BHARATA MATA COLLEGE THRIKKAKARA



Vol-15, October, November, December 2023

BMCian RONICLE

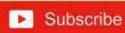
An IQAC Initiative









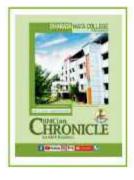






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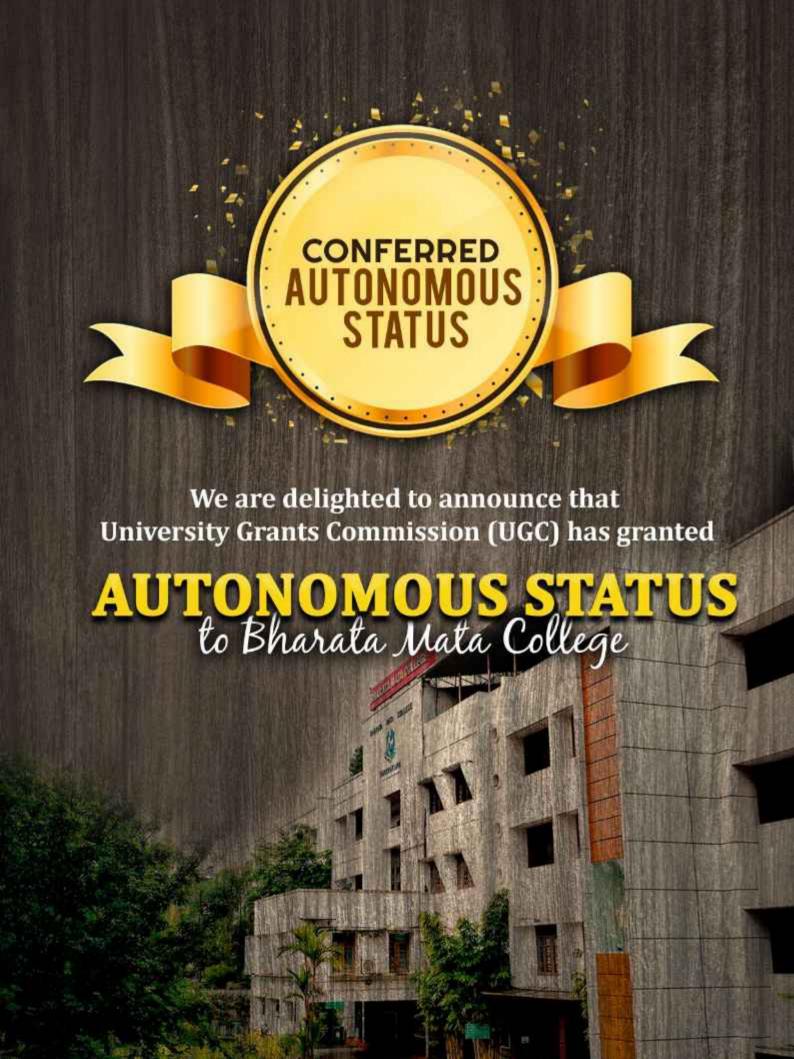
Message

IQAC Desk

Dr. Ajay Joseph

It is indeed a great privilege to announce a momentous achievement for Bharata Mata, as it attains the esteemed status of autonomy. Within this celebratory context, the IQAC emerges as the pulsating core of our institution, intricately woven into its essence. We thank everyone for the unwavering support that has been the driving force propelling us to this significant milestone, and lets together unfold the narrative as we embrace the challenges and opportunities of autonomous stature in higher education. This newsletter, a lively rhythm of information and celebration, echoes the collective triumphs and aspirations of our dynamic community.

The IQAC, dedicated to fostering culture of quality education, orchestrates a symphony of programs designed to equip our faculty and staff with the laest knowledge. Results, Research, and Student Outcomes take center stage, showcasing our noteworthy achievements in this year's chronicles. Let us embark together on this exhilarating journey towards excellence, where your cooperation, feedback, and suggestions become the guiding stars illuminating the IQAC's unwavering commit-ment to progress. Let's step together into a new chapter of boundless growth and triumph!







Dr. Lt. Nithin Thomas

ECONOMICS

PhD in Economics from University of Kerala under the Guidance of Dr M P Abraham, Associate Professor.

Dept of Economics, Govt College Attingal.

Topic: Economics of Group farming in paddy cultivation in Kerala

Research Guides



Dr. Shibi Thomas
Assistant Professor & Head
Department of Physics
Bharata Mata College, Thrikkakara



Dr. Rose Sebastian
Assistant Professor
Department of English
Bharata Mata College, Thrikkakara

COLLEGE UNION 2023-24

Mathews S Palapuram CHAIRPERSON





Sherin K Mathew VICE CHAIRPERSON



Akash Tom General Secretary



Arts Club Secretary



Mabel Mathew Francis Abdul Ahad A C Tomson Tomy University Union Counsellor



Dhanya Steen Mary M Thaliath Lady Representative



Angelo Seby Magazine Editor

CLASS REPRESENTATIVES



Asif Rasheed I DC



Benson Jossy II D.C



III DC



Abhinav Dileep Anjana Krishnakumar IPG



Eldho Babu II PG















Craduation CEREMONY

Date : 14 October 2023

Time : 10.00 am

Venue : College Auditorium

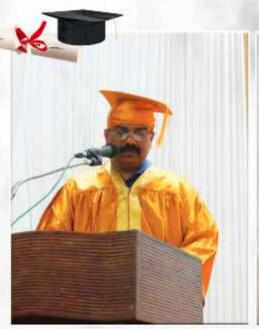
Bharata Mata College, Thrikkakara, celebrated the graduation ceremony for the 2020-23 batch on October 14, 2023, Saturday. The event was a momentous occasion for the 480 out of 485 students who turned up to mark the culmination of their academic journey. The ceremony unfolded with great enthusiasm and grandeur, showcasing the achievements and accomplishments of the graduating class. The academic procession, led by the esteemed Principal, Dr. Johnson K M, set the tone for the event. Rev. Fr. Dr. Abraham Oliyapurath, Director of Bharata Mata College, and Rev. Fr. Jimmichan Karthanam, Assistant Director, were also part of the distinguished procession. The Guest of Honour, Shri. M P Joseph IAS, Vice Principals Dr. Lisy Kachap-



pilly and Ms. Bini Rani Jose , along with other dignitaries, added to the grace of the occasion. The ceremony commenced with the invocation of blessings by Dr. Thara Gangadharan, Head of the English Department, seeking divine guidance for the future endeavors of the graduates. Dr. Johnson K M, Principal, Bharata Mata College , in his welcome address, expressed his pride in the achievements of the students and highlighted the significance of the momentous day. Rev. Fr. Dr. Abraham Oliyapurath, in his director's address, reflected on the academic journey of the students and encouraged them to carry the values instilled by the college into their future endeavors. Shri. M P Joseph IAS, as the Guest of Honour, emphasized the importance of quality education and urged the graduates to aim for the stars in their respective fields. The ceremony included the felicitation of rank holders from various departments, recognizing their exceptional academic performances. Certificates were then distributed to the graduates, marking the official recognition of the successful completion of their academic pursuits. A solemn oath-taking ceremony by Principal, Dr. Johnson K M added a symbolic touch to the event, emphasizing the commitment of the graduates to uphold the values of their alma mater. Dr. Manju Malathy, Head of BBA, extended a vote of thanks, expressing gratitude to all who contributed to the success of the ceremony.



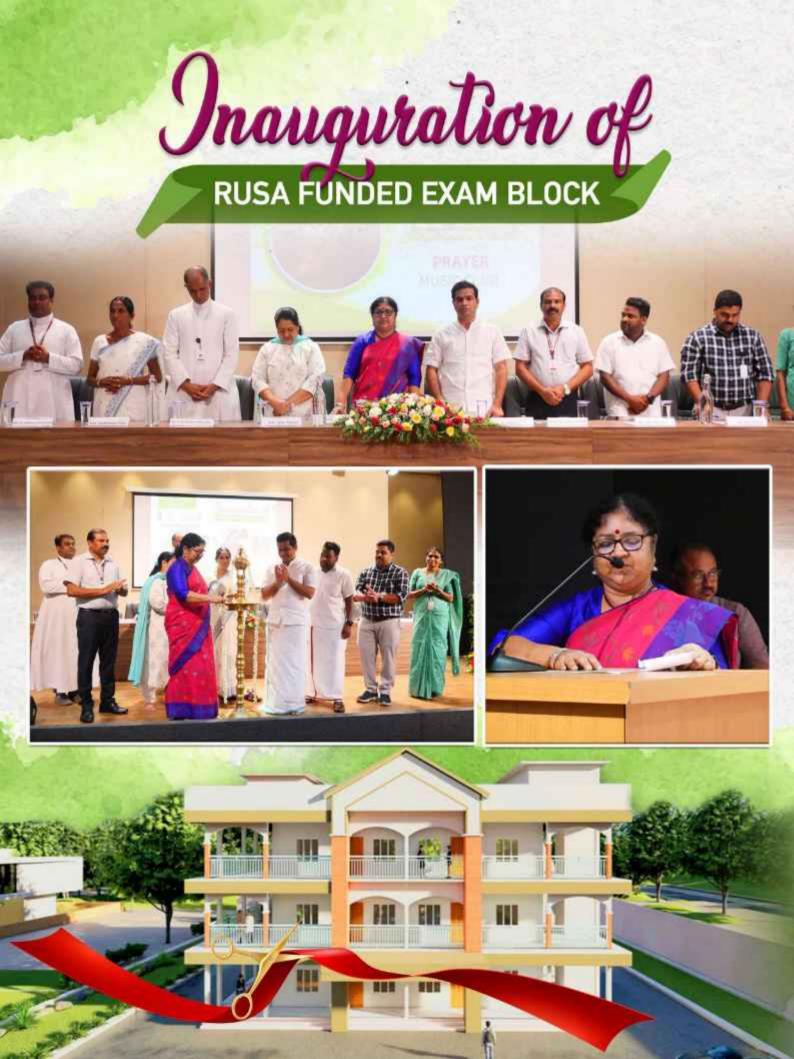
The event concluded with the rendition of the national anthem, symbolizing the unity and pride of the graduates as they embark on new journeys. A joyous photo session captured the final moments of the ceremony, creating lasting memories for the graduates to cherish. The Graduation Ceremony 2023 at Bharata Mata College was a testament to the institution commitment to nurturing bright minds and shaping future leaders. It marked not just the end of an academic chapter but the beginning of a promising future for the graduates who are now ready to make their mark on the world.

















