gayathry The program began with a prayer with one of the social work trainees, Ashna Dennis and the stage was given away for the welcome address by C.Sumesh, Educational Officer of Dattopant Thengadi National Board for Workers Education and Development, a autonomous body under Ministry of Labour and Employment. Government of India.

The inauguration came to an end by 12:30 P.M. The second session of the day began by Sumesh sir who introduced himself and the department. Then Sumesh sir asked every participants to introduce themselves by coming out in front of the whole group and say the name, Place, Organisation they work and the hobbies they have. The students were asked to say why did they take MSW as a profession. The session took a break at 1: 15 PM for lunch break and gathered back by 2 PM. The session commenced by 2: 20 PM and continued the self introduction by the participants and every single person introduced themselves to the group. At the end of the day a game was carried out by Sumesh Sir for finding the leaders among the students where all the participants joined in. The day came to an end by 3:45 PM.

DAY 2

The second day of ToT was held on 19th July 2022. The day started with a prayer and an introduction by Mr. Sumesh, National Board of Workers Education ; Development. The first half of the session was handled by him where he discussed the importance of Unity and strength in teams and how important it is to be disciplined and ask questions during the sessions as the sessions are being taken by experts in different fields and how useful that can become in our daily lives. As a morning session, Mr. Vanaraj, Regional director, introduced himself and the responsibilities of his honourable post. He educated the

importance of having the workshop and why it can be useful, especially for the students as they have the future in front of them with many potential.

He also taught the importance of having soft skills like communication, which is the most important basic skill one should have. He explained about the need for the skills as we need it for a collective Well-being and that it needs to be symbolic.

He also explained about the stages of communication, which are:

- a. Thinking
- b. Expression
- c. Understanding
- d. Assimilation
- e. Transformation
- f. Issues and consequences.

Later, there was a one hour lunch break from 1:15 pm to 2:15 pm after which the session resumed. The afternoon session started at 2:30 pm. The resource person for the session was Mr. Jobin Chirackel, Zonal Manager of the Catholic Syrian Bank. Mr. Jobin clearly explained how and why it is important to build a supportive workplace culture to result in high performance through his session. The session ended by 4:00 PM The participants all gathered to take photos with the resource person and the day ended around 4:30 after evening refreshments.

DAY 3

On the 3rd day of the TOT workshop, the first half of the session was handled by Mr. Sumesh, the Education Officer where he discussed about the importance of team building in organisations. In a working environment, the employees are required to work together as a team and not as a group. The importance of team building was demonstrated to the participants using an activity where the trainees were divided into 4 groups and each group was asked to select their leaders.

Another concept discussed during the session involves SWOT Analysis, so as to understand about each employees' skills and capacities and to work upon the weakness factors. The resource person also told that at times, we fail to distinguish between threats and opportunities. Towards the end of the session, there was an activity conducted in groups so as to make the participants understand about the importance of working together in

teams, decision making while working in teams etc. It is known that, decision making is simpler when we have to make them individually. However, while working in a team, its important to listen to the viewpoints of the team members and their perspectives also. Therefore, its quite common that there might be differences of opinions and view points and hence its necessary that we reach a consensus before making a decision. Therefore, this message was conveyed to the participants through the game and also the fact that, the team as a whole is responsible for a decision made no matter right or wrong was also conveyed. Later, there was a 1-hour lunch break from 1:15 pm to 2:15 pm after which the session resumed. At 2:45 pm, there was a technical session based on the topic “Organisational Development” handled by Mr. Subash AK, GM HR Cochin Shipyard Ltd. He shared about his 25 years’experience in the shipyard and how the organisation has grown to be one among the finest and renowned shipyards in the world. He said that, there has been several ups and downs, times when they were running on loss and it was only because of the strong determination and will of the employees that they have reached the position they are now at. The session handled by Mr. Subhash AK got over by 3:40 pm.

DAY 4

The 4th day of training of train is program was conducted on 21st July 2022. The session was started at 10:30 am in the seminar hall of Bharata Mata college. The session on Teamwork was taken by Mr. Vanaraj. He started with saying the three essential factors of the team work which were team leader, members in the team and the situation these are the three factors which are interconnected each other. Here without the team leader the inspiration of the team will not be there and without the members a leader cannot survive and the third factor situation is remains as an abstract. He cited it with an example of the idea behind bullet train and the thinking behind that innovation of Japan. Next he explained about the importance of the brain, mind, emotional, spiritual and neural energy which is important for the teamwork and is essential. How the teamwork plays an important role in the work environment.

The afternoon session started at 2.15 pm by Director Mr. Vanaraj. It was the combination of the morning session which is Team work. He said that the empathetical understanding is important which the individuals may have the concern for others feelings, the other points were to have a happy disposition, mindset management and the typical situations should be humorous. The sense of humor have to make the conflict to cooperation in industrial relations is having a prominent role. Commitment towards the work, devotion and

dedication to the work helps to achieve the goal. After that a quiz was done to check the level of individual sacrificing mentality of themselves. Mr. Vanaraj sir asked to write yes or no as answers to the questions he asks. And based on the marks got by answering the quiz the level of sacrifice can be measured. And the class ended up on 4.00 pm with tea and snacks.

DAY 5

Mr. Vanraj started the session on motivation management. He started the session by explaining on what is motivation. Motivation is what induces a person to act. That inducing stimuli can be of intrinsic value or extrinsic value or in a layman's sense, quality of relationships, humane, psychological and spiritual values, cooperation, caring etc., that shows individuals and groups that they can go a little further in their quest for achievement. Mr. Vanraj mentioned that 'just like a car doesn't move without fuel, life would not move without motivation'. While explaining motivation, Mr. Vanraj put forward the example of Lee Iacocca, who was an American Automobile Executive who was president and chairman of the board of Chrysler Corporation

The second part of the session started at 2.00 PM. In the afternoon session, Mr. Vanraj distributed notes on motivation management prepared by him among the participants. After that, a questionnaire was read put by him for which each participant marked their responses in either yes or no. It was self-prepared questionnaire by Mr. Vanraj to measure the level of motivation among the participants. After the questionnaire session, Mr. Vanraj discussed about trust and confidence building. He pointed four important factors to be avoided in a relationship which are criticism, contempt, defensiveness and stone walling. He mentioned that in order to build trust and confidence one must involve people and one must possess admiration, caring and excitement. Breeding enthusiasm and providing free and open environment can also help an individual build personal attributes with trust and confidence. The entire session wound up at 4.00 PM with provision of evening refreshments for participants of training programme.

DAY 6

The Day 6 of ToT; Training of Trainers started at 10.30 am with Guest talk by Mr. Manoj Menon, HOD - HRM, Rajagiri College of Social Sciences on the topic ToT: Personality - Capacity and Capability Building. Mr. Sumesh, Educational Officer, National Board of Workers

Education and Development, welcomed the guest speaker and Ms. Isha Elizabeth Tomy gave a brief introduction about the speaker. Followed by, the guest speaker for the day Mr. Manoj Menon briefed the methodology he 'll be using for the day, that is, experiential learning rather than lecture method, as experience is longer, while learning from it is small but significant.

With the activity, the importance of individual value system and personal opinion was highlighted along with the fact that accepting one value system is always greater than doing adjustments. With the aforesaid activity, the guest talk session by Mr. Manoj Menon came to an end 12.20 pm.

Mr. Vanaraj, Regional Director, National Board of Workers Education and Development, started at 1.00 pm and the following were briefly discussed:

1. Foundations of Morale includes:
 - a. Intellectual Foundation
 - b. Knowledge Foundation
 - c. Material Foundation
 - d. Spiritual Foundation.

The aforesaid small session on Morale came to an end by 1.30 pm and the team dispersed for lunch break. The afternoon session of Day 6 was initiated by Mr. Sumesh with an Energizer at 2.30 pm followed by expert session on ToT; Personality Leadership Qualities; by Mr. Vanaraj.

This was explained with the real life inspirational story of Jesse Owens and Luz Long during their long jump finals in Berlin Olympics, where Luz Long offer some advice to Jesse Owen which helped him win the Gold medal for his nation. With the aforesaid inspirational story share by Mr. Vanaraj, all the activities of Day 6 came to an end at 3.30 pm.

DAY 7

The 7th day of Tot workshop started at 10.30 am as the guest speaker Mr. Somy John arrived. Sumesh sir shared his experience with Somy sir, how Rajagiri community development scheme helped them to mold in a professional way. Their working hours was 10 to 5.30 only but they used to reach early and left only after 8 pm. They lived in a single room and cooked together. Sumesh sir welcomed Somy John, HDFC rural housing and finance head. The

lecture delivered on attitude, morale and work life intelligence. The tea break was in 11.30 to 11.40 am. After that the session started with the topic employee morale. Employee morale refers to overall satisfaction, emotion and outlook of the employee regarding his work. Sir asked how many emotions are there. Everyone guessed but couldn't say the right answers. Sir said there are 400 emotions. Up to 20th century everyone believed that there is nothing more than IQ but later EQ was introduced. EQ is the ability to understand, use and manage our own emotions in positive way.

Advantages of emotional intelligence

- To relieve stress'
- To communicate effectively
- To empathize with others
- To overcome challenges
- To defuse conflict

After the lunch break the session was by vanraj sir on the topic problem solving.

DAY 8

The 8 the day of training of train is program started with the session on trust building for successful management was led by Dr. Manoj Mathew, Associate Professor, Director-Office of Corporate Relations. Leaders never having different peculiarities which includes leadership qualities, courage to take initiative as well as creative thinking. He quoted & assured reliance on the character, ability, strength, or truth of someone or something and mentioned some important examples regarding the same. The session mainly dealt mainly about how trust building is important in successful management. Leadership trust is a must-have for managers and other leaders. Working in a high-trust work environment improves employee engagement, well-being, and psychological safety. And all these areas impact employee turnover.

The evening session was led by Mr. Sumesh who is Education officer and coordinator of training of trainers. He took the session about productivity and various ways to increase the productivity. As the training program is for the managers and employers and also for the social workers who is the budding professionals, productivity was a much needed topic for discussion. He quoted productivity as productivity is a measure of economic

performance that compares the amount of goods and services produced (output) with the amount of inputs used to produce those goods and services, minimum wastage and also mentioned major resources utilization. Sir also detailed about *Kaizen* is a Japanese term meaning *change for the better or continuous improvement*. It is a Japanese business philosophy that concerns the processes that continuously improve operations and involve all employees. Kaizen sees improvement in productivity as a gradual and methodical process. Kaizen includes the elements teamwork, personal discipline, improved morale, quality circles, and suggestions for improvement.

DAY 9

The training was started with the session of Prof. Jose Antony Sir, Head of the Department of Social Work of Sree Shankaacharya University of Sanskrit, Kalady. The session was mainly focused on Communication skills. And the programme is intended for the trainers and the social work trainees to improve the communication among people both inside and outside an organization. He defined that communication is not only words, it also includes emotions, gestures, facial expressions, body language etc. The word communication means come to a unity or union for an action together. He also depicted a flowchart which shows the transmission of message through the medium from sender. The session was very interactive and he tried to get opinions from all the members. Jose Antony Sir shared that communication has three elements Encoding, Transmitting and Decoding. As referred to organization, he mentioned that organizational structure is the line of communication. Through different emotions, he conveyed many types of communication. The session came to an end at 2.10 PM. After the lunch, all participants gathered at the top hall. And the examination was held as part of the training. Examination marks was one of the criteria for receiving the certificate. 7 questions were given by Mr. Sumesh Sir, in which 4 questions were asked to attend compulsorily for the participants. At 4 PM, the one hour exam was completed and the day was concluded after the evening tea.