SPECIAL MENTION TO BHARATA MATA COLLEGE AT NSS STATE AWARD CEREMONY

Congratulations—

ACHIEVEMENTS



BMC CRICKET TEAM TITLED THE TELCON ALL-KERALA CRICKET CHAMPIONSHIP 2023 HELD AT THRISSUR

SPIENTS ACHIEVEMENTS



BADMINTON COLLEGE CRICKET TEAM WITH KCPL TROPHYTEAM



BMC KABADDI TEAM PARTICIPTED IN THE MG
UNIVERSITY INTERCOLLEGIATE KABADDI CHAMPIONSHIP
HELD ATRAJAGIRI COLLEGE KAKKANAD.

SPIES ACHIEVEMENTS

DEPARTMENT OF PHYSICAL EDUCATION ORGANISED
MG UNIVERSITY NORTH ZONE CHESS (M)
CHAMPIONSHIP 2023-24 IN ASSOCIATION WITH
BMC CHESS CLUB.
BMC CHESS TEAM BAGGED THE RUNNERS UP
POSITION THE IN THE TOURNAMENT.





ACHIEVEMENTS



CHESS MEN TEAM 2023-24







Dain Maxen Jerry M John

Joseph Dilraj

AMEYA V, OF 1ST YEAR BA ECONOMICS, **WON GOLD MEDAL** IN NATIONAL BENCH PRESS **CHAMPIONSHIP 2023.**



SPORTS ACHIEVEMENTS



BADMINTON MEN TEAM



BADMINTON WOMEN TEAM

BADMINTON MEN AND WOMEN TEAMS OF BHARATA MATA COLLEGE PARTICIPATED IN THE MAHATMA GANDHI UNIVERSITY INTERCOLLEGIATE BADMINTON CHAMPIONSHIP HELD AT SB COLLEGE CHANGANACHERRY AND MEN TEAM SECURED THE RUNNERS UP POSITION. JERRY M JOHN OF DEPARTMENT OF B.COM FINANCE AND TAXATION, JOSEPH DILRAJ AND DAIN MAXEN OF DEPARTMENT OF COMMERCE HAVE SELECTED TO THE MAHATMA GANDHI UNIVERSITY BADMINTON TEAM FOR THE SOUTH-INDIA INTERUNIVERSITY BADMINTON CHAMPIONSHIP 2023-24

SPORTS CHIEVEMENTS



AJNAS M

AJNAS M, OF 2ND YEAR BA MALAYALAM,
HAS REPRESENTED KERALA STATE SENIOR (M)
CRICKETTEAM FOR THE VIJAY HAZARE
TOURNAMENT-2023 HELD AT BANGALORE.



MUHAMMED AFSAL

MUHAMMED AFSAL, OF 1ST YEAR BSC CHEMISTRY, HAS
WON GOLD MEDAL IN MAHATMA GANDHI
UNIVERSITY INTERCOLLEGIATE KARATE CHAMPIONSHIP
HELD AT SCHOOL OF PHYSICAL EDUCATION AND SPORTSSCIENCES, MGU. HE HAS ALSO WON GOLD MEDAL IN
ALAPPUZHA DISTRICT KARATE CHAMPIONSHIP

FOOTBALL TEAM OF BMC
PARTICIPATED
IN MG UNIVERSITY I
NTERCOLLEGIATE
FOOTBALL CHAMPIONSHIP
HELD ATSREE SANKARA
COLLEGE KALADY.



SPIEVEMENTS



CRICKET TEAM OF BMC WON THE CHAMPIONSHIP OF KERALA COLLEGE PREMIER LEAGUE CRICKET CHAMPIONSHIP AND QUALIFIED FOR THE SOUTH INDIA LEVEL TO BE CONDUCTED. VIGNESH KG, AKSHAY MANOHAR, NIKHIL T, MONUKRISHNA P, AKASH C PILLAI OF OUR COLLEGE WERE AWARDED INDIVIDUAL PRIZES AS WELL.











STUDENTS PLACED

Successfully placed in accenture



Samson Davis BSc Physics



Elizabath Chacko



Abhirami Aravind

CTC13.41 LPA

Designation: SAS Associate

Successfully placed in TEACHFORINDIA

Neema Elsa Joseph



Job Title: Fellowship CTC: 3.80 LPA



"Choose a job you love, and you will never have to work a day in your life. "

Confucius

Successfully placed in # SUTHERLAND



Anna Sandra Jose B.Sc Chemistry

Declaration terrolate



Aleena Muhammed



Linus Krishna C B.Com (Aided)



Krishnaveni Krishnakumar B.Com (TT)

CTC 2 CA LBA

Successfully placed in # SUTHERLAND



Sharon Jayan



Avinash K A



ANUPAMA K S

B.Com CA(I)

Decimention Associate

CTC-2 SO LDA

Successfully placed in # SUTHERLAND



Ceeya Shyle



David Anil



Ron M Shibu

B.Com CA(II)

Decimation Accordate

CTC: TED LDA

Successfully placed in W SUTHERLAND



Sumaya A N



Navin Binu



Chris Mary Josy

B.Com F&T(SF)

Decimation: Accordate

CTC: 250 | DA

Successfully placed in W SUTHERLAND



Lance John Lal



Jesna Eldho



Eva Ittiachan



Aravind B

B.Com F&T(SF)

Danies atleny Associate

Successfully placed in # SUTHERLAND



Sreeparvathy M Vani Lakshmi B





Jensa John

B:A Economics



Heba Zahir



Lakshmi Santhosh





Jesna Eldho



Aaron Sijo Antony



Nihil Danish KN

B.Com Tax(SF)

Designation: Associate

Successfully placed in CONSULTANCY SERVICES





Anandakrishna U



Aswathy Prakash



Aleena RM

B.Com Tax(SF)

Designation: Associate

Successfully placed in CONSULTANCY SERVICES





Sharon Jayan



S Rahul Bal



Sharon JOLLY

B.Com CA

Designation: Associate

Successfully placed in





ASHLY BENNY B.Com Tax(SF)

NICE MARIA THOMAS B.Com Tax(SF)

CTC: 3 LPA

Designation: Tax Analyst

Successfully placed in accenture

Anujith Raju B.Sc Mathematics



Job Title: SA5 Associate CTC: 3.41 LPA

Successfully placed in Bhumi





Job Title: Fellow Cohort CTC: 3.60 LPA





HOLA 2.0



ROSARY MONTH



MARIAN DEVOTIONAL SONG COMPETITION





VISIT TO DISTRICT JAIL, ERNAKULAM



MARIAN DEVOTIONAL SONG COMPETITION

THIRD PRIZE



CHEMISTRY DEPARTMENT

MARIAN DEVOTIONAL SONG COMPETITION

SECOND PRIZE



ECONOMICS DEPARTMENT

List of Publications

Name of the Faculty	Department	Type of Publication	Title of the Paper or Book Chapter	Journal Name or Publisher Name	ISSN or ISBN Number
Dr. Sherin Antony	Zoology	Contribution to Book	Scopus/ Web of Science Indexed	Handbook of Biopolymers - Nature-Inspired Biomimetic Poly- meric Materials and Their Applications	ISBN 978-981- 19-0709-8
Devi Priya R	Computer Application	Research Paper	UGC Care List 1	Automation of Financial Statement Analysis of Kerala Minerals and Metals Ltd.	0972-0766
Sabitha Zacharias	English	Research Paper	UGC Care List 1	Transcending Gender Bound- aries: A Mapping of the Alternative Masculinities of Lord Krishna	ISSN: 2582-550X
Sabitha Zacharias	English	Research Paper	Peer Reviewed	e-defining Drama and Theatre in ELT and ELL: A Covidian Perspec- tive	ISSN 2348 - 3571
Dr. Manesh Michael	Physics	Research Paper	Scopus/ Web of Science Indexed	Numerical solution of KdV equation in dusty plasma system using Fourier transform	Online ISSN: 2666-0326



Dr.Rintu varghese	Physics	Research Paper	Scopus/ Web of Science Indexed	Production of sustainable biofuel from biogenic waste using CuO nanoparticles as heterogeneous catalyst	ISSN 2214-7853
Dr. Sr. Rintu Varghese	Physics	Research Paper	Scopus/ Web of Science Indexed	Laser induced plant leaf extract mediated synthesis of CuO nanoparticles and its photocatalytic activity	"Print ISSN: 0013-9351 Online ISSN: 1096-0953"
Dr. Sonia John	Zoology	Research Paper	Scopus/ Web of Science Indexed	Efficacy of Extracts of Aromatic Plants in The Management of Red Flour Beetle, Tribolium castaneum (Herbst)	Pesticide Re- search Journal
Dr. Anu K John	Chemistry	Contribution to Book	ISBN BOOK Chapter Edited	PTT-Based Poly- mer Blends and IPNs: Preparation Methods	Online ISBN 978-981-19- 7303-1, Print ISBN 978-981- 19-7302-4
Soumya Thomas	Malayalam	Research Paper	UGC Care List 1	രാത്രതും രാത്രാഖ്യാനവും മാനവാനന്തര കാലഘട്ടത്തിൽ	2454-292X

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"The greatest thing in this world is not so much where we stand, as in what direction we are moving. —"

Oliver Wendell Holmes



FDPs and Seminar Attended by Faculty

Name of the Faculty	Depart- ment	Type of Program Attended	Date/ Dates of Program	Title of the Program	Institution or agency organized the Program
Arya Suresh	Travel and Tourism	National Semi- nar/Conference	11/9/2023	National Seminar on Philosophy of re- search & problem for- mulation in research	Government Col- lege, Tripunithura
Dr. Prestee- na Jesna M Jose	Commerce	Workshop	16/11/2023	Workshop on Re- search Methodology and Project Prepara- tion	KMM College of Arts & Science, Thrikkakara
Ninitha Mary An- tonina N.M	Computer Science	Faculty Develop- ment Program (More Than 5 Days)	Jul- Oct 2023	" Cyber Security and Privacy "	NPTEL
Dr. Aldrin Joseph	Taxation	Faculty Develop- ment Program (More Than 5 Days)	9-13 December 2023	Training program on statistical Analysis with Excel	AISSMS
ASHA JOHN	Travel and Tourism	Faculty Develop- ment Program (More Than 5 Days)	AUG-OCT(8 WEEKS)	INTELECTUAL PROP- ERTY RIGHTS & COM- PETITION LAW	SWAYAM (NPTEL)
Dr. Aldrin Joseph	Taxation	Workshop	2023 August 24,25 and 26	Basic Statistical Analysis and Its interpreta- tion using SPSS	Global Institute of Statistical Solu- tions
Ninitha Mary An- tonina N.M	Computer Science	National Semi- nar/Conference	26 August 2023	Innovation and Start- up Ecosystem	Chalapathi Insti- tute of Technolo- gy, Guntur
Ninitha Mary An- tonina N.M	Computer Science	National Semi- nar/Conference	August 2, 2023	Al and Metaverse	NIELT, Chandigarh & CDAC



Ninitha Mary An- tonina N.M	Computer Science	National Semi- nar/Conference	29 August 2023	Applications of Bigdata Technologies	CDAC and NIELT
Ninitha Mary An- tonina N.M	Computer Science	Faculty Develop- ment Program (Less Than 5 Days)	4/09/2023	Application of Al in education	St Annes arts and science college, Chennai
Dr. Aldrin Joseph	Taxation	Faculty Develop- ment Program (Less Than 5 Days)	9/9/2023	A.I and Ethical Leadership in Education	ASEM lifelong learning, Ireland
Ninitha Mary Antonina N.M	Computer Science	Faculty Develop- ment Program (More Than 5 Days)	August 21- 25	AWS and Cloud Infrastructure	KLS Gogte, AICTE and Brainovision
ANNA GIGI ELOOR	Taxation	Faculty Develop- ment Program (More Than 5 Days)	19 - 26 AU- GUST 2023	Academic's Toolkit + 40 Ai Tools For Teaching And Research	Assumption College, Changa- nassery, Lore & Ed Research Associates
Dr. Aldrin Joseph	Taxation	National Semi- nar/Conference	15/9 and 16/9/23	Preparedness to- wards implementa- tion on NEP 2020	J.K College of Science and Com- merce, Ghansoli, Mumbai
Ninitha Mary Antonina N.M	Computer Science	Workshop	11-15 Sep- tember	Blended Learning	Central Institute of Educational Technology
Dr. Rose Sebastian	English	National Semi- nar/ Conference	15 September 2023	Theory and After	Department of English, St.Thomas College, Palai
Ninitha Mary Antonina N.M	Computer Science	International Seminar/ Conference	23 September 2023	Research opportunities in Al	Sreenivasa insti- tute of Technology and Management Studies
Ninitha Mary Antonina N.M	Computer Science	Faculty Develop- ment Program (More Than 5 Days)	19 to 23 September	Edge cutting technologies in IT field	Rajapalayam Raju s College



Ninitha Mary Antonina N.M	Computer Science	Workshop	20-26 September 2023	STTP on Python, R and Latex	Periyar Maniyamai institute of Science & Technology & CHRD
Ninitha Mary Antonina N.M	Computer Science	Invited Lectures	27th September	Performing Al-Pow- ered Content Genera- tion and Code Writing with Generative Al	Wiley Edge
Rehana John	Marketing	Faculty Development Program (More Than 5 Days)	04.09.2023 to 11.09.2023	From Research to Publication	Adhiyaman Arts And Science College For Wom- en(Affiliated To Periyar University, Salem)
Rehana John	Marketing	Faculty Development Program (More Than 5 Days)	10 August 2023 to 18 August 2023	7 Day National Level Online Faculty Devel- opment Programme on Outcome Based Education & Essential Al Tools for Teachers	Carmel College Mala In Associa- tion With The Kerala State Higher Education Council
Ninitha Mary Antonina N.M	Computer Science	National Seminar/ Conference	September 25	Case study and industry applications of data science	CDAC Noida



"Far and away the best prize that life offers is the chance to work hard at work worth doing."

Theodore Roosevelt





Dr. Rose Sebastian	English	International Seminar/ Conference	21 September 2023	International Memory Studies Conference	IIT Madras, Centre for Memory Studies
Anna Gigi Eloor	Taxation	Faculty Develop- ment Program (More Than 5 Days)	21 - 29 SEPTEMBER 2023	National Level Online Faculty Development Program On Research Methodology Using Chatgpt And Ai Tools	Marian College Kuttikkanam
Bindu Joseph	Travel and Tourism	Faculty Develop- ment Program (Less Than 5 Days)	19/8/2023	Innovative ways for enhancing student engagement-blended application of technology and psychology	IBS-ICFAI business school
Ninitha Mary An- tonina N.M	Computer Science	Faculty Develop- ment Program (More Than 5 Days)	October 3 - 7	Writing an effective research article	KLS VDIT and Institutions Innovation Council
Ninitha Mary Antonina N.M	Computer Science	National Seminar/ Conference	October 9, 2023	Digital Forensics	Chalapathy institute of technology
Dr. Prestee- na Jesna M Jose	Commerce	National Seminar/ Conference	17/10/2023	Two Day National Seminar on Entre- preneurship Devel- opment and Start-up Ecosystem	Government College, Thripu- nithura & Directorate of Collegiate Education

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"All our dreams can come true if we have the courage to pursue them. "

Walt Disney



Coordinator- Dr. John T Abraham Resource Person- Mr. Adarsh

Work Readiness Program

Number of Participants 29



Computer Science

Date: 06/10/23 to

8/10/23

The ASAP on behalf of Kerala Knowledge Economy Mission organized a Work Readiness Program for the Students of Integrated MSc Computer Science in Al & ML, Bharata Mata College, Thrikkakara. The structure of ASAP is based on Industry-Academia Linkages that would equip students to meet various challenges in the modern workplace. "Work Readiness Program" was conducted for three days

from 6th October 2023 to 8th October 2023. Dr.John T Abraham, HOD, Department of Computer Science, BMC welcomed the gathering. Mr.Adarsh, ASAP Trainer was a resource person of the program. The Trainer emphasized the need for being confident in public speaking and also conducted some interactive programs which will be useful for the students to face the interview. He also gave some sugges-



tions to prepare a resume in an effective manner. Trainer also spoke about various skills that students need to develop for their future.





Coordinator- Mrs. Ninitha Mary

Ada Lovelace Day

Number of Participants 26

Ada Lovelace Day is an annual event celebrated on the second Tuesday of October to honor the contributions of women in science, technology, engineering, and mathematics (STEM). The day is named after Augusta Ada King, Countess of Lovelace, who is often recognized as the world's first computer programmer for her work with Charles Babbage's Analytical Engine in the 19th century. The primary goal of Ada Lovelace Day is to raise awareness about the achievements of women in STEM fields and to inspire and support women and girls to pursue careers in these areas. Importance of the day was made aware to the students by Dr. John, T. Abraham, HoD of the Department. The day was marked by activities that highlight the accomplishments of women and address gender disparities in these fields.



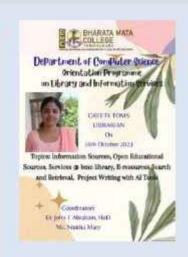
Computer Science Date: 10/10/2023



Coordinator-Dr. John. T. Abraham Resource Person- Mrs. Greety Toms

Library and Information Sciences

Number of Participants 26



Computer Science

Date: 16/10/2023

Library orientation is a fundamental process that introduces students and library users to the resources, services, and facilities of a library. The primary objective of library orientation is to familiarize individuals with the library's offerings and to empower them to make effective use of these resources for academic, research, or personal purposes.

It plays a vital role in ensuring that library users are well-equipped to harness the full potential of their library's resources.

The topics focused were Information Sources, Open Educational Sources, Services @ bmc library, E-resources Search and Retrieval, Project Writing with AI Tools which were rendered by Mrs.Greety Toms.The welcome address was



done by Dr.John T Abraham, HoD, Department of Cs and vote of thanks by Mrs. Ninitha Mary, Faculty of the Department.





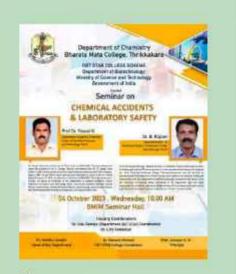
Coordinator- Dr. Anu George Resource Persons-Prof. Dr. Yoosaf K and Dr. B. Rajeev

Seminar on Chemical Accidents and Laboratory Safety

Number of Participants 121

The DBT star college scheme funded seminar on "chemical accidents and laboratory safety" was conducted on October 4th, 2023 organized by the department of chemistry, Bharata Mata College Thrikkakara. Dr. Anu George and Dr. Litty Sebastian were the coordinators of this programme. The undergraduate students from chemistry and other science departments, laboratory staff and faculty members were the beneficiaries of this program. The objective of this program was to give an awareness to students about various chemical accidents and how to deal with toxic chemicals.

The seminar commenced with an inaugural ceremony at 10 am. Dr Sindhu Joseph, head of the department welcomed the gathering.



Chemistry

Date: 04/10/2023



Prof. Dr. K. M. Johnson, Principal of Bharata Mata College delivered the presidential address. The first session began with the talk by Prof. Dr Yoosaf K, Department of Applied Chemistry, Cochin University of Science and Technology Kochi. His interactive session was able to make students aware of several careless laboratory behaviors which can lead to severe chemical accidents. He talked to the students on the things / habits that must be avoided in the lab and also explained about the laboratory hygiene through videos and images which helped the students to understand in a better manner. Being a university professor and a research supervisor, Prof. Yoosaf were able to explain well the laboratory accidents that can happen and safety measures to be taken in an academic institution.

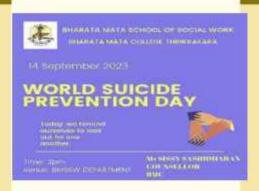


The next session began with the talk by Dr. B. Rajeev, Deputy Manager, QC, Hindustan Organic Chemicals Ltd. Ambalamugal, Kochi. He has a long 27 years experience in Petrochemical Industry. Being a person from an industry background, he was able to give an awareness on toxic chemicals and their safe disposals. He shared his experience at HOCL and trained the students for a better and safe industry career. He talked about how accidents occur due to unsafe conditions and unsafe acts. He explained the theory of accidents by the safety triangle proposed by Herbert Heinrich. He gave an idea about the types of health effects like acute health effects and chronic health effects that happen due to laboratory accidents. He cleared the doubts raised by students and faculty members on handling certain chemicals and guided the faculty members and laboratory staffs on safe disposal of laboratory chemicals which can avoid the surrounding pollution.