DAY 10

The 10th day of TOT started at 10:30am. As it was the very last of TOT as mentioned by the authorities before and as per today's schedule VIVA will be conducted. The VIVA session

started by 11 am. Initially staffs were called for viva followed by students and other faculties. By 12:30pm VIVA got over and incited all the officials, staffs and trainees for cake cutting ceremony for successfully completing 10 day training programme. After the Lunch Break Validetary Session was conducted and the session started by 3:00pm. Ms Filjiya Joseph hosted the Session by welcoming all the staffs, trainees and officials to the meeting. After that sumesh Sir After that Fr. Abraham Oliapurath, Manager of Bharata mata College addressed everyone and appreciated everyone for the participation. Also gave a message by telling the examples of Honey Bee and Banana Tree, that they are always useful to others life, likewise we should be useful, helpful and should bring great impact on others life. Thenceforth, Principal Mr. Johnson K M gave validatory and also mentioned about the stepping stones of college i.e. signing MOU for Skill Development, Placement etc. Thanked Regional Director Mr. Vanaraj, Sumesh Sir and HOD for conducting the TOT programme. After that Certificates were distributed to all the participants. Later Head of the Department, Ms. Sheena Rajan Philip felicitated all the participants for the active participation. Later Mr. Vanarajan Regional director concluded the session .Later the platform was open for the participants to give feedback about the 10day programme and to share their experience.



CONCLUSION AND OUTCOME OF THE TRAINING

The ten-day workshop came to an end on 29th July, 2022. The training programme was meant for the employees of different fields and the social work trainees of Bharata Mata school of Social Work, who presently and in future should work among people both inside and outside an organisation. The ten-day programme where various experts share their knowledge and expertise on various elements of human resource management was very useful for the trainees as education from one's own real life experiences is the most effective to learn about a topic that should be applied in the practical world. The main goal of the workshop was to develop and train each and every participant into a trainer for the organisations they are employed or invited to. In collaboration with the Dattopant Thengadi National Board for Workers Education and Development, the training was made accessible to all participants where many experts shared their knowledge in these 10 days. As an autonomous department of the Indian government which offers training and development sessions to staff members of businesses with an effort to improve work habits and efficiency, it helped all the participants learn the main essence of becoming trainers and how to handle audiences through various skills. The workshop truly enlightened all the participants with the imparted wisdom and knowledge by the experts.

Workshop On Life Skill

Bharata Mata School of Social work, Thrikkakara conducted a three-day workshop on Life Skill. The resource person of the workshop was Mr. Baby Prabhakaran and Mr. Thomas from The BluePoint Organization.

Day 1

The day 1 of the three day Life Skill Workshop which was organised for MSW second year trainees started on 05/07/2022 at 10:00 a.m. The session facilitated by Mr. Baby Prabhakaran and Mr. Thomas from The BluePoint started with an introductory welcome address by Asst. Professor Arya L Chandran. Later on Mr. Baby and Mr. Thomas took over the session and shared the objectives and goals of the workshop. Baby sir explained that the workshop main goal is to train and equip the MSW trainees to become trainers of Life skill education. He also shared about the Direction of plans of College Manager and Principal on taking training sessions for degree first-year students under the leadership of MSW trainees who got the TOT.

Several activities were given by the trainers like energizers, role play so that it would help the trainee's to use them while they are interacting with a group. Also introduced about the ten life skills that would be practiced in the daily living and how it will benefit in the life of an individual. In between the whole trainee's were divided into three different groups and different group activities were also conducted. The Day 1 of the Life Skill Workshop with 22 participants wound up at 5 p.m.

Day 2

The day 2 of the three day Life skill workshop was started by 9:35 am. The day started with an energizer by Mr. Thomas and the game was to Clap, stamp and pat according to the numbers he mentioned to liven up the group. The game helped the trainees to become more alert and active to kick start the day. After that different activities were given to three groups. Later, Mr. Baby told the trainees about the importance of self-awareness being the "Mother of all life skills" and how important it is for one to develop the skill as it enhances self-esteem and self-respect in a person as it the case for a person with high level of self-awareness. Then, He explained in detail about the identity map and Johari Window Model. The Johari window model is used to enhance the individual's perception on others. Each person

is represented by the Johari model through four quadrants or window pane and the four window panes signifies personal information, feelings, motivation and whether that information is known or unknown to oneself or others in four viewpoints what the person knows about him/herself that others do not know. The method of conveying and accepting feedback is interpreted in this model. The information transfers from one pane to the other as the result of mutual trust which can be achieved through socializing and the feedback got from other members of the group. Also discussed about how decision making is important for young adults and how it becomes crucial for them when they be in a relationship, engage in sex, use substances, have peer pressure, engage in violence, conflict with parents, studies and setting the future. With this, the day was about to wind up. The trainee's recalled the entire activities that happened in the day from morning till evening. The second day of workshop ended at 5:15 pm.

Day 3

The 3rd day of the workshop started with a story by Thomas sir the story was about the pop singer Shakira. It helps the trainee to understand the value of their life and also help them to get motivated. After that it was time for energizer in it, Thomas sir first ask each student how will they wish person at first glance and each student share their way later the students were asked to stand up and were asked how will they wish a person who is from another planet and does not know the culture of earth each student exhibit their own ways of wishing and other replicate their action. After that Baby sir spoke about appreciating capacity of a person and he mentioned we should be able to appreciate a person without any hesitation and he talked about pervious day topic Johari window in which he mention that it is important to ask about you to other person to identify your blindside and today he mentioned it is equally important to speak about person openly. Also He discussed about the relationship qualities that a person should have with others. Baby sir also mentioned about the SMART Goals and each of its elements. After that, Baby sir started the session on the next life skill, coping with stress. Baby sir concluded the stress management by explaining the ways to manage stress. The session by 3:30 with a vote of thanks

CONCLUSION

The three day workshop was very informative and knowledgeable. The way of teaching was very understandable. This program mainly focuses on the individual's better life, values, etc. Also helps the trainee to understand the importance of Self-awareness skill which is one of the important life skills of our life. The way of teaching was very understandable. This workshop also helps the trainee's to look into ourselves and understand who we are and also develops the area in which we are totally weak. Also helps the trainee's to focus on the positive attitude and neglect the negative attitude. Also made the trainee's capable of training others.



Workshop on Introduction to Expressive Art Therapy

INTRODCUTION

Expressive Art Therapy Workshop was conducted for the batch 2022-2024 on 25/08/2022 . The session was handled by Ms Krishnendu B S. The main aim of the session was to provide the MSW trainees the basic idea about Expressive Art Therapy.

OBJECTIVES:

- To understand Benefits of Art Therapy which includes Dance therapy, Drama Therapy, Music Therapy, Art Therapy
- Scope of EAT
- Experiential Learning

Miss Krishnendu started the session by 9:00 AM .Initially she started by addressing the need of the importance of ART Therapy and how expressive art therapy help a person to release stress. Resource also talked about various colours and how that influence our life. After the theoretical session Resource made the trainees to do certain activities which help them to be more expressive and also explained the importance of these activities in releasing stress the session by 6:30 by a group gathering where in students discussed their experience about the session

OUTCOME

- Trainees were able to gain more knowledge about expressive art therapy
- Trainees gained knowledge about the releasing stress
- Trainees were able to understand different methods of expressive art therapy



Theratre workshop Batch 2022-2024

Theratre workshop for 1 year MSW students 2022 were conducted from 28th November to 1 st December at Bharata Mata School of Social Work. Baby Sir led the workshop.Total 28 trainees attended the first day of workshop.

Day 1

The social work trainees reached Bharata mata school of social work by 7.45 am. The workshop was conducted at seminar hall. The day was started with yoga session by Baby Sir. Then as an introduction the trainees engaged in a game in which trainees had to say their name as loud as possible to improve the sound quality. Then trainees formed a circle and engaged in singing songs about wayanad and danced. Then trainees were asked to talk about the teacher who influenced them the most.

Later a soothing music was palyed and asked everyone to lay down on floor and to imagine certain context and to make facial expressions according to the context.Then trainees were given a topic to act spontaneously. Then Trainees were given opportunity to exhibit their talents. After that Baby sir asked to talk about any experience on love. By 8.00 pm the first day of theatre workshop ended.

Day 2

Day 2 was mainly focussed on pair performance. The trinees were divided in to 14 groups and each was asked to spend the together as much as possible as well they should observe each other and most of the performane were based on pair. Different topics were given for performance and through after each these performance the bonding between the pair increased the performance helps the trainees to uderstand each other.

Day 3

Day 2 mainly focussed in group activity trainees were divided in to diffeerent groups and different topics were discussed based on the discussed topic each group was asked to perform a skit. The groups were changed simultaneously after each performance. The trainees were able to understand more about acting and perform in different senarios.The

group based activity help the trainees to create a bond between each other. Many skits were played in the day.

Day 4

Day 4 the final session, which focused on the development he achieved in the field of street play as well as its history. He also introduced his street play coaching school. The instructors and trainees exchanged feedback about the camp. After lunch, the workshop was over by 2:00 PM.



PRA Workshop

Participatory Rural Appraisal (PRA) is a methodology used for interactive processes of social development: It is a way of learning from people, with the people and by the people. It is, therefore, a methodology for analyses, planning, monitoring and evaluation. It focuses on the stimulation of participation by local people. Specific techniques are used to encourage greater involvement among people and to enable them to take the leading role in appraising conditions and identifying solutions.

Day 1: 22/11/2022, Introduction to PRA tools were taken by Fr. Willson. Fr. Saji shared his life experience in Bihar. And a doubt clearance session was given by Fr. Varghese about buffer zone and major problems in Idukki.

DAY 2: 23/11/2022, the session was held by Fr. Willson on PRA tools and its applications. He taught pair wise ranking method, problem tree, seasonal diagram, daily routine analysis. Social work trainees were divided into a group of 10 members. Each group had to make seasonal calendar of Kerala, Resource mapping of BMC, social work trainees were sent to field to observe the daily routine and also to find the common problems of the local peoples for preparing problem tree. The social work trainees combined with local peoples of Marygiri done Venn diagram, resource mapping, problem tree. And the day ended with cultural programs.

At day 3: 24/11/2022, the day start with an interaction session with children. Each group had presented their reports. And the day concluded by vote of thanks, by Jesla, Aswin & Elsa ma'am.

Oucome- PRA camp help the social work trainees, how to implement PRA tools in a community.



“Dhwani 2k22”

Community Program is considered as one of the important part of our field work activity. Applying the theoretical knowledge in field work exposure was really a wonderful experience and learning too. Community Program in Udayamperoor Grama Panchayath was mainly focused on making Panchayath eco-friendly and plastic free. As the main problems of the Panchayath has been known to us by conducting various surveys, house visits, FGD, awareness class, and so on. Through this studies and surveys all the trainee get know about the waste management issues of the community people and from this issue the community Program can to an exist mainly focused on the upliftment and usefulness of the community people. Student trainee’s came to a conclusion that renovating bus stop and conducting a skill training class for the community people.

OBJECTIVES

Bus stop renovation in Nadakavu was mainly done with the help of the Panchayath president and Haritha Karma Seena.