Coordinator- Dr. Elsa Mary Jacob Resource Person- Ms. Sissy Sashidharan

Suicide Prevention Awareness Class

Number of Participants 30



MSW

Date: 14/09/2023

On the 14th of September, 2023, a comprehensive suicide prevention class was conducted by Ms. Sissy Sasidharan, a distinguished Counselor at BMC. This vital session was tailored for first-year MSW students, imparting essential knowledge and strategies in line with the World Health Organization's (WHO) theme for Suicide Prevention Day 2022-23: 'Creating Hope Through Action.' The class aimed to shed light on the importance of raising awareness about suicide prevention, recognizing warning signs and risk factors, and promoting open conversa-



tions to mitigate the stigma surrounding mental health issues. By addressing critical topics, fostering open conversations, and emphasizing the importance of early intervention and support, this class has equipped students with the knowledge and skills necessary to contribute to the vital mission of preventing suicide. The WHO's theme for Suicide Prevention Day, 'Creating Hope Through Action,' was embraced, and it is hoped that the knowledge gained will lead to meaningful actions and a reduction in suicide rates within our communities.

Coordinator- Dr. Elsa Mary Jacob Resource Person- Rev. Mathew Philip

Gender Equality Open Heart

Number of Participants 30



Training & Placement Cell

Date: 12/09/2023

Gender equity cell Bharata Mata College Thrikkakara and Bharata Mata School of Social work conducted 'Advocate on gender equality open heart' program on 12th August 2023. The seminar started at 2 pm. Ms. Sissy Sasidharan welcomed the guests. The program was facilitated by Rev. Mathew Philip representing the Navodaya organization. He gave a brief introduction about gender, gender identity and its importance of study. Then father introduced Mr. Appu, a transman who is a Kerala cricket team captain and Ms. Gopika, a transwoman and celebrity make-up artist. Towards the session they both shared their experiences and interacted with the trainees. Therefore, the trainees asked and cleared their doubts. The session helped the trainees to understand different perspectives and understandings about gender.







Coordinator- Mr. Arun Paul Resource Person-Ms. Kavitha KASACS

District Level Quiz Competition on Sti & Aids

Number of Participants 27



MSW

Date: 19/09/2023

Bharata Mata School of Social Work in association with KSACS (Kerala State Aids Control Society) conducted a district level quiz competition on STIs (sexually transmitted infections), AIDS and AIDS control programs of India government on the 9th of September 2023, in celebration of International Youth Day. The event was held at the Seminar Hall of BMSSW and saw the participation of 12 students from 6 different schools in the district. The quiz competition was conducted in a two-stage format. The



first stage was a preliminary round, which consisted of a written test. The top six students from the preliminary round qualified for the second round, which was a final round. The final round was a knockout round in which the students competed against each other in a series of one-on-one competitions. The district level quiz competition on STIs and AIDS was a very informative and enriching experience for the participants and the listeners alike. It was a great opportunity for the students to learn more about these important topics and to test their knowledge against their peers. The event was also a success in raising awareness about STIs and AIDS among the students.



Coordinator- Mr. Arun Paul Resource Person- Dr. Reshma K S

Never too early never too late

Number of Participants 30



MSW

Date: 21/09/2023

World Alzheimer's Day, an annual global event observed on the 21st of September, serves as a worldwide initiative to increase awareness and combat the stigma surrounding Alzheimer's disease and other forms of dementia. On the 21st of September 2023, Thursday, the observance of World Alzheimer's Day was carried out by a group of Social Work trainees from Bharatha Mata School of Social Work. To raise awareness about Alzheimer's Disease, a program was conducted at 1:00 PM at the NGO Quarters in Kakkanad. The program commenced with an engaging Flash Mob performance, followed by the presentation of informational posters to the public, and the dissemination of awareness. The program



proved to be highly informative and beneficial, not only for the general public but also for the participating students, enhancing their knowledge in this domain. The event was successful in effectively spreading awareness about Alzheimer's Disease, elucidating what the disease entails, and emphasizing the significance of identifying risk factors and adopting measures for risk reduction to delay its onset.

Coordinator- Mr. Arun Paul Resource Person-Mr. Jaleel Thanath

World Heart Day Observance

Number of Participants 27

On the 29th of September, trainees from Bharata Mata School of Social Work actively participated in a session on the "Importance of CPR" and received CPR training at Sunrise Hospital in Ernakulam. The program was organized by Sunrise Hospital's Cardiology Department in conjunction with World Heart Day. During the event, medical professionals from the hospital elucidated the significance of CPR in various medical scenarios, and certified trainers provided hands-on training in CPR tech-



niques. The CPR training session, orchestrated by Sunrise Hospital's Cardiology Department in honor of World Heart Day, was a resounding success. The participation of students from various schools and colleges, including the 27 trainees from Bharata Mata School of Social Work, made it a noteworthy event.

This session proved to be exceptionally beneficial for the students, enabling them to grasp the importance of CPR and the various scenarios where it plays a life-saving role. The acquired knowledge and skills in CPR application are invaluable, with the potential to positively impact various aspects of daily life and in times of unexpected emergencies.



MSW

Date: 29/09/2023



Coordinator- Mr. Sooraj M V Resource Person- Rev. Dr. Abraham Oliapurath and Dr. Johnson K M

Clean-up Drive

Number of Participants 17



MSW

Date: 30/09/2023

As a part of a cleanliness drive, social work trainees from Bharat Mata School of Social Work conducted a clean-up campaign in Thrikkakara Municipality on Saturday, September 30, 2023. The primary objective of this program was to execute a clean-up initiative and gather plastic bottles from local shops while simultaneously raising awareness among shopkeepers about the adverse effects of plastic bottle usage. The collected bottles will be repurposed for the construc-



tion of waiting sheds, offering a sustainable solution to plastic waste management. This initiative not only contributed to the cleanliness of the area but also promotes environmental sustainability. The initiative of the social work trainees proved to be a resounding success. Their teamwork and coordination were pivotal in completing the assigned task within the stipulated time frame. By 2 pm, the program had concluded, and the resources needed for the waiting shed project had been successfully collected. The innovative approach of utilizing plastic bottles for waiting shed construction is not only creative but also aligns with sustainability goals. By repurposing plastic bottles, we can effectively reduce plastic waste, contributing to environmental conservation.



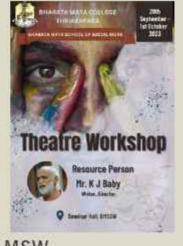


Coordinator- Mr. Arun Paul Resource Person- Mr. K J Baby

Theatre Workshop

Number of Participants 30

The Theatre Workshop for first-semester MSW students conducted at Bharata Mata School of Social Work, Thrikkakara from September 28, 2023, to October 1, 2023. This was a residential event where the students resided on campus, and it was privileged to be led by the distinguished Indian writer and film director, Sri K.J. Baby. Throughout the workshop, Sri K.J. Baby shared invaluable insights into various facets of life. The workshop encompassed a wide range of interactive sessions, work-



MSW

Date: 28/09/2023,

1/10/2023



shops, demonstrations, and lectures designed to educate students on social, physical, psychological, and political phenomena. The residential format of the workshop proved to be particularly productive and enriching, promoting cooperative living among the students. The Theatre Workshop was unequivocally successful, endowing students with lasting experiences that will serve them throughout their lives. The workshop was masterfully organized, offering a blend of enjoyment and information, fostering active participation and contributing to the betterment of society. In their roles as aspiring social workers, the workshop provided students with valuable insights into their courses of study, their responsibilities, and their roles within society. The enthusiasm and the knowledge acquired during this workshop are poised to catalyze a lasting movement, one that promises to bring about positive change in the future.

Coordinator- Asha John Resource Person- Mr. Kiran G Ambat

World Tourism Day

Number of Participants 113

An Interactive session was organised for the students by the department of travel and tourism for which the resource person was Mr. Kiran G Ambat, Contento Tourism on the topic "Career Prospects in Tourism". The session focused on the career opportunities in Tourism sector. The programme was held on 27st Sept 2023, Wednesday from 2:30 PM to 3:30 PM. The session was very fruitful with more than 113 participants and was a remarkable one as students got an in-depth knowledge on the Scope of tourism



Travel And Tourism Date: 27/09/2023





Coordinator- Asha John Resource Person- Ms. Priya Rose

Alumni Interaction

Number of Participants 113



Travel and Tourism Date: 20/09/2023

An Alumni Interaction was organised for the students by the department of travel and tourism for which the resource person was Ms. Priya Rose, IBM Bangalore on the topic "How to channelise your dreams". The session focused on motivating the students in channelising their dreams. The programme was held on 20st Sept 2023, from 2:30 PM to 3:30 PM. The session was very fruitful with more than 113 participants and was a remarkable one





Coordinators- Mr. Arun Paul Resource Person- Rev. Dr. Saju M D CMI

Agneyam 2023



MSW

Date: 05/09/2023

Number of Participants 30

On the 5th of September 2023, Bharata Mata School of Social Work hosted "Vidyarambham – Agneyam - 23," a pivotal event marking the official commencement of the academic year for the 2023-2025 batch. The event was graced by the presence of Rev. Dr. Abraham Oliapurath, the Manager of

Bharata Mata College, and Dr. Saju M D, Principal of Rajagiri College of Social Sciences, Kalamaserry, Kochi, who served as the Chief Guest. The event garnered active participation from the first-year MSW students and their parents, under the capable leadership of Dr. Elsa Mary Jacob, the faculty coordinator, and second-year MSW trainees, led by student sub-coordinators Abinya T B and Parvathy S. The



Agneyam - Vidyarambham event conducted by Bharata Mata School of Social Work was executed in a coordinated and efficient manner, adhering to the pre-established objectives. Both the Presidential and inaugural addresses underscored the significance and relevance of the Social Work profession, while also emphasizing the ethical and methodological aspects expected of a social worker. The experiences gained by the trainees during this event undoubtedly mark a promising beginning, serving as a valuable foundation for their personal and professional development

Coodinator- Mr. Arun Paul Resource Person-Soosan Philip

Professional Social Work in UKStandards

Number of Participants 30

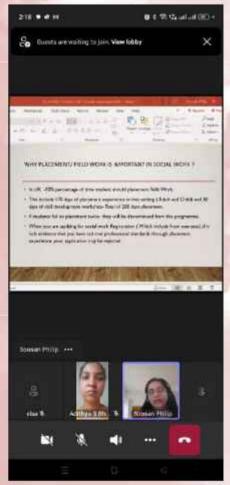
The Bharata Mata School of Social Work, in collaboration with Soosan Philip, Senior Social Work Lecturer at the University of Northampton and an Executive Member of the UKMSW Forum, conducted an expert lecture on 'professional social work standards in the UK'. This enlightening session took place on October 6, 2023, facilitated through the Teams application. Commencing at 1:30 pm, the session aimed to provide participants with an in-depth understanding of the social work profession in the UK, emphasizing its values and ethics.

The expert lecture delivered a comprehensive overview of the social work profession in the UK. It equipped participants with an understanding of the profession's standards and values, underscored the importance of fieldwork in social work practice, and provided insights into the career opportunities available to social workers in the United Kingdom and beyond. The session served as an excellent opportunity for trainees to enhance their knowledge and skills in the field of social work.



MSW

Date: 06/10/2023



Coodinator- Mr. Arun Paul Resource Person- Ms. Uma Thomas, Mr. Loknath Behra, Mr. Unni Kakkanad



Number of Participants 11



MSW

Date: 07/10/2023

On the 7th of October 2023, a momentous event known as "Orukkam 2023" unfolded within the Thrikkakara Municipality. This official program was meticulously designed to mark the inauguration of a diverse range of development initiatives. Participants included dedicated trainees specializing in community development, alongside esteemed faculty members from the Bharata Mata School of Social Work. The day began with a solemn prayer, followed by warm greetings extended by Mr. P M Yoonus to the distinguished



guests. The event, graced by Ms. Radhamani Pillai, Chairperson of Thrikkakara Municipality, commenced officially with the inauguration by Uma Thomas, MLA.

The systematically planned Orukkam 2023 event served as a commendable platform for inaugurating an array of developmental schemes, furthering the waste management, health, and nature conservation activities of Thrikkakara Municipal Corporation. The formal collaboration between Bharata Mata School of Social Work and Thrikkakara Municipality, as marked by the signing of the Memorandum of Understanding, is a testament to the commitment towards comprehensive improve ments in the realms of protection and health. Moreover, the event stood as a commendation for the trainees, who actively engaged in experiential learning during their participation in the Harithamitram project.



Coordinator-Mr. Arun Paul Resource Person- Dr. Chithra Venkateswaran and Dr. Mhoira E F Leng

World Mental Health Day

Number of Participants 60

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MSW

Date: 09/10/2023

On the 9th of October 2023, the Bharata Mata School of Social Work, in collaboration with the Mehac Foundation, marked World Mental Health Day at AV Hall of Bharata Mata College, Thrikkakara. The event was graced by distinguished Resource Persons, Dr. Chitra Venkiteswaran, Professor in Psychiatry and Palliative Care at Believers Medical College Hospital Tiruvalla, and founder of Mehac Foundation, and Dr. Mhoira E F Leng, Consultant Physician in Palliative Care and Senior Advisor at Makerere University, Uganda. The central theme of the event was "Mental Health as a Universal Human Right," with two subthemes: "Community Mental Health Perspective" and "Mental Health as a Universal Human Right."

Dr. Chitra also provided valuable insights into the history a Floor Opp Bharata Mata College and conceptual framework of MEHAC, elucidating their all Rd, Thrikkakara, Edappally, Ko roots in the palliative care movement in North Kerala. She highlighted various activities undertaken by the foundation,



including "Home Visits," aimed at delivering care to individuals' doorsteps while assessing their socio-economic status. The foundation's support groups provide psychosocial education, and their "Home Again Project" seeks to reintegrate destitute and homeless individuals into the community.

Dr. Mhoira E F Leng, an eminent consultant physician in palliative care and senior advisor,



elaborated on mental health as a universal human right. She passionately conveyed her experiences working in the palliative care unit and encouraged trainees to actively contribute to mental health initiatives. Dr. Mhoira also discussed different approaches to treating individuals dealing with mental health issues.

The event successfully conveyed a comprehensive understanding of mental health from both community and human rights perspectives. The Mehac Foundation's inclusive approach to treating individuals



with mental health issues was highlighted, along with the vast potential for social workers in the field of mental health. This event served as a platform for enlightening and motivating individuals to actively contribute to the crucial cause of mental health.







Coordinator-Mr. Arun Paul Resource Person- Mr. Nihan K Ibrahim and Ms. Neenu Mathew



Number of Participants 53



MSW

Date: 10/10/2023

On the 10th of October 2023, in observance of World Mental Health Day, Team Project Venda conducted a comprehensive seminar. The focal point of this seminar was "Say No to Drugs." This event was spearheaded by Mr. Nihan K. Ibrahim and Miss Neenu Mathew, both distinguished members of the Fourth Wave Foundation, headquartered in Bangalore. Project Venda, one of their



initiatives in Kerala, is aimed at empowering children aged 11 to 22 years. The seminar was exclusively delivered to 2nd and 1st-year Master of Social Work (MSW) students, aligning with the overarching theme: "Mental Health is a Universal Human Right." The seminar's overarching objective was to instigate awareness about drug abuse among children and impart strategies for the empowerment of the youth.

The seminar organized by Project Venda proved to be an invaluable opportunity for the MSW students. It provided a deeper understanding of the gravity of drug abuse among children and inspired students to contemplate strategies to address this pressing issue. Project Venda's commendable efforts in preparing youth, educators, and parents to combat drug abuse and disseminate awareness are commendable and essential in today's context.



Coordinator-Arya Suresh

Industrial Visit

Number of Participants 36



Travel and Tourism

Date: 23/08/2023

The Department of Travel and Tourism had organized an Industrial visit for 2nd year students (Batch 2022-25) to Lunar Polymer Kerala Ltd. Situated at Thodupuzha in Idukki district which is known as the "Heartland of Rubber". The group comprised of 27 boys, 9 girls and 2 faculty members. Lunar Polymers Ltd. Is incorporated in the year 1993 and their main activity is manufacturing of rubber products especially footwares. It is classified as a small industry. The group also visited Aanayadikuthu waterfalls, one of the major attractions near the Industry. It was arranged as a one-day trip.









Coordinator- Saravanakumar S Resource Person- SPS Academy

Employability Skill Training

Number of Participants 212



Training &Placement Cell Date :9/8/2023 -16/8/2023

The Training & Placement cell of BMC in association with SPS Academy, Chennai organized a one week "Employability Skill Training program" from 9th August 2023 to 16th August 2023 for the final year UG students who have registered for campus placement.



Coodinator-Saravanakumar S Resource Person- SPS Academy

> Employability Skill Training - 11

Number of Participants 44



Training & Placement Cell Date: 15/09/2023 to

18/09/2023

The Training & Placement cell of BMC in association with SPS Academy, Chennai organized a three day "Employability Skill Training program" from 15th September 2023 to 18th September 2023 for the final year UG / PG students who have registered for campus placement.

Modules covered:

Know yourself

Aptitude

Extempore

Group Discussion

Resume Writing

Interview Techniques

Interview FAQs

The interactive sessions helped the students to understand that they are unique and it helped them to improve their communication and interpersonal skills along with their confidence level. It showed them how to present themselves in the interviews, how to prepare for the interviews and how to create a



better impression during their interview process. Mock Sessions for aptitude, Group Discussion, Extempore and personal Interview gave the students an opportunity to experience the Interview processes, the students who participated in all these mock rounds, received their individual progress report which showed their performance in the mock assessment along with their key strengths and suggestions to improve their skills.



Coordinators- Dr. John T Abraham Resource Person- Angelo Seby

GDSC Training Program

Number of Participants 25



Computer Science

Date: 16,17/10/2023

Google Developer Student Clubs & Training and Placement Cell Bharata Mata College, Thrikkakara, Kochi in association with Sankara College of Science and Commerce, Coimbatore conducted a two-day Flutter workshop on 16th & 17th October, 2023. The workshop aimed to provide participants with a comprehensive understanding of Flutter, a popular open-source framework for building natively compiled applications for mobile, web, and desktop from a single database. The workshop was handled by Angelo Seby, an experienced flutter developer and a former GDSC lead. Angelo led the sessions with an in-depth knowledge of Flutter, ensuring that participants received high-quality instruction and guidance throughout the workshop. The workshop provided an introduction to Flutter fundamentals, with hands-on sessions that included creating a simpleFlutter app, and understanding widgets and layouts. The participants received verifiable certificates for their attendance and completion of the workshop. The event was a huge success and marked a significant milestone in the journey of GDSC BMC.



Coordinator- Dr. Bejoy Joseph Resource Person- Mr. Ananthakrishnan

The Finance Club Inauguration

Number of Participants 42



BMIM Date:27/10/2023

The Finance Club at BMIM marked its inauguration with a distinguished guest, Mr. Biju E Punachalil, the Chief Risk officer of South Indian Bank, on October 27, 2023, at 3 pm in the BMIM Auditorium. Headquartered in Thrissur, Kerala, the South Indian Bank Limited (SIB) stands as a major player in the private sector banking domain. Mr. Biju E Punachalil, an eminent and seasoned banking professional from SIB, graced the occasion, addressing an engaged audience comprising students from both the 18th and 19th MBA batches. Miss Mekha Chandran skillfully hosted the event, commenc-



ing with a prayer by Miss Gayatri Deven, Aditya and Sreelakshmi of the 19th MBA batch. Ms. Anusree A. S. extended a warm welcome, and the esteemed speaker, Mr. Biju E Punachalil, was introduced by Ms. Mekha Chandran. The session unfolded with Mr. Biju providing profound insights into financial planning and diverse investment options. In a captivating student interaction, he shared not only his professional journey but also personal anecdotes, offering a unique perspective on career advancement. His motivational words resonated with the audience, bringing about an optimistic transition. The interactive sessions were characterized by valuable advice and informative ideas, enriching the students' understanding of the financial landscape. Recognizing excellence, the Finance Club awarded prizes to the winners of the FinFun fest organized on October 26, 2023. The session concluded on a high note with the presentation of a memento to Mr. Biju E Punachalil by our esteemed Academic Director, Prof. Dr. B. Hareendran. Ms. Aparna Rajesh delivered a heartfelt vote of thanks, expressing gratitude for the insightful session and the esteemed presence of Mr. Biju E Punachalil, making the Finance Club inauguration a memorable and enriching event for all.