AGENDA

Community program has done on the behalf of our field work exposure in the first semester in the udayamperur-Panchayat.

ACTIVITIES DONE

- Collected plastic bottles from Haritha Karma Seena
- Fund mobilisation within the Panchayath (shopes, sponsors etc)
- Buying of raw materials (paints, threads, tyres etc)
- Cleaning of collected bottles.
- Painting and allied all the bottles
- Buying plants for renovation

On 29 th April 2022 the renovated bus stop was inaugurated by Panchayath president Smt Sajitha Murali at 11:00 pm. “Dhwani 2k22 “ was the community program of Udayamperoor Grama Panchayath. This program was mainly aim to create an eco-friendly and plastic free Panchayath. For that we invited some of the Kudumbasree members of different SHG’s

of the Panchayath and accompanied them in the Panchayath community hall. We gave them a skill training classes to all the members like flower making from plastic bags, pen stand from plastic bottles and also gave them another skill trainings. Then we all invited the students and conducted a poster making competition for them regarding water scarcity ,which was an another common problem of the community people's.

This program was inaugurated by the Panchayath president Smt Sajitha Murali. Around 40 above members attended the community programme. This program was cordinated by MSW trainee Harishma KR.



Oppara 2k22

INTRODUCTION

Oppera 2022 was a program conducted for the adhisakthi students for giving an orientation about the adhisakthi admission help desk. The program was held at Salvation Army Johnson hall Kawadiar Trivandrum on 14 / 5/2022 to 16/5/2022. Adhisakthi Admission Help desk is an initiative by the indigenous people's collective aimed at preventing the dropout of Adivasi and Dalit students from formal school and college education in Kerala, India.

It also aims to reach out to more people about the required Admission Help Desk and also for tribal students to know each other. The main objective of opera 2022 was to pass more information about adisakthi help desk.

OBJECTIVE

- To aware about Aadidhakthi Help Desk
- To create interaction among students

AGENDA

- Academic course orientation
- Lectures on personality development
- Traditional cultural programmes of different tribal community

ACTIVITY

Day 1

14/05/2022 is the first day of the Adishakthi Summer School Camp opera 2022. The students who came to attend the camp from different districts introduced themselves. Ramesh Koyalipura (Social Activist) and Suresh Kakkad spoke to the children. The ice breaking session started at 10.40 am with the reminder that this community is not only about education but also about awakening skills. The ice breaking session was led by Cultural Coordinator Vijesh and MSW students from Bharat Mata School Social Work. Manikandan spoke to the children. Adisakthi Secretary Jagan Nandu spoke about Adisakti.

Then in 10 groups they discussed the problems they face in the field of education and whether they are proud as tribals and then presented it. In the afternoon, Dr. Abhay George

(Kerala Institute Local Administration- (KILA), Thrissur, Associate Prof., Information Conve-ner - Working Group Member, Institute of Social Sciences) spoke on the Right to Information Act. This was followed by children's art activities and the remaining presentations. Seniors from Adishakti Summer School shared their experiences. 6 p.m. Ajith Kumar (Film Director) inaugurated the camp.

Day 2

15/05/2022 is the second day of the Adishakti Summer School Camp, the children were taken back in 11 groups to visit the Museum at 10.30 am. At 1.15 the children returned to the camp. By 2 p.m., the children were given orientation back to the area level. They gathered information about each one and talked about the different types of courses that lay ahead of them. Sharon talks about the AdiShakti Help Disk. The children were divided into batches of high school, higher secondary and degree. Then Ramachandran Shola took classes for high school students about the studies and courses ahead. Hari (LLB), Mahesh (physical education) and Lakshmi (gym trainer) took classes for higher secondary students about the opportunities ahead of them. Aparna and Anjali, who are civil service aspirants, took classes for degree students. After that at 4.30 pm arrived at the Guru Gopinath Dance Museum and participated in the Indian Village Festival. Students of Adishakti Summer School performed two of their traditional dances.

Day 3

16/05/2022 was the last day of the Adishakthi Summer School Camp. The program started at 11.30 am with Ramachandran Shola presiding. Then Manikandan C welcomed everyone. Aksha Balan, a senior student, spoke about the Adishakti Help Desk and its other non-stop activities. Shri Ram Koyon and J. Raghu also addressed the function. Minister of Higher Education Dr. R. Bindu honoured the highly educated AdiShakti students with Ponnada and spoke about Adishakti as well. Then Dr. Rajan Guru (Vice Chairman, Kerala Council of Higher Education) delivered the keynote address reminding us that we must protect their language, environment and forest. Similarly, Prof. Anilkumar PV (English Department, Victoria College, Palakkad) He spoke on the topic of education as our birth right, the new education policy and the challenges facing SC / ST sections. Mary Lydia (State Coordinator, Adishakti Summer School) shared her experiences of Adishakti over

the years. Afterwards, K. to send greetings. Jayakumar. B. V. Bolan, s. N. Palace, C.J. Thankachan, A. Chanthunni and Muhammad Haneen spoke.

At around 5.50 pm, the students marched from Marakkar Hall to the Secretariat in a cultural procession of Adishakti Summer School, upholding their rights. After returning to Marakkar Hall at 7.30 pm, Adam Harry (Transman Pilot) inaugurated the cultural meet. Maglin Philomena (Project Officer, Transgender Cell of Social Justice, Government of Kerala) spoke on the occasion. The students of AdiShakti then performed various art activities. The children enjoyed those moments with songs and dances.

OUTCOME

To collect data of students for admission as a part of Aadishakthi Admission Help Desk
Identified the problems faced by the tribal community.



Onnayi Munnottu

People living in more than 20 gram panchayats in Kasaragod district were exposed to the highly toxic Endosulfan. And it causes destruction in the district and neighbouring regions of Karnataka. It poisoned more than 6,000 people. People living in this time are facing difficulties by birth with congenital disabilities, hydrocephalus, diseases of the nervous system, epilepsy, cerebral palsy, and severe physical and mental disabilities. This problem is considered as the biggest pesticide tragedy in India. Daya Bai, an Indian social activist from Kerala, working among the tribals of central India. She is now engaged in the issue of endosulfan victims. She has been working for their rights for a few years now. She protests and she stands for the welfare of Endosulfan victims.

Daya Bai has been on a hunger strike since October 2 in front of the secretariat in the capital city of Kerala. She demanded that the Centre should find a solution to the problems of bedridden Endosulfan victims in the Kasaragod district. Daya Bai has also demanded that the government set up the proposed AIIMS in Kasaragod district.

On Oct 10 th 2022, Social work trainees and faculties of Bharata Mata School of Social Work went to Thiruvananthapuram secretariat for supporting Daya Bai and Endosulfan victims of Kasargod. Daya Bai is fighting for Endosulfan victims through hunger strike. The social work trainees, were given an opportunity to perform a street play in front of a big crowd. The play addressed the need for an AIIMS and super speciality hospitals to be built in Kasargod district. This was the first opportunity for the students to perform their street play, flash mob and folk song in front of a huge gathering.

OBJECTIVES

- *To support Daya Bai
- *To support the Endosulfan victims
- *To create a social exposure for social work trainees

AGENDA

Street play conducted by 1 st year Social Work trainees of Bharata Mata School of Social Work performed flash mob and street play in front of large crowd at Secretariat, emphasizing on Endosulfan issues. Trainees performed 1 flash mob and 2 street play on manifesting their situations. Through this program the trainees improved their interaction towards the community, their skills of acting and the support of trainees were very much strengthened for them. This Program was initiated on supporting Daya bai, in order to provide medical

facilities at AIIMS for their better livelihood. Many of them were isolated on receiving better treatments, they deserves to be treated like others, which is being denied and their health is also important as others so that's the purpose of the program that have been initiated.

ACTIVITIES CARRIED OUT

A group of Bharata Mata School of Social Work trainees had the opportunity to support Daya Bai and those who have been affected by Endosulfan Disaster. The social worker trainee reached the secretariat by 10:40 am. As part of the activities, the students performed flash mobs, street plays, and folk songs together. Two street play was performed in order to highlight the need for an AIIMS in Kasargod District .In addition, it depicts the hardships and sufferings faced by Endosulfan victims and their families.

In addition, the students performed flash mobs to attract the public's attention to the strike. Students also performed folk songs appropriate to the context. Prof. Tony M. Tom led the team. The students also got attention from media channels. The students, too, were appreciated by the former Kerala Chief Minister Sree Oommen Chandy for their commitment and social responsibility towards the problems in society.

OUTCOME

- MSW trainees were able to become a part of a Social Action.
- The activities of trainees were able to more media attention.



Niravu 2022

October 1 is observed as the International Day of Older Person across the World. The day was introduced by the United Nation. They hold an aim of honouring the contributions of older people and focus on the problems they face in society. Older people deserve a significant space in the society as they have made significant contributions to us by sharing experienfor the United Nation International Day of Older Person's in 2022 is " Resilience of Older Person's in a changing world."On this year, the activities concentrated on to create awareness of the resilience of older women in face of environmental, social, economic and lifelong inequalities.The UN also highlight the importance to include older women in the centre of all policies,ensuring gender equality.

On October 3rd, Bharata Mata School of Social Work, Thrikkakara associated with Association for Social Development Suhruth Sadan for celebrating International Day of Senior Citizen on the 93rd death anniversary of Venerable. Fr. Varghese Payyappilly. The department programme performed by the students, upholds the idea of Ageing with Dignity and Respect.The street play portrayed the themed on visualisation of contemporary context and the paradigm of new changes. The event 'Adarav' was inaugurated by Sri. Benny Behnan MP and the Chief Guest was the famous South Indian actress Amala Paul. This event was the first exposure for the ground level campaign to the students to perform their street play in front of a huge gathering and, the play was performed by 16 social work students.

Objectives

- To give an awareness regarding the dignity and respect older people deserve in the society.
- To address the problems older people face in contemporary society.
- To make older people believe in their own strength and capabilities.

Agenda

This street play conducted by the students focused on improving confidence among the social work trainees to perform in front of large crowd. It also concentrated on creating an effective and innovative teamwork among students thereby improving their skills, The trainees performed two street plays in connection which portrayed the theme that age doesn't have a barrier to follow the passion each individual has in their life. The other upholds the theme that each and every elder person is the responsibility of ourselves and they deserve happiness and content in their life.

ACTIVITIES

Social work trainees from Bharata Mata School of Social Work got an opportunity to perform a street play in the programme 'Adaram' conducted by the Association for Social development Suhruth Sadan. The sixteen students were divided into two groups to perform street play on two different themes. The street play was titled as 'Niravu 2022' ageing with dignity and respect. The first street play was mainly focused on the importance of followcare parents need from their children. The other skit portrayed the life of elder people who were abandoned by their own children. The street play ended with highlighting the thought that each and every elder people deserves respect and happiness in their life and they are the responsibility of each citizen living in the society. The event 'Adaram' also included programmes from different spheres. The differently abled students and many older people had the opportunity to perform their skills in front of a huge gathering. Those programmes have definitely added to the success of the event. The participating trainees have been awarded a memento and certificates from the Association of Social Development Suhruth Sadan.

OUTCOME

1. BMSSW associated with Association of Social Development Suhruth Sadan provided a platform for the trainees to perform their various skills.
2. This platform also helps in network building so as the trainees may get further opportunities in future.
3. Street Play is the primary level art form in visualising the themes. The trainees hence were able to convey the message of protecting and empowering older people effectively through the play.