Coodinator- Mr. Rajmohan Kadavil Resource Person- Ms. Yavana Thangavel

Marketing Club

Number of Participants 100



MBA

Date: 27/10/2023

On October 27, 2023, Ms. Yavana Thangavel, Senior Manager and South India Marketing Head at Pepsi, inaugurated the Marketing Club of BMIM, with Mr. Arun George, Kerala Head of Pepsico Foods.

On October 27, 2023, the BMIM Auditorium witnessed a significant event as Ms. Yavana Thangavel, Sales Manager overseeing the South Unit and Traditional Trade in Karnataka for Pepsico, inaugurated the Marketing Club of BMIM. Accompanying her was Mr. Arun George, the Kerala Head of Pepsico Foods, who graced the occasion with his presence. Ms. Yavana, an experienced professional in the dynamic field of sales, addressed Batch 18 and Batch 19 students, sharing invaluable insights into the intricacies of her role and the nuances of working in the sales domain.

Ms. Yavana shed light on various aspects, including the challenges and opportunities in a sales job, emphasizing the unique perspective of women in the sales sector. She offered guidance on initiating a career as a sales executive and provided practical advice on navigating the complexities of the sales profession. A focal point of her discussion revolved around the art of achieving work-life balance, especially when sales roles involve extensive fieldwork, travel commitments, and analytical responsibilities.

The inauguration of the Marketing Club by such a distinguished figure in the industry not only marked the beginning of a valuable association but also served as a platform for students to gain firsthand insights into the practicalities of the sales and marketing landscape. Ms. Yavana's engaging discourse not only enriched the students' understanding of the field but also inspired them to navigate their future careers with a nuanced perspective, considering the dynamic aspects of sales and maintaining a harmonious work-life equilibrium. The event exemplified BMIM's commitment to providing students with exposure to real-world industry experiences and fostering a holistic understanding of various professional domains.



Coodinator- Dr. Geetha Jose Resource Person- Dr. Ann Marie Mealey

Session on Higher Education

Number of Participants 120



MBA

Date: 26/10/2023

On October 26, 2023, the BMIM auditorium became a forum for insightful discourse as Dr. Ann Marie Mealey, Director of Catholic Mission at Leeds Trinity University, graced Batch 18 and Batch 19 students with her profound insights on social teaching and debates within the higher education sector in the UK. As a distinguished Catholic Moral Theologian and Ethicist, Dr. Mealey's talk delved into the ethical considerations prevalent in the UK's educational landscape. The focus of her address was on the integration of principles from Catholic Social Teaching (CST) into daily life within Catholic institutions. Dr. Mealey passionately advocated for the adoption of a 'compassionate pedagogy', emphasizing inclusive practices that foster the active participation of every student and innovative teaching methods that support the education of society's most vulnerable groups.

Her discourse went beyond theoretical discussions, urging attendees to view the Catholic School as a sanctuary where the dignity, personal narratives, and circumstances of each student are not only acknowledged but respected. Dr. Mealey underscored the importance of continuously implementing innovative practices to unlock the full potential of every individual. The address seamlessly blended moral philosophy with practical applications, offering a roadmap for educators to infuse compassion and inclusivity into their daily teaching practices. The session concluded with a dynamic Q&A session, providing a platform for attendees to engage directly with Dr. Mealey. This interactive exchange allowed for the exploration of ideas and facilitated a deeper understanding of how to effectively integrate CST principles into various roles within the educational sphere. Dr. Ann Marie Mealey's talk left an indelible mark, inspiring Batch 18 and Batch 19 students to reflect on the ethical dimensions of their roles in higher education and encouraging a commitment to fostering compassionate and inclusive learning environments.



Coodinator- Dr. Geetha Jose Resource Person- Dr. Geetha Jose

Guidence For Higher Education Opportunités For Mba Students

Number of Participants 59



MBA

Date: 17/10/2023

On October 17, 2023, Dr. Geetha Jose, Assistant Professor at BMIM, provided guidance on higher education opportunities for MBA students in a talk given to Batch 18.

On October 17, 2023, Batch 18 students at BMIM received invaluable guidance from Dr. Geetha Jose, Assistant Professor, BMIM on diverse higher education opportunities. The session

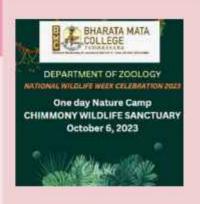


focused specifically on pursuing advanced degrees like Ph.D. and MS in foreign universities. Her comprehensive presentation covered key aspects such as selecting suitable universities, crafting compelling statements of purpose, and navigating the intricacies of the admission process. The interactive Q&A session allowed students to seek personalized advice, addressing concerns ranging from funding options to research proposal development. The session served as a catalyst for informed decision-making, empowering students to chart a course toward academic excellence in prestigious international institutions.

Coordinator- Dr. Sherin Antony Resource Person - Renjith M

Nature Camp -National Wildlife Week

Number of Participants 30



Zoology

Date: 06/10/2023

As part of wildlife week celebration, B.Sc. Zoology Semester 5 students along with 3 faculty members of Zoology Department of Bharata Mata College Thrikkakara participated in One day Nature camp on October 6, 2023 at Chimmony wildlife sanctuary. The camp started with a class by Beat Forest Officer Mr. Renjith. It was followed by trekking through the sanctuary. We spotted many wildlife animals. Elephant is the flagship species of the sanctuary, we observed footprints of elephants. It was a highly inspirational camp for the students. 30 students were benefitted with the nature camp.



Coodinator- Dr. Sherin Antony Resource Person-Sheba Annie Philip

Talk on Inspirational Insights into Life Science Research

Number of Participants 32

Zoology INSPIRATIONAL INSIGHTS INTO LIFE SCIENCE BESEARCH September 5, 2028 IIII Zoology Dept. Q 11:90AM-12:90PM @

Zoology

Date: 18/08/2023

To motivate and inspire students of Final year B.Sc. Zoology regarding research, a talk and interactive session on Life science research was organized by the Zoology association on September 5, 2023 at 2:30 pm. Ms. Sheba Annie Philip, Research Scholar of Retinal Neurocircuits lab, Depa Biotechnology, rtment of



Madras Pursuing Ph.D. at the Department of Biotechnology, Indian Institute of Technology Madras, Chennai. She currently works on the Project "Investigating the neuronal mechanism leading to vision impairments in diabetic retinopathy". She familiarized the students about how to use model organisms like mice for doing experiments, explained about the ways to make diabetic mouse model so as to do research, the ways of taking cryosections of eyes of mice to analyse and quantify the neurons using fluorescent labelled antibodies. Ms. Sheba talked about the ways to opt good institutions to do masters and research. The talk was followed by an interaction session, where the students asked queries and the resource person cleared all their apprehensions about choosing research as career.

Coordinators- Ms. Sabitha Zacharias

Illam Nira Vallam Nira-Onam Celebration 2023

Number of Participants 120



English

Date: 24/08/2023

The Department of English, Bharata Mata College, celebrated Onam "Illam Nira Vallam Nira" 2023 on 24th August 2023, with various cultural programmes. The students of the Undergraduate as well as Post-graduate classes of the Department of English organised various programmes with a shared enthusiasm. The students from the department as well as teachers performed Thiruvathira The Tug of War between



the different classes within the department and the spectacular Pookalam done by the students were the highlights of the celebration. The programmes such as the group dances and games like sundaranu Meesha varakal by the students invoked the feel and energy of the celebration. The event started at 9:30 am and ended by 1;30 pm with a sumptuous Onam feast organized by the students.

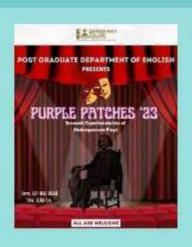




Coordinator- Ms. Sabitha Zacharias

Purple Patches

Number of Participants 120



English

Date: 7/09/2023

The third year UG students of the Department get first-hand experience of the different genres of Shakespearean plays- Romances, Comedies, Histories and Tragedies by enacting it for the entire department. This venture titled Purple Patches helps the students to sharpen their acting

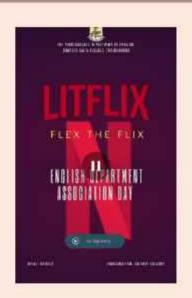
skills, stage presence, dialogue delivery skills and prepares them for understanding King Lear, which is a prescribed text in the Acts on Stage course. The event was conducted this year by the students on 7th September 2023 from 2:30 PM. The extracts from Tempest, Macbeth, Henry IV and Merchant of Venice were enacted on stage.



Coordinator- Ms. Sabitha Zacharias

Littlix-Flex The Fix

Number of Participants 120



English

Date: 29/09/2023

On September 29, 2023, the Literary Association celebrated its Association Day "LITFLIX-FLEX THE FIX." Dr. Kalyani Vallath, the Director of the Vallath Study Centre, served as the chief guest. The program commenced with a prayer song, followed by the welcome address by Dr. Thara Gangadharan, the Head of the department. The HOD then initiated the swearing-in ceremony for the newly elected Association Office Bearers. This was followed by the ceremonial lighting of the lamp



and an enlightening inaugural address delivered by the esteemed chief guest. The event also featured the presentation of excellence awards to students by the chief guest, and the Memorandum of Agreement (MOA) for the Net Coaching Centre was officially handed over to the Vice-Principal.

In addition, the promo, working brochure, and logo for "Chrysalis," the departmental fest, were unveiled by the Assistant Manager. Expressing gratitude on behalf of the association, Ms. Vrinda, the secretary, delivered the vote of thanks.

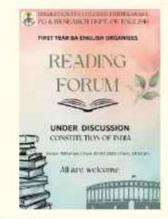
Following the formal session, lunch was served, and in the afternoon, several talented students took the stage, showcasing their skills through captivating songs and dances.