‘Susthidhi 2k22’

Community Programme is one of the major requirements in the fieldwork practicum. The social work trainees focused on meeting the needs of the community and make a sustainable and remarkable outcome . As part of this effort, the trainees of Mulavukad formed ‘Susthidhi 2k22’ which turned out to be successful outcome after a 30 day long practice and research at DP World ,Mulavukad. We, the trainees initiated this programme on the basis on an FGD conducted a few months prior to the Programme.

OBJECTIVES

- To ensure the participation of the villagers
- To interact with the local people

AGENDA

- Ensure the participation of maximum people in the community
- Day observation
- To distribute cloth-pad and menstrual cup

ACTIVITIES DONE

As a part of field work ,students of Bharata Mata school of Social work collect data through house visits and survey. On the basis of data trainees find that one of the main problem of this panchayat is plastic and waste .Inorder to reduce the plastic napkins trainees gave a suggestion plan to the community Cloth Pad and Menstrual Cup. On 30th April ,Bharata Mata School Of Social Work and Mulavukad panchayat conduct Official launching ceremony of “CLOTH PAD & MENSTRUAL CUP” at DP World on 3.00 PM. Program was inaugurated by Panchayat President V.S Akbar and he distribute the cloth pad and menstrual cup to kudumbasree units. Felicitation by Rose martin (panchayt vice president), Vivek Haridas (Block panchayat standing committee member) ,Sheeja Arjun (CDS chairperson) and K.A Vinod (ward member) .Trainees submitted report to Haritha Karma Sena on the behalf of president. Field Work presentation was conducted by Abhirami K.P .Santhosh Karki (student rep) delivered vote of thanks.

OUTCOME

- 1.Community program trainees reduce the usage of plastic through the use of menstrual cup and cloth pad
- 2.Helps the community to identify their problems and solution by themselves.

World Elder Abuse Awareness Day

INTRODUCTION

Elder abuse also called elder mistreatment is occurring within any relationship where there is an expectation of trust, which causes harm or distress to an older person. The law protecting the elderly from abuse are similar to and related to laws protecting dependent adults from abuse. It includes harm by people the older person knows, or has a relationship with, such as a spouse, partners, or family members etc. as to reduce the abuses faced by older people, World Elder Abuse Awareness Day was established after the United Nations General Assembly officially acknowledged it in its resolution 66/127, in December 2011. The World Elder Abuse Awareness Day (WEAAD) is celebrated on June 15. The purpose of WEAAD is to provide an opportunity for communities around the world to promote a better understanding of abuse and neglect of older persons by raising awareness of the culture, social, economic and demographic processes affecting elder abuse and neglect.

OBJECTIVES

- To give an awareness towards people about the value of elderly group.
- To conduct a street play and flash mob as a part of world elderly abuse awareness day.

AGENDA

Done street play and flash mob as a part of world elderly abuse awareness day.

ACTIVITIES DONE

As a part of World Elder Abuse Awareness Day, the student trainees of Bharata Mata School of Social Work have conducted a street play and flash mob in Ernakulam Civil Station to give an awareness to people about the value of elderly group. The program was done under the supervision of Dr Semichan Joseph, (Assistant professor). The program was started at 4:00 pm. Many elderly people along with District Collector has accompanied in our program. All the trainees have participated in the program. All the people around there especially the elderly people have enjoyed the street play and flash mob. The program ended up by saying a pledge that to stop the abuses faced by elder group.

OUTCOME

- Social work trainees learned to organize a program accordingly.
- Learned that we should give priority for the elderly group, and also want to spent time with them.
- Learned how a professional social worker act and behave in a community program.



**District Information Officer,
Ernakulam**



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മുതിർന്ന പൗരന്മാരോടുള്ള അതിക്രമങ്ങൾക്കെതിരെയുള്ള ബോധവൽക്കരണത്തിന്റെ ഭാഗമായി നടന്ന പ്ലാഷ് മോബിൽ വയോധികൻ വിദ്യാർത്ഥികളോടൊപ്പം നൃത്തം ചെയ്യുന്നു.



“Swachhta Pakhwada -2022”

INTRODUCING CONCEPT :SWACHHTA PAKHWADA

Swachhta Pakhwada is a fortnight drive under Swachh Bharat Abhiyan, Government Of India. All the ministries have assigned two weeks to observe Swachhta twice a year. Thus, the Ministry of Petroleum and Natural Gas has planned to observe Swachhta Pakwada from 1st July -15th July. The Kochi terminal of Petronet LNG Ltd, associated with Disaster Management Cell of Bharata Mata College Thrikkakara , for their CSR project on 8th July and planted plants on single-use plastic bottles collected from the community. Social work trainees of School of social work joined in this effort along with faculties and students of GHSS Elamkunnapuzha and prepared the vertical garden. Disaster Management cell co-ordinator Dr.Elsa Mary Joseph who is assistant professor at Bharata Mata School of Social work and other faculties of the department guided the program.

DAY 1

On 8th July 2022, Social work trainees of Bharata Mata School of Social work, Thrikkakara under Disaster Management Cell joined with Petronet LNG, Kaalamukku for Vertical Garden preparation at GHSS, Elamkunnapuzha

ACTIVITIES DONE

Five member Social work trainees of first year MSW class under the leadership of program coordinators , Anagha Aliyas and Krishnendu S reached GHSS Elamkunnapuzha around 9 am in the morning .They met the school officials and PETRONET officials and visited the place where the vertical garden is planned to implement.The students collected plastic bottles, brush, water colours, soil, fertilisers, coco pith, water, scissors, blades and other tools from the teachers and from PETRONET officials and initiated the program.The class teacher of standard VIII provided ten volunteers for assisting the trainees in making the garden. In the afternoon, the rest of the social work trainees reached the school and joined them. The trainees cut the steel rod, cut the plastic bottles making space to fill soil, fertiliser and plant and made holes to insert the steel wire. Meanwhile the volunteers from school were given guidance in water painting the bottles. Some trainees mixed the soil with fertilisers and coco pith and filled the prepared bottles.Thus made plastic bottles and were hung with the help of steel strings in the wooden roof as in photos . About 10 vertically prepared water bottles were hung on the roof.

OUTCOME

The social work trainees collaborated with PETRONET LNG and GHSS Elamkunnapuzha school and successfully prepared a vertical garden.

The trainees were able to bring participation from students from the school and build themselves a feeling that they are the owner of this garden and its care is in their hands. Little action of such kind has caught attention of the students and parents which will bring motivate them to practice in their houses.

DAY 2

ACTIVITIES DONE

The social work trainees reached in the morning at BUDS Elamkunnapuzha. The trainees met officials of PETRONET LNG. As a part of SWACHHTA PAKHWADA -2022, a joint effort of Disaster Management Cell and Petronet LNG Students of Bharat Mata School of Social work had got the amazing opportunity to be with the blessed ones of BUDS School, Elamkunnapuzha where the major activities planned were making vertical gardening and planting plants on them and providing paper bag making skills on the occasion of World Paper Bag Day. Social work trainees reached the place by 11 am. School was all set for the program. Ten students were present for the day with Amega teacher, helpers Nisha and Jeneva. Student trainees started their program with a welcome speech by Grace Thomas. With a small Inauguration done by the teacher followed by Trainees got divided into groups for vertical garden and paper bag making. Four students who are interested to paint send to vertical garden team and others remained for paper bag making. Trainees took one to one attention to the students for teaching them to make paper bags. Each student given a glue and news paper and trainees taught them each step slowly to make them understand. All students made at least 3 bags with and without the help of trainees. By 1:00 pm craft session paused for lunch break and joined back by 2:00 pm. Later on certain culture program had been conducted. At the end of cultural program Rinoy Johny class representative of trainees delivered vote of thanks.

OUTCOME

Student trainees collaborated with Petronet LNG and Buds School, Puthuvayp. Thus they got the opportunity to apply the theoretical concepts in the field, meanwhile the target group received recreational activities. Trainees could ensure the

participation of students and staffs in both activities. The target group learned how to make paper based bag that in turn if continued, will help the students to have financial aid through selling the bags in the market.



Oppam 2k22

Community Programme is one of the major requirements in the fieldwork practicum. The social work trainees focussed on meeting the needs of the community and make a sustainable and remarkable outcome. As part of this effort, the trainees of Elamkunnappuzha formed 'Oppam 2k22' which turned out to be successful outcome after a 30 day long practise and research. We, the trainees initiated this programme on the basis on an FGD conducted a few months prior to the Programme.

The discussion allowed the trainees to understand the disturbances and difficulties faced by the elderly during the Pandemic. Feelings of isolation and disinterestedness they have made us think of recreating their Pakalveedu where they used to gather to talk, share, laugh and most importantly support each other. 'Oppam' as the name suggests, was made to spread the message 'to be with' the Geriatric and share our time to learn from their wisdom and experience.

The programme was conducted at Karthedom in the house a couple, Mr. Sebastian and Mrs. Jeimi who are the active representatives of the Geriatric section. They helped the trainees in organising the Geriatric Group for a two day programme. Aswathy S Kumar and Hashmina Hansraj were the coordinators of the programme who combinely worked towards implementating a structural plans.



Cup of Life

The Cup of Life initiative aims to create a revolutionary change in society by creating awareness of a menstrual product that will change the menstruation experience for the better. Through this campaign, we aim to change how society perceives menstruation, virginity, and women's freedom in general along with breaking various myths regarding these topics. The campaign is an initiative of Sri. Hibi Eden MP and the CSR project by Muthoot finance in association with IMA Cochin and the District Administration, Ernakulam.

The project was established with the collaboration and support of other educational institutions under the Ernakulam district. The Bharata Mata school of social work, Thrikkakara was a associated partner of this campaign. The MSW trainees were allocated to volunteer for the distribution and creating awareness among the community in the respective wards of Ernakulam district. The campaign was conducted on

The four to seven days of a woman's menstrual cycle are days of unending pain, nausea, low self-confidence, and limited mobility. This pain only worsens as our society has taught her to keep it a secret. This makes it hard for them to seek help or share it with most people around them. Menstruation is a topic of restricted conversations that happens only between women or a group of female friends.

Men could not be a part of her pain or support her through those days of torture even if they wanted to. The only thing that they could do it to run down to the pharmacy, buy her a pack of pads, and give it to them. In Addition to all these hassles, there is also a socially constructed label of being a virgin that looms above every woman's head as a mark of her honour.

Our society is evolving, the times are changing as we learn better. We are witnessing the rise of a generation that is more empathetic to the struggles of females and disapproving of social myths. They are symbols of the change in the way society perceives menstruation. Cup of Life embraces this change and aims to be one of the first responders to this movement.

We believe that menstruation is more than just a woman's problem. We understand the individual and community-wide issues that menstruation poses. This could be the pain, discomfort, and expenses each woman bears. It can also be environmental issues such as pollution Or the social stigma associated with menstruation. Regardless of what they are, we intend to rid society of these and move towards a better future.

'Bloody revolution ' the logo launch of the campaign was done by the Malayalam actor

Jayasurya. The hashtag #breakthetaboo was spread after this by many celebrities for promoting this culture. The orientation for the students were given in their respective colleges before hand so that they could perform their tasks effectively. The class for the MSW trainees of the Bharata Mata school of social work was given by Shelfy the staff of 'Sahrudaya'. Sahrudaya is the brand name of Welfare Services Ernakulam for social work and through this it reiterates its commitment to social ministry. Welfare services Ernakulam is a registered charitable and non-profit organization under the Archdiocese of Ernakulam-Angamaly based at Ernakulam district of Kerala. The trainees were divided into groups and allocated each wards .The wards allocated were cardinal nagar, thoppil, ponnuruni, thripunithara, cherai, njarakkal, nayarambhalam, kaloor, kacheripadi, paravor and Puthanpalli.

The trainees got an opportunity to coordinate and volunteer in this huge programme. The trainees created an awareness among the community, organised the programme and distributed the cups. The cup of life was a new campaign which was to make the people aware about breaking the taboos and proceeding in the life in a better way. The change in the mind set of the people was created by this programme. The initiative took a path change in the conventional thinking of the people.



QR Code

The students of Bharata Mata College, Thrikkakara gathered at Civil Station parade ground, Kakkanad at 9:30 in the morning, for QR code campaign. The aim of the campaign was to bring all the houses, flats and shops under Thrikkakara municipality. For that purpose Haritha mitram mobile application has been developed by Keltron India. The Inauguration ceremony started at 10 am. The Ernakulam District Collector Dr Renu Raj IAS flagged off the program 'Nava kerala Karma Padhathi-District coordinator S.Ranjani Unni, and prominent members of Thrikkakara municipality like CC Viju, Mr.Rashid, Ullam Palli, Shaji Vazhakkala, Haseena Ummer, Shana Abdthu, Lali Jofin, PC Anoop, Suma Mohanan, MJ Sikxon, TG Dinoop joined the programme along with the authorities of Bharata Mata College Thrikkakara.

The students of the social work department coordinated the programme. Around 750 students from various departments of the college participated in the campaign. The refreshment team members provided snack boxes and juice bottles to the students and haritha karma sena members. After collecting the QR codes, ID cards the students were left to their respective wards in auto rickshaws, cars etc that were arranged by municipality.

In the wards, students collected the basic informations regarding house holder's name, address for communication, contact details, ration card number and color, existing waste management mechanism and pasted the QR code in houses and in shops. During the survey and visits, the queries of the public was listened, clarified them on the importance of proper waste collection mechanism and its relation to public health. Also sought their cooperation for the digital record of waste collection, payments and continuous support to Government initiatives. The students covered 6493 houses and shops altogether on the first day.

HARITHA MITRAM APPLICATION

Haritha Mithram, a mobile application aimed at streamlining waste collection and management, has been rolled out officially by district collector Dr.Renu Raj in a special programme held at the parade ground. The program was hosted by Thrikkakara Municipality. At present there is severe issues in the health of general public due to improper management of wastes; and hence the programme is believed to be a game changer in sanitation sector. The smart garbage monitoring system is being implemented in local bodies across the State by the Haritha Keralam Mission in association with the Suchitwa Mission, Clean Kerala Company, and the Local Self-Government department (LSGD). As part of

introducing digitalisation in waste management. Garbage collection, the availability of user fees, and progress of sanitation works can be accurately assessed. Beneficiaries can use the system to request services and submit complaints. Once launched in all wards, the entire process of solid waste management including door-to-door collection is done by Haritha Karma Sena members. Thus the removal of scrap from material collection facilities, mini material collection facilities, and resource recovery facilities along with management of household and institutional waste in the civic body will be coordinated through the Haritha Mithram smart garbage application.

OUTCOME

- Trainees were able to gain more knowledge about the Haritha Miathram Project.
- Trainees gained experince in Coordinating Groups
- Trainees were able to build rapport with the people of Tripunithura Municipality

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ദേശാഭിമാനി

സ്മാർട്ട് ഗാർബേജ് മോണിറ്ററിംഗ് ആപ് തൃക്കാക്കരയിലും

തൃക്കാക്കര

തൃക്കാക്കര നഗരസഭയിൽ ഹരിത മിത്രം സ്മാർട്ട് ഗാർബേജ് മോണിറ്ററിംഗ് സിസ്റ്റം മൊബൈൽ ആപ്ലിക്കേഷന്റെ കസ്റ്റമർ എൻറോൾമെന്റ് ക്യാമ്പയിൻ ആരംഭിച്ചു. കുറേനാട് സിവിൽ സ്റ്റേഷൻ പരേഡ് ഗ്രൗണ്ടിൽ കലക്ടർ രാജു രാജ് എം.എ. ചൊല്ലി.

ഭാരതമാതാ കോളേജിലെ 750 വിദ്യാർത്ഥികളാണ് ഹരിത കർമ്മ സേനയോടൊപ്പം കസ്റ്റമർ എൻറോൾമെന്റിന് അണിചേരുന്നത്. ഗ്രൂപ്പുകളായി തിരിഞ്ഞാണ് എൻറോൾമെന്റ് സർവേ നടത്തുന്നത്.

നഗരസഭയിലെ 30,000 വീടുകളിലും 2900 സ്ഥാപനങ്ങളിലും ഹരിതമിത്രം ഗാർബേജ് ആപ്ലിക്കേഷൻ ക്യൂആർ കോഡ് പതിപ്പ് പദ്ധതി



ഹരിതമിത്രം സ്മാർട്ട് ഗാർബേജ് മോണിറ്ററിംഗ് സിസ്റ്റം മൊബൈൽ ആപ്ലിക്കേഷന്റെ കസ്റ്റമർ എൻറോൾമെന്റ് ക്യാമ്പയിൻ കലക്ടർ രാജു രാജ് എം.എ. ചൊല്ലുന്നു.

യുമായി ബന്ധിപ്പിക്കും.

തൃക്കാക്കര നഗരസഭ ആരോഗ്യ സ്റ്റാന്റഡിൻ കമ്മിറ്റി ചെയർമാൻ റഷീദ് ഉള്ളമില്ലി, കൗൺസിലർമാരായ എം ജെ ഡി.കുറുപ്പൻ,

ഷാജി വാഴക്കാല, ലാലി ജോഫിൻ, സി സി വിജയ, അഡ്വ. ഹസീന ഉമ്മർ, ഷാന്ത അബ്ബൂ, മിനുപി, സുമ മോഹനൻ, ശ്യാമിത്യ മിഷൻ പ്രോഗ്രാം ഓഫീസർ ധന്യ

ജോസി, നവകേശ്വര കർമ്മപദ്ധതി ജില്ലാ കോ-ഓർഡിനേറ്റർ എസ് രഞ്ജിനി, ഫാ. ജിനിപ്പൻ കർത്താനം, ലിസി കാച്ചുപ്പിള്ളി എന്നിവർ സംസാരിച്ചു.



Women's Day Celebration

The MX Bharata Mata- Personality Pageant Show started by 11:45 am at the Bharata Mata college auditorium. 1st round with 19 participants i.e., self- introduction round with traditional attire. All the 19 participants hit the ramp and gave self-introduction about themselves. After the 1st round, we had a mesmerizing song by Indrajith (student of BMC) and a splendid dance performance by the social work trainees of Bharata Mata School of Social Work. After the performances, everyone was dispersed for lunch and the time was 12:30 pm. After the lunch, the 2nd round of the Pageant show was started by 2:00 pm. The second round was Q;A round with the 19 participants. After evaluation, there was a tie for the 1st runner up which was followed by round 3 in which chest 14 and chest 19 was given 60 seconds to pen down their thoughts on success. By this the pageant show was winded up. And the time was 3:00 pm.

The awarding ceremony was started by 3:20 pm at the BMC auditorium in which the MX Bharata Mata title winner and the best women councillor was to be awarded. The ceremony started by the welcome address which was given by Tony M Tom (Assistant Professor of BMSSW). It was followed by announcing the MX Bharata Mata title winner 2023 and the subtitle winners. The ceremony was followed by the Presidential address by the Principal of Bharata Mata College Dr Johnson K M and the felicitation speech by Fr. Jimmichan Karthanam (Assistant Director of BMC).

Later, the women ward councillors of Thrikkakara Municipality was honoured with a token of appreciation for their service and hard work by the Bharata Mata College. Followed by awarding the best ward councillor. After a study conducted by the social work department one of the woman ward councillors was awarded as the best ward councillor. Principal Dr Johnson K M declared Rashiya Rishad as the best ward councillor 2023. The ward councillor was awarded with a cash prize and a momento for her best service and dedication to her work. Later she addressed the audience and the college with love and gratitude. The whole ceremony was concluded by vote of thanks which was given by the Head of the Department of BMSSW, Dr. Sheena Rajan Philip. A photo session was also held with the ward councillors and the teachers and management of Bharata Mata College. The programme ended by 4:00 pm.



Observation Visit

Batch 2020-2022

INTRODUCTION

Observation Visits aim to make the students get oriented to the objectives, administrative structure and process and the client system of various organisations in the field of social work. As social work is a practised based both practical and textual knowledge is very essential. Observation visit help trainees to explore different settings of social work profession and update existing knowledge.

As part of 4th semester curriculum 2nd year MSW trainees went for a 2 days observation visit on 20/06/2022 and 21/06/2022 at Calicut. The trainees in total visited 5 Organisations:

- OISCA international Calicut
- Centre For Social Research and Development
- Gender Park
- Tottem
- Sheryas

DAY 1

OISCA

As part of the observation visit the trainees first visited the OISCA International Calicut, The

organisation has arranged 3 sessions for the trainees in which they shared about the working of the organisation and different projects of the organisation. Observation

- The organisation do have well maintained infra structure facility for its activities.
- Each project have separate project heads
- Handicraft and artwork done as part of AHMY are being exhibited in the organisation

REFLECTION

The organisation do have well planned working strategy which help in identifying the potential area and improving it. Most of the project of organisation are unique and it mainly focuses on youth development.

Centre for Social Research and Development

CSRSD was the 2nd organisation trainees visited Advocate Tito Thomas the Chairman of the organisation welcomed the trainees and gave a session about the journey of the organisation and its various activities

REFLECTION

It is always important for a social worker to think differently other than the conventional way the CSRSD is an organization formed from such a thought. The knowledge about the projects they are working helps in the smooth functioning of the organisation



Gender Park

INTRODUCTION

Gender park was the 3rd organisation visited by the trainees. Gender park is an initiative of the Government of Kerala to work towards gender equality and empowerment in the state. It was established under the ministry of Development of women and child development. The trainees attended a session in gender park and during the session the officials explained about the concept of gender park and its activities. Later the trainees visited the museum and library in the same compound.

REFLECTION

Gender neutrality is a quite important concept and it is very different from conventional approach of the society in this era people are coming out o their inhibitions and is trying embrace their sexuality which is very important so initiatives such gender park gender museum promote a gender neutral approach among society.



Totem Resource Centre

On 2nd day of observation visit trainees visited 2 organisation. The First organisation was Totem Resource Centre in Wayand. After reaching the organisation Mr JaiSrikumar the head of the organisation gave trainees a session in which he explained to the trainees about the organisation and its projects.



Shreyas

The last and final observation visit was in Shreyas, Shreyas is an organisation working for sustainable development and Justice. The trainees do attended a session in organisation in which the resource person gave the trainees a brief idea about the working of the organisation and its various programs.

CONCLUSION

It was wonderful experience for the trainee each organisation helped the trainee to gain more knowledge and understand about different scenarios existing. Observation visit the trainees to understand the working organisations and also about different project.