Coodinator-Dr. Rose Sebastian

Reading Forum

Number of Participants 60



English

Date: 10/10/2023

The Reading Forum is a collective initiated by the first year B.A. English students in order to impart the habit of reading among themselves. The Forum selects three works for every session: one from English literature, one from Malayalam, and one from non-fiction. The idea is to meet together informally, discuss these works and share the joy of reading.

The first session of the Reading Forum met under the Ritu Tree on campus on 10 October 2023 at 10:30 A.M. The books under discussion was the Constitution of India. Each member of the forum shared their viewpoints.

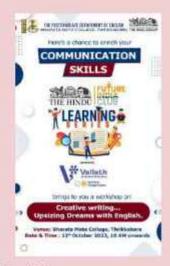




Coodinator- Dr. Thara Gangadharan Resource Person-Dr. Kalyani Vallath

Creative writing, upsizing Dreams with English

Number of Participants 75



English

Date: 12/10/2023

The Postgraduate Department of English, Bharata Mata college, Thrikkakara in collaboration with The Hindu newspaper and Future India Club organized a one-day workshop entitled Creative writing, upsizing dreams with English on 12th October 2023. The workshop was organised within the framework of enhancing the communication skills for college students. The Workshop was led by Dr. Kalyani Vallath, founder and Managing Director of Vallath Education Pvt Ltd. The aim of the workshop was to provide insight and understanding regarding the key concepts in communication skills.



Coodinator- Dr. Manesh Michael

National Seminar on Astrophysics & Spacescience

Number of Participants 10



Physics

Date: 9&10/10/2023

Bharata Mata College Thrikkakara, unfolded over two intellectually stimulating days on October 9th and 10th. This scientific gathering, organized by the Research and Post Graduation Department of Physics, and was made possible through funding by the DBT STAR COLLEGE SCHEME, Ministry of Science and Technology, Government of India. Day 1: October 9th, 2023 The seminar commenced



with the ceremonial lighting of the lamp, graced by the presence of esteemed

dignitaries Dr. Anand Narayanan , Dr. Satheesh Thampi, and Mr. Sriram Sankar including the Respected Principal Dr. Johnson KM, Dr. Shibi Thomas, head of the Department and Dr. Manesh Michael, Assistant Professor. Subsequently a brief interlude was observed at 11 AM with a refreshing tea break. The first session of the day, which began at 11:30 AM, was led by Dr. Satheesh Thampi, (Head, Planetary Science Branch, Space Physics Laboratory VSSC, Trivandrum). He expertly navigated the topic, "Exploring the Sun and the Heliosphere using ADITYA-L1," Dr. Satheesh Thampi's insights and expertise laid the foundation for a day filled



with intriguing discussions. The session was Chaired by Dr. Shibi Thomas, Head of the Department. Following the 1st session Dr. Ambili K.M(Scientist ,Space Physics Laboratory, VSSC, Trivandrum) handled out the 2nd session From 12:30 PM to 1:30 PM. The Second Session was chaired by Dr. Anu philip, Assistant Professor. Hence Dr. Ambili explored "Space Weather and Solar Terrestrial Environment," Her presentation deepened our understanding of the complex interactions between the Earth, the Sun, and the broader solar system, emphasizing the importance of monitoring and understanding space weather. A well-deserved lunch break followed at 1:30 PM, during which attendees could relax, share thoughts, and continue the engaging conversations sparked by the morning sessions. The post-lunch session, scheduled from 2 PM to 3 PM, was conducted by Dr. Anand Narayanan, (Professor at IIST, Trivandrum). He delved into the topic of "Baryons and Large Scale Structure of the Universe," providing an insightful perspective on the fundamental building blocks of the cosmos and their role in shaping the universe's large-scale structure. The day's penultimate tea break at 3 PM offered attendees the opportunity to engage in further discussions. The final session, conducted by the Guest Sriram Sankar, took place from 3:15 PM to 4:15 PM. Mr. Sriram Sankar, representing the South African Astronomical Observatory (SAAD), led a thought-provoking discussion on "Cold Gas in the Era of SKA-A MEERKAT Safari." His insights into the evolving landscape of astronomical observations and the role of cutting-edge technology left the audience inspired. The two post-lunch session was Chaired by Dr. Manesh Michael, Assistant Professor. Day 2: October 10th, 2023 The Second day of the seminar began with a warm welcome for the day's distinguished guests. The first session of the day started from 10 AM to 11:30 AM, and was presented by Dr. Abhilash S., the Director of ACARR, CUSAT, Kochi. Dr. Abhilash delved into "The Role of Radars and Satellites in Extreme Weather Forecasting," shedding light on the vital role of technology in predicting and managing extreme weather events. The First session of the final day was Chaired by Ms. Devika S. A tea break at 11:30 AM allowed attendees to network and reflect on the morning session. The seminar continued with the second session, which took place from 12 PM to 1:30 PM. This session was conducted by Dr. Titus K. Mathew, a Professor in the Department of Physics at CUSAT. Dr. Mathew's presentation, titled "Atoms of Space and the Expansion of the Universe," delved into the fundamental particles and forces that govern the universe's expansion. The audience was treated to a deeper understanding of the cosmos. The seminar's final session was Chaired by Dr. Lini Devassy, Assistant Professor. The seminar lasted for two days, with each day featuring insightful sessions. It was followed by a lively and interactive question-answer session. Post each session, the resource persons were honored with mementos as tokens of appreciation. Participants had shared their experience and seminar feedbacks. The seminar was officially concluded at 2pm.In conclusion, the National Seminar on Astrophysics and Space Science was a resounding success. It provided a platform for experts, Researchers, and enthusiasts to come together and explore a diverse range of topics in the field of space science and astrophysics. The two days were marked by informative and engaging sessions, stimulating discussions, and valuable networking opportunities.

Coodinator- Dr. Manesh Michael Resource Person-Dr. A.V. Ravi Kumar

Plasma-Mankinds New Tool

Number of Participants 5



Physics

Date: 08/10/2023

The seminar titled "Plasma: Mankind's New Tool" was an engaging alumni interaction led by Dr. A.V. Ravi Kumar on November 8, 2023, from 11:00 AM, Hosted at the MSW Seminar Hall. The event was organized by the Research and Post Graduation Department of Physics and funded by the DBT STAR College Scheme under the Ministry of Science and Technology, Government of India. The seminar was skillfully anchored by Aleena. A. Biju, a first-year Physics student and Hasnath



Jahan V, a representative of 1st year MSc. Space Science student, adeptly introduced the esteemed resource person. Dr. Manesh Michael extended a warm welcome for the Guest, Faculties and to the Students. Dr. Shibi Thomas, the Head of the Department, delivered the presidential address. Dr. A.V. Ravi Kumar then conducted an insightful seminar on "Plasma-Mankind's New Tool" from 11:15 AM to 12:45 PM. During the seminar, Dr. A.V. Ravi Kumar delved into the fascinating realm of plasma, portraying it as humanity's innovative tool. He expounded on the diverse applications of plasma in contemporary research and technology, shedding light on its significance in fields ranging from advanced materials science to space exploration. As he concluded his seminar, he covered various opportunities and outlined that how to visit and work in IPR. He extended a warm welcome to the interested students for visiting and exploring the institute. The seminar concluded around 12:45PM, followed by an interactive question-and-answer session. A group photo marked the end of the event.



Coordinator- Dr. Liji Joseph

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Number of Participants 40



Malayalam

Date: 03/11/2023

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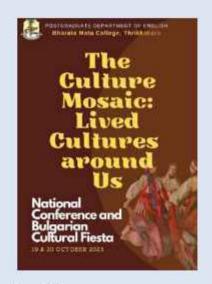




Coodinator- Dr.Lissy Kachapilly, Dr.Rose Sebastian, Ms. Sreelakshmi.P Resource Person- Dr. C.S Biju, Prof. Atanu Bhattacharya, Prof. Satish Poduval



Number of Participants 130



English

Date: 19-20/10/2023

The Research centre and Postgraduate Department of English, Bharata Mata College, in collaboration with the Mahatma Gandhi University, Kottayam organized a two day national conference and Bulgarian Dance Fiesta on The Culture Mosaic: Lived Cultures around Us from 19-20 October 2023. The conference was inaugurated by Fr.Dr.Abraham Oliapurath (Manager, BMC) with the welcome speech by Dr.Lissy Kachappilly, Vice Principal and Convener of the conference. The event was felicitated by Dr.Johnson K M(Principal, BMC), Dr Thara Gangadharan and Dr C.S Biju -Keynote speaker.Dr. Rose Sebastian Co-convener of the conference delivered the vote of thanks.





The opening key-note session was by Dr C.S Biju (Associate Professor, Department of English St. Thomas College (Autonomous), Thrissur) on Ontological Transdisciplinarity in Research in Cultural Studies: Questions of Method and Process and it served as a brilliant and lucid overview of the theme of the conference. The second session 'Technology and Public Culture: Framed Spaces', by Prof. Atanu Bhattacharya (Centre for English Studies, School of Language, Literature and Culture Studies Central University of Gujarat), engaged the participants in a largely underexplored genre of literature.

The following day Prof. Satish Poduval (Department of Cultural Studies, EFLU-Hyderabad) handled a session at 9.30 Cinema and Question of Populism in India. It was followed by Bulgarian Dance fiesta-A brief presentation on Bulgarian folk music, dance and bread-baking tradition and a session by Dr. Kalyani Vallath on Bread or Blood: Historical Study of Food Politics and Poverty in Europe. Each session was engaged by pertinent questions and debates which made the conference an important turn in the journey of academic inquiries.

The conference involved 9 technical sessions under the following themes: Culinary Culture, Understanding Gender and Ableism, Deconstructing the Familial Structure, Visual Culture, Knowledge, Power and New Media, Sports Culture and Fashion, Gender, Environment and Ecology etc. 70 scholars presented their papers in these sessions, which were chaired by eminent scholars in respective fields.