Sahrudaya Welfare Services Ernakulam

The first observation visit was to Ponuranni Sahrudaya Welfare Services Ernakulam. We started from college at 9:05 am. We were accompanied by Aan Mary Joseph faculty of BMSSW. We started our journey with a prayer song which was initiated by Bineesha Babji MSW student. We reached by 9:35 at Sahrudaya and by 9:55 our session started. Mathews sir was appointed as our guide at Sahrudaya.

Our first session was initiated by Father Joseph Kuzhuthuvalli. He briefly addressed to us the history of the NGO and the programmes they run for the differently abled, transgenders, women empowerment, etc. The second session was taken over by our guide Mathews sir. He explained to us the programmes they conduct in detail i.e, the light a life mission, family development goals, Child development activities, etc.

The third session was conducted by the environmental department head Antony Paul sir. He explained to us the different methods to conserve the environment with examples and many more.

The fourth session was taken over by Celin ma'am who is the in charge of the community health department. She explained to us the different community diseases that are prevalent in the society nowadays and the causes and prevention method.

At the end Ashwin MSW student delivered the vote of thanks to all the Sahrudaya officials and incharges for their valuable help and support.

We reached the venue at 1:45 in the afternoon. Sr. Helen explained to us the history of the organization. The main aim of the organization is to give refuge to the children who are rejected by the society. She explained to us the aim/objectives of the organisation in brief, the programmes they offer, their features, etc.

After the informative sessions we were taken to interact with the special children. They were very cooperative. They performed many cultural activities and showcased their talents. Later trainees mingled with the kids. It was very fruitful day for the trainees.

DAY 2. (15/09/2022)

KRIPA

Day 2 of observation visit was started from the college at 9.10 am and by 9.45 social work trainees reached the destination 'Kripa'. The centre for rehabilitation and early intervention

KRIPA (Kerala rehabilitation institute for physically affected) was funder in 1981 under the aegis of the CMI SH province and Rajagiri .Fr. Dibin Mangalam the director of the organisation welcomed us and introduce the institution wholeheartedly .

After the introduction social work trainees met the students and interact with them , through that interactive session , the students sang and danced with all of us . then at 11.45 am the director Fr. Dibin Mangalam guide the students to activity area , where umbrella , books and candles made by the students and former students are kept. They also demonstrated and explain the process of book binding. Then we had lunch and left there by 2.00 pm.

RAJAGIRI OUTREACH

The second visit was to Rajagiri college of social science Kalamassery and arrived at 2.30 pm. mam introduced Rajagiri outreach programme and its different projects. First session was taken by mam about child sponsorship program, education support to the children and women entrepreneurship.

Second session was about Jal Jeevan mission taken by Abjith sir. The main scheme of this program is to provide water supply through pipe to every houses. Sir explained the process and the projects for this program.

Third session was kaaval project, Joicy mam clearly explained about the department of women and child development. This project is to care and protect the children

Forth session was taken by Jaison sir about kaaval (ccl) especially for children in conflict to law. Main aim of this program is to provide psychosocial support and better environment life.

Fifth session was about Harithakarmasena mission by Megha mam. The session was based on zero waste management of Keezhmadu Grama panchayath. The project is to provide training to Kudumbashree members to collect waste and the proper disposal of waste through the waste management system.

Sixth session was taken by Linta mam about sponsorship program. The program is to provide sponsorship based on the case history of a child.

Last session was a interesting topic social impact assessment by Biju sir. This is mainly focuses on their infrastructure development of a society. At the end of the session Aswin delivered the vote of thanks.

DAY 3

HOPE COMMUNITY VILLAGE

Day 3 of observation visit was started from the college at 9.10 am and by 10:42 social work trainees reached the destination 'Hope community village'. Hope community village is a group foster care registered under juvenile justice care and protection of children act 2005. Village is implementing 5 projects and one programme such as Hope children's village, Hope kinder garten ,Hope ITacademy, Hope cultural academy, Hope community Library, Hope outreachcentre. Mr Amal Sebastian the administrator introduced the Hope community village. He spoke about the child care institutions and the JJ Act, and he showed a video of Hope community village. Village was set up in 1995 by john witch who was a foreigner. Trainees got a clear idea about the organisational structure of the village. Amal Sebastian sir introduced Hope community village Director, Mr Shanthiraj annd sir provided comprehensive information about the village. As he went on, he shared his experience as a social worker and the challenges in the society. The session was very informative and interesting. On 12:45 Amal sir guide trainees to houses and gave general instructions. Trainees are divided into 6 groups and they visited 6 houses. Trainees keenly engaged with the children and the mother. On 1:30 trainees returned and discuss about their experiences. Sir cleared up doubts regarding the homes and discussed the challenges, funding and inspections.



DAY 4 (1/10/2022)

AGRONATURE

Day 4 of the observation visit started at 10:15 am and by 11:10 am social work trainees reached the Agronature. It is a premier agricultural consultancy with the expertise of over a decade in identifying, building, and marketing agriculture solutions that are commercially viable, and environmentally sustainable. Mr Aravind Krishnan, The social factor coordinator welcomed us and introduced us wholeheartedly. The First session was handled by him. The main purpose of Agronature is to benefit the community that is linked directly, real-world implementation and social extension component.

The second Session was handled by Renjith Rajendran Bharippil, CEO and founder of Agronature. He talked about how social workers should maintain the basic qualities while working with the communities. A responsible tourism model is a tool which helps to build community development. The international policies has also implemented through this model. It mainly focuses on three areas - the economic, social and environmental aspects of the destination. As part of academic extension and outreach activities which are organized by Agronature subsidiary social factor. They have handed over the Memorandum of Understanding to the institutions, out of which our college has also been a part.

The Third session was taken by Dr. May Meenu Jacob May Director of Research and Project Development. She discussed the example of Kailash Satyarthi who is a social reformer where each social worker should try to bring a change in a society like him and also create an impact on society. She also mentioned the importance of research in the field where trainees should actively engage.

The fourth session was taken by our Super Senior Gayathry, Project Coordinator. She talked about the internship project and she divided us into two groups where each group has been allotted to work with different communities, one is the farming community - Pokkali and the other is the Weaving community. Then, she explained the field project on which we should work.

Last but not the least, Aravind Sir concluded the session. He added to the point that here, social work trainees are chartered out at the community lab. It calls as a where one should be able to transform tools of learning into actionable measures that create a positive impact in communities. After that we had refreshment and leave by 1:00 pm.



Asha Bhavan (women)

ASHA BHAVAN Trust is located in thrikkakara, kakanad, Ernakulum, Kerala. It is an NGO committed restoring broken lives, especially mentally disabled women. This institution aims at the welfare and development of disabled women. As a part of the observation visit, trainees reached the institution at 10am on 22/3/2013, Wednesday. Sr.Princy the welcomed social work trainees. There were 21 inmates present there at the hall and trainee had a small interaction session with them. Cultural programs began at 10:30 am. Social work trainees and inmates participated in that event. Through their performance, inmates showed us that what are they capable of. After the cultural programmes trainees had an individual interaction with the inmates. Trainees got an opportunity to know about the inmates and their life style at Asha Bhavan .The program were concluded thanks by Angel Feba John.

During the visit, trainees understand about the services and functions of the institution. Asha Bhavan offers individualized treatment plans that can be unique to each clients. The treatment may include medication management, therapy, counselling.

Overall, Asha Bhavan provides a supportive and caring environment for individuals with mental illness.

Outcome

- Understood the procedure of get admission for inmates to the organisation.
- Understand the organisational structure of the institution.
- The observation visit help to build a relationship with rehabilitation center.
- Trainees understood the functions and service provides by the institution.
- Learned about the scope of social work in the institution



Asha Bhavan (Men Home)

ASHA BHAVAN Trust is located in Thrikkakara, Kakanad, Ernakulum, Kerala. The inmate category in this institution is mental illness cured persons.

As a part of the observation visit, trainees reached the Asha Bhavan (men) rehabilitation centre for mentally ill persons at 10 am on 23/3/23, Thursday. Mr. Josh Joshy, the superintendent of the institution gave the trainees a informative session about the institution, it's working, functions, services etc.

Asha Bhavan is a rehabilitation centre for mentally ill persons located in Thrikkakara, kakkanad, Kerala. The centre is focused on providing long term residential care & rehabilitation services for individuals with mental illness. Mr. Josh Joshy in his session, he explained many schemes launched by the government of India under the ministry of social justice of empowerment aimed at promoting social justice of empowering marginalized communities.

After the session by Mr. Josh Joshy, trainee had an interactive session with the inmates in the institution. At 1:15pm, trainer left the institution by gathering valuable information.

During the visit, on trainees observed that Asha Bhavan provides a safe and supportive environment for men with mental illness. The organisation offers a range of services such as medication, yoga, exercises and recreational activities. Patients who required long term care are also accommodated.

Overall, the visit to Asha Bhavan have with the impression that the centre is committed to provide quality care and helping patients with mental illnesses recover and lead fulfilling lives.

OUTCOME

- Understood the procedure of get admission for inmates to the organisation.
- Learn the organization structure of the Asha bhavan (Men)
- Learned how a government involved institution works.
- The role of social justice department in taking care of people who are
- The observation visit helped understand the role of social justice department in taking care of people who are mentally ill and providing them a safe environment.

“Kooda 2022” - Rural Camp

DAY 1

The rural camp of the batch 2021-2023 was at Kanav it was a 7 day camp . The pre campers already settled there on 18/03/2022, Friday and they cleaned the library, kitchen and bathroom for the basic use. On the next day, 19/03/2022, Saturday, MSW trainees reached Kanav by 12:00 pm. After having the lunch they went for inviting the native people for the inauguration function. Along with that they also collected the necessary tools for cleaning and other works. By evening the inaugural function began . Coordinators and faculty incharges felicitated the event. Cultural events were also conducted. During the night after the dinner the evaluation meeting was held the programme schedule and activities for the next day .

DAY 2

On the second day of rural camp 20th march 2020 Sunday. All student trainees wakeup by 6AM after having their morning regular routine by 7 AM they went to “KALARITHARA”. Mrs Mini and Ms Sudhi give the training for kalaripayattu. Mini and Sudhi, one of the early students of kanavu school. After kalari by 8 AM social work trainees assemble at kanavu main hall for presenting camp paper. After breakfast trainees moved on to their assigned activities. In the evening 8 members went for study, other members engage in kitchen duty and cultural committee members went to forest for collecting woods in order to set their camp fire and practice their cultural event. By evening 6:30 cultural committee begin their cultural events. People residing near kanavu all take part in cultural events. After having their dinner by 9:15 student trainee assembles at library for having their evaluation. Evaluation meeting was over 10:00pm

DAY 3

On the third day of rural camp 21th march, Monday. Trainees waked up at 6:00 AM and by 7 they went for Kalaripayattu training. movements. By 8:00 AM student assembled at main hall for Camp-paper. By 9:30 AM after having their breakfast trainees continue their work like cleaning outside area after completing that they engaged in cleaning the inside area. In the evening by 6:30. trainee and faculty assemble for cultural events. Neighborhood people also participate in that event which was colorful with games, music and dance so on. By

9:30 after dinner trainees settle for evaluation meeting they shared their experiences by 10:00 PM the meeting ended.

DAY 4

On the fourth day of the day the trainees followed the same routine and By 7:00 trainees went for Kalari After having breakfast by 8:00 AM trainees continue their work like cleaning outside area after completing that they engaged in cleaning inside area. After Lunch 8 trainees went for survey other return to their assigned duties. By evening 6 PM live interaction session was conducted with Mrs Mini and Ms Sudhi one of early student of Kanavu school. They share about previous condition of Kanavu school their activities both musical art and craft which had performed and displayed at international level. Mrs Mini were able to handle eight languages. After that cultural programmes were also conducted. By 9:30 after having their lunch Settle down at library for evaluation. During this session trainees share their experience in rural camp and talk about the skills that they learned.

DAY 5

On the 5th day of rural camp 23rd March Wednesday All student trainee wakes up at 6 AM after having their regular morning routine they went for Kalaripayattu. By 8AM student assembles at main hall for presenting newspaper. By 9:30 AM after having their breakfast trainees continue their work. Afternoon Faculty members and hod of the department and Manager of BMC Rev Fr Dr Abharam Olipurath reached Kanavu and meet MSW trainee the trainees share their experience about rural camp. Evening by 6:30PM documentary presentation was arranged by regarding wildlife mainly about snakes. By 9:30 after having their dinner Settled down at library for evaluation.

DAY 6

After their daily routines at the camp and Kalaripayattu trainees assembled in the hall for Camp paper reading. After that trainees went for doing their assigned duties. By 1 pm trainees had their lunch and the last team went for data collection rest of the trainees get back to their work. By 6:30 student assembles at library for documentary presentation but before that Baby Sir (head of blue point organisations) and Helvis (Social worker) conversed with student trainee about rural camp experiences. By 7 PM documentary presentation was

arranged by members of kanavu school. Mrs Leela Santhosh first tribal director present her short film to the trainees. After that cultural programmes were conducted along with the camp fire

DAY 7

On the 7th day of rural camp 25th march 2022, it was the last day in the camp. So after the regular morning routines every turns to finish the final works, cleaning the rooms, windows and finshing all the painting works. Then afternoon after the lunch decided to move from there.

Before leaving a meeting was arranged to share the experience with them. Baby sir, Mr. Sudhi, Mrs. Mini and all other members participated in the meeting and everyone shared there experience. They had gifted the trainees a token of love. For trainees it was a good pleasant experience.



“Satvi- The Existence”

DAY 1

Bharata Mata School of Social Work in association with Agronature conducting a five-day rural camp SATVI 2023 from February 2-7 at Marayoor Gramam and Nachivayal, Idukki district. The camp focused to know the scope of Responsible Tourism in the communities of Marayoor

Trainees reached Marayoor by afternoon, after reaching trainees cleaned two community halls, washrooms, and made necessary arrangements for cooking. Trainees had lunch at 2:30 p.m. Trainees divided into two groups and went to two wards (8 and 10 of Marayoor Gramapanchayat) at 4 p.m. to invite the local people to attend the inaugural function, on January 3, 2023. After dinner trainees had evaluation meeting and discussed about the inaugural activities.

Day 2

Day 2 of the rural camp SATVI (03/02/2023, Friday) started with yoga at 6:30 am. It was followed by camp paper reading. Later the schedule of the day was discussed and by 9:AM trainees started the survey. After the survey trainees began the final preparation of the inaugural function. The programme was started at 11 a.m. by the camp anthem. George Milan Mendez, the programme coordinator, invited honourable guests to the programme. Sheena Rajan Philip, HOD of BMSSW, introduced the objectives of SATVI to honourable guests and native people who had gathered for the programme. Mr. Manikandan vice, president of Marayoor gram panchayath, spoke on the major problems faced by native people, such as the drinking water problem, and motivated trainees to study the problems as well as inform the government about them. Mrs. Usha Henry Joseph, president of Marayoor gramapanchayat, inaugurated the programme. Mrs. Deepaarul Jyothi, Mrs. Rosemary Joseph (eight and ten ward members), Slim M. (the Haritha Kerala Mission coordinator), and Mr. Goodwin Jose (the Agronature Coordinator) facilitate and promise to have all the support for the programme. The programme ended with a vote of thanks by the coordinator, Ms. Revathi M. R. After the lunch a discussion PRA was done and the trainees were divided in 5 groups went to different ward for data collection using PRA. Trainees retired to the community hall at 4:30 p.m. and started to prepare PRA reports. After 6:00 p.m., a cultural programme

was started with the participation of the people of Marayoor Gramapanchayat. The Bharat Mata School of Social Work Manager, Rev. Fr. Abraham Oliyapurath, had arrived and welcomed the cultural program. This was followed by performances by children and social work trainees. After completing the cultural program, the trainees went to dinner at 8 p.m. The evaluation meeting was started with a feedback session by different committees, and a plan was made for the next day by 9 p.m.

DAY 3

The third day began with YOGA session after the morning routine trainees started the data collection process by 9 Trainees returned by noon after lunch. Trainees left Marayoor Gramam at 2:55 p.m. and arrived in Nachivayal at 3:10 p.m. Trainees arranged the community hall and later sent groups of trainees to invite natives of the community for a cultural programme. The cultural programme began at 6:00 p.m. with the camp anthem, and trainees ensured that both residents and trainees participated. After dinner the evaluation meeting was held which discussed the activities of the day and planned for the next days programme.

DAY 4

As the trainees has shifted to new area the activity planned for the day was to conduct PRA in the area after the morning routine the trainees were divided into 5 groups and went to community for conducting PRA. The trainees returned after PRA by 2:00 PM after lunch trainees began preparing the PRA documents with the collected data. Angel, Aswin, Joyal, and Agnes were instructed conduct an awareness class for the an awareness class for the village children after 3.30 p.m. a cultural programme began at 6:00 p.m. Social work trainees ensure the participation of people in the community. Later after Dinner evaluation meeting was held.

DAY 5

On the 5th day after the morning routines the trainees gather in the community hall and the camp paper was read. Later on traiees along with the faculties went for a trekking at Muniarra After trekking trainees reach back to community hall by noon. After lunch traiees cleaned the

community hall area and began packing as the camp is ending tonight.

Later, at 6:30 p.m., an ice-breaking session for the children was held at the Nachivayal, and as the number of people increased, the cultural committee began with the inaugural function in the presence of Vijay Kalidas and the camp coordinators. Mr. George Milan Mendez (the student coordinator) gave the inaugural speech, and Ms. Sona (the assistant coordinator) gave the vote of thanks. By 9:00 p.m., the social work trainees had their dinner, and from 10:45 p.m. to 12:45 a.m., a campfire was held during which the faculty, along with the Hod and other students, shared their camp experiences and memories.

Day 6

Day 6 was the last camp day after the morning routines trainees were divided into different groups and started cleaning the area they have been living after cleaning and packing the trainees left Marayoor by 11:00 AM.



Agneyam 2022

AGNEYAM 2022 started by 9:45 am it began with reseiting Bhagavad-Gita Bible and Quran. The word AGNEYAM means fire. The program was lead by MSW students Angel and Bhavapriya. The program started with the formal function by inviting all the guests, principle Dr. Jhonson K.M gave a message on how to be a responsible citizen, Assistant director Fr. Jimmy honoured alumini Adv. Vincent and Ullas Madhu. The best outgoing student award was given to second year MSW student Ashna Dennis. Next the main guest of the program Daya Bhai was invited she was an Indian activist from kerala working among the tribals of Central India, she talk about “social work is not a career but a way of life”.

The event commenced with the welcoming of the guests. MCs were the student trainees Angel Rose and Bhavapriya. Before the chief guest took the stage, she was assigned the duty to hand over the momentous to two of our alumni- Adv Ullas Madhu and Adv Vincent Joseph. She also handed over the best outgoing social worker award to Ms Ashna Dennis. Dr Elsa Mary Jacob described the process of selecting the best outgoing student as a chance for the faculties to reflect on the transformation of the students.

Afterwards Daya Bai took over the stage to have the main session of the event. She talked about her journey to becoming what she is currently

“I’m living my life.” This was her answer when a trainee asked about her being a social worker. According to her all that she has done is fueled by her passion to help people. Her father’s stories about Gandhi influenced her to a great extend. She desired an adventurous life like him. She took critisms as challenges in life and continued her journey “to release the oppressed”. She walked the trainees through her experiences in Bihar and about volunteering at Calcutta to help the refugees of war. She said “I’ve always been a misfit”. She got over the feeling by being one with the community.

Just when she thought she don’t need to do much, she visited Endosulfan victims at Kasargode. By saying this, Daya Bai enacted a heart touching streetplay on the instances she witnessed there. She said that her next plan is to do a hunger strike for the victims.

Throught the question answer session with the trainees and faculty, Daya Bai conveyed that social work is not a career but a way of life. By giving message to the trainees to be non judgemental and always open to learning new things, she concluded her session.

Afterwards, a presentation on the activities undertaken during the previous academic year was displayed. The event concluded with a vote of thanks by Ms Bhavapriya.



Mentoring Report

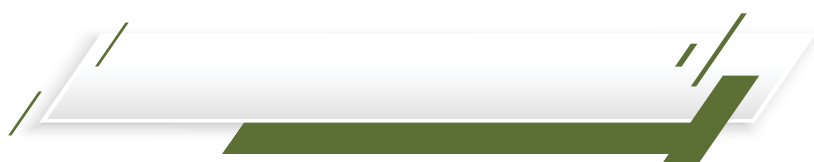
The Social Work department follows the mentoring system initiated by mentoring Cell. The students are grouped and assigned a mentor teacher who is responsible for collecting academic performance and class attendance of individual students. The mentor regularly meets with mentees and is given necessary information regarding his/her mentees and is expected to offer guidance and counselling as and when required. In isolated cases, parents are called for special meetings with the principal at the suggestion of the mentor. The result of the system has been implemented significant improvement in the teacher-student relationship. The system has been useful in identifying slow learners and advanced learners. The department organizes a remedial class on different subjects within the syllabus for poor/slow learners.

Department Mentor list 2021-22

Sl No.	Name of the Mentor	No. Mentees	
		1st year	2nd year
1	Dr Sheena Rajan Philip	8	7
2	Dr Elsa Mary Jacob	8	8
3	Dr Reshma K S	7	7
4	Asst.Prof.Sooraj S	8	8

PTA

The Parent-Teacher Association (PTA) gathered each class separately. PTA provides parents and teachers with the opportunity to exchange views, work together with the development of students as well as college. General feedback from parents is collected and discussed. The Head of the department and all subject teachers represent the college.