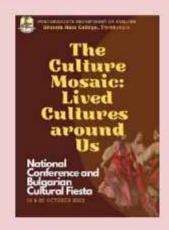




Coordinator- Dr. Geetha Jose Resource Person- Prof. (Dr.) P G Sankaran

Bulgarian Dance fiesta

Number of Participants 130



English

Date: 20/10/2023

The Research Centre and Postgraduate Department of English at Bharata Mata College organized a Bulgarian Dance Fiesta, featuring a brief presentation on Bulgarian folk music, dance, and bread-baking traditions as part of a National Conference he Culture Mosaic: Lived Cultures around Us. The event welcomed a team of nine members from Bulgaria, led by Kathiya, who showcased a fiesta of diverse regional variations, each narrating a unique story and reflecting the cultural identity of different parts of Bulgaria.





This cultural extravaganza served as a vibrant testament to Bulgaria's rich cultural heritage, seamlessly weaving together the art of dance and the tradition of bread baking. The Dance Fiesta integrated the rhythmic beats of traditional music with expressive dance movements, creating a dynamic fusion of cultural elements. The celebration became a dynamic fusion of folk music, dance, and bread baking, offering participants and spectators an immersive experience of Bulgarian culture. Engaging in lively dances accompanied by the rhythmic beats of traditional instruments, the atmosphere was filled with joy, celebration, and cultural pride. The festive spirit extended to bread baking, where participants embraced the age-old practice with songs and dances, harmoniously blending culinary and choreographic arts. Through the rhythmic beats of dance and the enticing aroma of freshly baked bread, the celebration stood as a testament to Bulgaria's traditions' resilience and continuity, fostering a sense of community, pride, and shared heritage.

As participants and spectators united in this Fiesta, it became a celebration of Bulgaria's soul, where movement, music, and the aroma of freshly baked bread converged in a harmonious expression of cultural identity.











Coordinator-Dr. Geetha Jose Resource Person- Prof. Chandradasan & Pramod Veliyanad

Almnus Interaction

Number of Participants 80



Malayalam

Date: 13/11/2023

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Coodinator- Ms. Neethu S Resource Person- Dr. Poornima S Kumar, Dr. Viji Vijayan



Number of Participants 117



Computer Application Date: 26/9/2023

As part of the Faculty Exchange Programme, based on the MOU signed with NIMIT, two faculty members from the Post Graduate Department of English of Naipunya College delivered lectures to the students of Computer Application. Dr. Poornima S Kumar, HOD & Assistant Professor, NIMIT and Dr. Viji Vijayan Assistant Professor, Department of English, NIMIT delivered a two hours lecture. Both the session seemed to be very effective and students gave a positive feedback about the sessions.



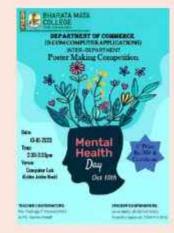


Coodinator- Ms. Seenia Joseph

Inter-Department Poster Making Competition

Number of Participants 59

As part of the World Mental Health Day celebration, an inter-department poster-making competition was held on 10th October 2023 at 2:30 p.m. in the computer lab. The event was coordinated by Ms. Padmaja P Menon (HoD, Computer applications) and Ms. Seenia Joseph as faculty coordinators and Mr. Jeron Besty and Mr. Anandu Sajeevan as student coordinators. A total of 59 students from different departments participated in the event. Jessica Mendez of First year BBA secured first position, Fadil Jamal of first-year CA and Fathima Nazrin of Second year TT shared second position.



Computer Application
Date: 10/10/2023





Coordinator- Dibin Davis

Oruvattom Koodi (Age Friendly Campus)

Number of Participants 20



MBA

Date: 25/08/2023

Oruvattam koodi (Aged Friendly Campus) was inaugurated by Fr Dr. Abraham Oliapurath, Manager BMC on 10th October 2023. The participants were from the age group of 60 years and above. The faculties and students participated in the event and greeted the elderly.

The program started at 3.30pm with the performance of Music Club. Then the official program started with the prayer song by music club. Mr Dibin



Davis welcomed everyone to the program. Fr Dr Abraham Oliapurth Inaugurated the Program Followed by the presidential address by Dr Johnson K M, Principal Bharata Mata college Thrikkakara. Then Fr Mathew Karthanam Asst Manager and Dr Sheena Rajan Philip HOD BharatA Mata School of Social Work Felicitated the the program. Followed by the official inauguration there was an ice breaking session conducted by Ms Veena Jayakumar Asst Professor. The event was concluded with thanks and tea.





Coodinator-Devi Priya R

Project Alert-Drug Awareness Program for First Years

Number of Participants 119



Computer Application
Date: 30/10/2023

A drug awareness program titled "Project Alert" was held on 30/10/2023 at 11: 30 AM at the Department of Computer Application, Bharata Mata College. The program specifically aimed at the first- year students was beneficial in both educating the students on the different demerits of drug abuse, and to orient them to make better choices in their daily lives. The invigorating talk was led by Mr. Ebrahim K. S, Preventive Officer, Excise Division, Ernakulam, who was the Chief Guest of the day. The program organised by the Department of Commerce and Business Administration of the Self-Financing section of the College, addressed the growing rise of reported drug abuse cases in the city which in turn showcase the alarming statistics of the vulnerability in teenagers.

The talk went on to discuss the causes, effects and the ultimate need for curbing the unprescribed use and

misuse of drugs by teenagers. The talk also addressed the philosophical and psychological angst prevalent among the teenagers in their current formative years which in turn paves way to their rebellious meddling with drugs. The program was found to be exceptionally effective in inspiring the first-year students to make better choices in life, and improve their opportunities in both their professional and personal lives.





Coodinator- Arun Paul Resource Person-Prijith P K

Diversity Inclusion Orientation

Number of Participants 32



MSW

Date: 23/11/2023

Bharata Mata School of Social Work organized an enlightening orientation on diversity and inclusion on November 23, 2023. The event, hosted at the esteemed A.V Hall. The initiative, generously funded by the Indian Council of Social Science Research (ISSR), aimed to promote awareness and understanding of diversity across various dimensions. Renowned human rights defender, queer and Dalit activist, Shri. Prijith P.K, took the stage as the key speaker. As the co-founder of 'Queerythm LGBTQ community,' a registered Community Based Organization in Kerala since 2017, and currently serving as the Manager of Diversity Inclusion at the Kerala Knowledge Economy Mission, Government of Kerala, Shri. Prijith brought a wealth of experience and expertise to the discussion.

The comprehensive presentation covered diverse aspects of diversity, including age, race, ability, gender, religion, culture, and sexual orientation. Shri. Prijith delved into the intricacies of diversity and sexual orientation, shedding light on key concepts such as gender identity and SOGIESC (Sexual Orientation, Gender Identity, and Expression, and Sex Characteristics). Addi-

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tionally, he provided valuable insights into relevant laws, emphasizing inclusion, disability, and legal considerations pertinent to the LGBTQIA+ community.





Coordinator- Arun Paul Resource Person-Sri. Renjith Krishnan N

National Legal Services Day

Number of Participants 24

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MSW

Date: 09/11/2023

National Legal Services Day is celebrated in India on November 9th every year to commemorate the establishment of the Legal Services Authority Act 1987. This day is dedicated to promoting and reinforcing the belief in equality and justice for all, as enshrined in the Constitution of India. On 09th November 2023, students and faculty gathered in the seminar hall of BMSSW to observe Legal Service Day, a significant event dedicated to fostering a deeper understanding of legal services and their impact on society. The keynote speaker,



a seasoned legal professional Sr. Renjith Krishnan. N, took center stage, weaving a narrative that captivated the students and shed light on the crucial role of legal services in our communities. The keynote address commenced with an exploration of the evolution of legal services, tracing their historical roots to contemporary challenges. The speaker eloquently highlighted the dynamic nature of the legal landscape and emphasized the need for continual adaptation to address the ever-changing needs of society. Throughout the address, the speaker shared compelling anecdotes and real-world examples, illustrating the tangible impact of legal services on individuals and communities. The session discussed about the Fundamental rights, Directive Principle and its objectives. He also explained about the free legal aid system in India and the beneficiaries of this system



Coordinator- Arun Paul Resource Person-Mr. Tony M Tom

Participatory Rural Appraisal Workshop

Number of Participants 29



MSW

Date:18-20/11/2023

Participatory rural appraisal is a way of learning from and with the community members, evaluate & analyze constraints & opportunities & make informed & timely decision regarding development projects. Bharata Mata School of Social Work Conducted a 3 day PRA Workshop for first year MSW students 2023-25 batch, it was a residential workshop and the accommodation facilities were arranged within the campus, the Resource person of the workshop was Tony M Tom, Alpha Chaperone Empaneled Trainer and Operations Manager in Mission Better Tomorrow, Kochi, PRA workshop is an inevitable part of MSW curriculum, and the workshop included one day practical application of the PRA tools in the Muthirakkattumukal Colony of Edathala Panchayath in Ernakulam district, students were able to understand the PRA tools and its application effectively through this workshop.









Coordinators- Arun Paul

Colouring Competition

Number of Participants 88



MSW

Date: 26/11/2023

Bharata Mata School of Social Work, in collaboration with Bharathion 2024, successfully organized a vibrant Colouring Competition on November 26, 2023, at the main auditorium of Bharata Mata College. Catering to students from LKG to Class 7 across three categories, the event aimed at fundraising for Bharathion 2024 while providing a creative platform for participants. With clear rules, extensive social media promotion, and sponsorship from Moulavi for materials and prizes, the competition attracted 88 students per category, including spot registrations. The well-executed event featured entertaining activities, transparent judging, and a lively award ceremony, marking a promising start to fundraising initiatives for Bharathion 2024.





Coodinator-Dr. Thomas Varghese Resource Person-Prof. Chandradasan

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Number of Participants 75

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Malayalam

Date: 13/11/2023

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Coodinator-Fr. Varghese Paul Resource Person-Shri. Sherly Sundaram

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Number of Participants 50



Malayalam

Date: 14/11/2023

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Coodinator- Fr. Varghese Paul aPojy hik ð ¬ N¼; pfw

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Number of Participants 60



Malayalam

Date: 15/11/2023

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Coodinator-Dr. Thomas Varghese Resource Person-Prof. Chandradasan & Pramod Veliyanad

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Number of Participants 80



Malayalam

Date: 13/11/2023











BHARATA MATA COLLEGE

Owned & Managed by Archdiocese of Ernakulam - Angamaly

NAAC with A+ Grade, NIRF Ranked in the BAND 151-200 DBT Star College ISO 9001-2015 Certified

Internal Quality Assurance Cell