SI No	Class	Date and Time
1	Batch 2021-2023	4th week of September

Alumni Interaction

SI. No	Date and Time	Name of the Alumni	Topic of the session
1	Mr Shanthilal.K	25/02/2022,3:00PM	Social development and SocialWork
2	Mr Jose Saurab	28/05/2022,5:00 PM	Social Work conducted Life Experience programme

Student achievements - co curricular / Sports activities

SI No	Name of the Student	Class	Achievement
1	Santhosh Karki	Impact of Covid-19 among children of south asian countries	BCM College Kottaym
		Transgender Inclusion in kerala; A Qualitative examination of deeper concern	Dist Angamaly
		Holistic development of children with disabilities;An institutional study	St.Xaviers college, Kathmandu,Nepal
		When Indigeneity puzzles modernity;A qualitative Enquiry on Health and cultural sensitivities of Malapandaram tribal community	Rajagiri college of social sciences , Kalamassery
		A qualitative enquiry on socio-economic disparities and child labour among chepang children of Nepal	BCM College

2	Abhirami K P	<p>Transgender Inclusion in kerala; A Qualitative examination of deeper concern.</p> <p>Changes in Popular beliefs and attitude About Ageing and Attitude of Aged Towards Themselves</p> <p>Slow Acceleration of economic growth, in the field of social entrepreneurs in Kerala Perspective</p>	<p>Dist Angamaly</p> <p>7th International conference on medical and psychiatric social work practice across the health care spectrum.</p> <p>PSG College</p>
3	Grace Thomas	<p>Holistic development of children with disabilities; An institutional study.</p> <p>When Indigeneity puzzles modernity; A qualitative Enquiry on Health and cultural sensitivities of Malapandaram tribal community</p>	<p>St. Xaviers college, Kathmandu, Nepal</p> <p>Rajagiri college of social sciences, Kalamassery</p>
4	Abel Joseph Martin	<p>Changes in Popular beliefs and attitude About Ageing and Attitude of Aged Towards Themselves</p> <p>Slow Acceleration of economic growth, in the field of social entrepreneurs in Kerala Perspective</p>	<p>7th International conference on medical and psychiatric social work practice across the health care spectrum PSG College.</p>
5	A.S. Gayathry	New Normal: A study of institutionalized social isolation of Queer	people in Kerala in light of the current trend in Media, K E College
6	Sharmin Jose Y	New Normal: A study of institutionalized social isolation of Queer	people in Kerala in light of the current trend in Media, K E College
7	Sandra Noble	Breaking Disparities " A study on the barriers and enablers of female sports persons in Kerala	KE College
8	Bhavapriya	Breaking Disparities " A study on the barriers and enablers of female sports persons in Kerala	KE College

9	Goodwin Jose	Breaking Disparities " A study on the barriers and enablers of female sports personals in kerala	KE College
10	Daniel Raju	Breaking Disparities " A study on the barriers and enablers of female sports personals in kerala	KE College
11	Aleena Mary M J	Social Work Response to Post disaster Mangement	Zrava 2K23 Christ College
12	Jesny James	Social Work Response to Post disaster Mangement	Zrava 2K23 Christ College
13	Merin Babu	Child labour, A social responsibility issue	Samanwya BCM Collge
14	Sona Sabu	Child labour, a social responsibility issue	Samanwya BCM Collge
15	Vidhu Martin	Effect of flood and pandemic in the education of children in kerala	Samanwya BCM Collge
16	George Milan Mendez	Effect of Flood And Pandemic in the Education pf Children in Kerala	Samanwya BCM Collge
17	Anita George	Child Trafficking and Child Rights Reality and Realisation	Samanwya BCM Collge
18	Shone Joseph	Child Trafficking and Child Rights Reality and Realisation	Samanwya BCM Collge
19	Ashwini Mary	Digital Age: The challenges and strategies taken by parents in current era.	Samanwya BCM Collge
20	Jessila Mol N	Digital Age: The challenges and strategies taken by parents in current era.	Samanwya BCM Collge
21	Angel Feba John	Substance Abuse: A Study on the children of Marayoor	Samanwya BCM Collge
22	Ann Mary Oommen	Substance Abuse: A Study on the children of Marayoor	Samanwya BCM Collge
23	Ameerali K Y	Substance Abuse among school children: Role of student police cadet (SPC) in preventing it.	Samanwya BCM Collge
24	Tom S Chengalath	Substance Abuse among school children: Role of student police cadet (SPC) in preventing it.	Samanwya BCM Collge
25	Anupriya R	Review study : parental migration	Samanwya BCM Collge
26	Anjana M Francis	Review study : parental migration	Samanwya BCM Collge

27	Parvathy S	Challenges faced among the age of 6 - 12	Samanwya BCM Collge
28	Agnes Treesa Sevi	Challenges faced among the age of 6 - 12	Samanwya BCM Collge
29	Alamin k y	"Concept of sexual abuse in children and social responsibility in the present scenario"	Samanwya BCM Collge
30	Aswin K M	"Concept of sexual abuse in children and social responsibility in the present scenario"	Samanwya BCM Collge

Student Achievements - Prizes Achivedes

Name	Position	Achievement
Swathi Lakshman	2nd	Poster Making Competation orgnaised by Athma My Mind My Care
Nidhi Leji George	2nd	Project Proposal Writing Zravas 2K23 Christ College
Raghendu	2nd	Project Proposal Writing Zravas 2K23 Christ College
Jesny James	3rd	Extempore Zravas 2K23,Christ College
Bijunu Johnson, Ashna Dennis, Taniya P joy,Osheem Jaison, Isha Elizebath	1st	Theme Dance "AWAKE 2K22"KE College
A.S.Gayathry,Sr Selmi Sabu,Ashna Dennis,Jewel John,Neeva Babu,Daniel Raju	1st	Skit "AWAKE 2K22"KE College
Basil Joseph,Svethakrishna	1st	Documentary"AWAKE2K22"KE College
George Milan Mendez	1st	Extempore Samanwya 2K23
Harikrishnan Menon and Vidhu Martin	2nd	Short Video Making Samanwya 2K23
Aswin K M and Amy Ermin	3RD	Academic Poster Presentation Samanwya 2K23

Department level Infrastructure

Total Number of Class rooms:6

Smart Classrooms2

Normal Classrooms 4

Electronic Gadgets:

Desktop Computer 3

Printers 2

Projector 1

Mic 3

Trolli Speaker 1

Furniture and Fittings:

Desk 100

Bench 100

Chair 120

Table 3

Shelf 8

Alamarah 2

2022-2024 Batch



Fellowships

SI No	Name	Fellowship
1	Ashna Dennis	Indigenous Peoples Collective, Thammanam
2	Svethakrishna V B	Cloud cuckoo land Thrikkakkara

Department Meetings

Department meetings organised on a weekly basis. Another meeting has been conducted once in a month under the leadership of the college manager to assess the monthly progress of the department. HOD will preside over the meeting. All the staff members will share their work related updates in the meeting. The agenda of the meetings will be sent in advance and the minutes will be prepared by the staff secretary and shared with the members before the next meeting

- Plan the activities to be done in this month

SI No.	Date and Time of Meeting	Major Agenda
1	05/01/2022	Internal Exam Workshop on Communication skill Commencement of Third semester-
2	11/01/2022	IQAC report 1st years Rurak camp 2nd years observation visit Tentative Academic Calendar
3	02/02/2022	Online Classes Field work Result Publishing

4	09/02/2022	Result publishing of junior batch internal exam Network and collaborations Field work Research of the senior batch
5	16/02/2022	Field work Research Placement
6	25/02/2022	Field work Rural camp Research Internal exam
7	02/03/2022	Field work Rural camp Research Internal exam Discussion on attendance of dtudnets
8	08/06/2022	Field related updates Research related updates MOU related updates Programme related updates Year plan related updates. AES link discussion
9	30/06/2022	Admission related updates Field related updates Research related updates
10	14/07/2022	Admission related updates Field related updates Research related updates Programmes related updates
11	17/07/2022	Admission related updates Admission Process discussion Field related updates Research related updates Programmes related updates
12	10/08/2022	Admission related updates Field related updates Programmes related updates Welcoming of New Faculty
13	29/08/2022	Admission related updates Field related updates Programmes related updates

14	12/09/2022	Vidyarambham Discussion Date Selection of Vidyarambham Time schedule discusiion of 2nd Semester Planning of monthly evalaution meeting with students Discussion on Add on courses: <ul style="list-style-type: none"> • Geriatric • Disability study
15	19/10/2022	Review of programme conducted Programmes related updates Admission Class Time Table – afternoon hours Nanma Feedom functioning Student Association Communication class Mini Research Research/Dissertation Upcoming programmes
16	03/11/2022	Internal Exams Specialization Orientation MoU Updates Syllabus Printing Announcing Class Teachers
17	09/11/2022	2nd Semester internal exam 1st semester Internal exam Mini Resrach discussion of 2nd years Rural Camp Discussion PRA Camp discussion NAAC criteria wise Documentation Placement brochure creation
18	15/11/2022	Theatre workshop Specialaisation Orienatation Salasian College MoU Discussion PRA workshop Budget Discussion
19	07/12/2022	Evalaution of PRA workshop Student Association Discussion Evalaution street play workshop

Faculty Attended Programmes

FDPs/ STTPs/Workshops/Seminars / Conference/ Webinar

Total Number of FDPs/ STTPs :3

Total Number of Workshops :1

Total Number of Seminars / Conference :1

Total Number of Webinar :3

Name of the Faculty	Seminars/Conferences Attended	Workshops/ Trainings	Add on Courses	FDPs/ STTPs/ Workshops/ Seminars / Webinar
Dr Sheena Rajan Philip	Scopus 2K22 International Conference on Gender Perspectives: Pre-conceived Ideas and Stereotypes.	'Training of Trainers'	Organized By, DTNBWED, Ministry of Labour & Employment, Government of India, Regional Directorate, Kochi Prevention of Drug Abuse among Children.	Forensic Social Work Workshop Organised by National Organisation for Forensic Social Work South Africa
Dr Elsa Mary Jacob			Training of Trainers' Organized By, DTNBWED, Ministry of Labour & Employment, Government of India, Regional Directorate, Kochi	
Mr Tony M Tom			Resource Person Training Programme Organised by Energy Management Center	
Dr Reshma K S				Integrated Child Development Psychology Organised by Manomaya

Paper Presentations by Faculties

Sl no	Name of the Faculty	Paper Name	Institution Presented
1	Dr Sheena Rajan Philip	New Normal: A study of institutionalized social isolation of Queer people in Kerala in light of the current trend in Media	K E College
2	Dr Elsa Mary Jacob	Transgender Inclusion in kerala; A Qualitative examination of deeper concern	Dist Angamaly
3	Mr.Tony M Tom	When Indigeneity puzzles modernity;A qualitative Enquiry on Health and cultural sensitivities of Malapandaram tribal community	Rajagiri College
4	Mr.Sooraj M V	When Indigeneity puzzles modernity;A qualitative Enquiry on Health and cultural sensitivities of Malapandaram tribal community Social Work Response to Post disaster Mangement	Rajagiri College Christ College, Iranjalikuda

Book Publications

Sl no	Name of Faculty Member	Name of the Research Paper	Name of the Journal
1	Dr.Elsa Mary Jacob	Professional voluntarism among social work students as a response to the pandemic crisis	2022 Rajagiri journal of social development

Faculties as Resouce Person

Sl .No	Name of the Faculty	Topic Discussed	Instution
1	Dr Sheena Rajan Philp	Faculty Development Programme. Training Programme on Life Skills, Values and Leadership Research Methodolody and Scope of Social Work Field Practicum	St. Joseph College of Teacher Education for Women, Ernakulam NUALS Salesian College Siliguri Campus
2	Mr Tony M Tom	Faculty Development Programme. Training Programme on Life Skills, Values and Leadership PRA Workshop	St. Joseph College of Teacher Education for Women, Ernakulam. NUALS Bharata Mata College Choondi
3	Dr Sheena Rajan Philip	Research Methodolody and Scope of Social Work. Field Practicum	Salesian College Siliguri Campus





BHARATA MATA COLLEGE

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The WEEK - Hansa Survey-2023 Best Colleges of India Ranking 2nd in the State.

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